The Student Counseling Center (SCC) is committed to the emotional, social, physical, and spiritual well-being of SPU undergraduate students. It is staffed with professional clinical therapists and professional graduate interns. SCC provides counseling and therapy for individuals, couples, and groups, as well as consultation and educational presentations throughout the University. The Center has a registered dietitian who provides nutritional guidance, a special eating disorder program, and works closely with Health Services’ professional nursing staff and consulting psychiatrist when medication is indicated.

Opportunities to partner with SCC:
- Confidentially consult SCC staff regarding particular student concerns.
- At student’s request (written consent), work collaboratively to provide accommodation/explanation of student progress.
- Encourage referral to SCC or off-campus counseling providers (the SCC maintains an up-to-date list of providers in the community).
- Offer presentations in classrooms about the SCC as a resource and a variety of mental health issues.

The Office of Student Programs (OSP) focuses its work on fostering campus community and improving student learning through educational, leadership, and social programs. All students are encouraged to participate.

Opportunities to partner with OSP:
- Collaborate in developing programs that are specifically tied to a single course or a sequence of courses.
- Participate in educational and social programming.
- Participate in programs offered in the Commuter Collegium.
- Identify and refer students that appear to need advocacy and supportive community (especially new students and commuter students).
Opportunities to partner with CCC:
- Refer students to CCC who need help choosing a major, deciding on career direction, finding jobs or internships, or discerning God’s call for their life work.
- Encourage students to participate in internships. Students should do at least one internship prior to graduation, preferably in their junior year. Currently, there are more internship openings than students to fill them.
- Encourage students to register for GS2001 for help choosing a major, and GS3001 for help finding career direction and vocational calling.
- Ask students about their vocational plans during advising appointments. Questions for undecided students can be found at spu.edu/depts/cdc/faculty/advising.

Opportunities to partner with CFL:
- Include information about CFL resources in your syllabus.
- Include information about Disability Support Services in your syllabus.
- Refer students for specific learning concerns: Niki Amarantides, x2492.
- Offer presentations on effective learning strategies in your class: Mary Jayne Allen, x2553.
- Receive information and clarification about academic accommodations when a student (undergraduate and graduate) in your class has a documented disability: Jon McGough, x2272.

Opportunities to partner with Health Services:
- Identify students with a medical need or in crisis and encourage students to contact or visit Health Services.
- Confidently alert Health Services staff about medical concerns.

Opportunities to partner with ORL:
- Contact ORL to learn how to become involved in residential student activities and leadership development opportunities.
- Refer individual students of concern to ORL staff for resources related to roommate conflicts, homesickness, personal wellness, transition into college, etc.
- Partner with ORL to offer educational sessions in campus housing around your areas of interest such as cultural issues, values, current affairs, relationships, etc.
- Consult with ORL staff regarding SPU community standards and lifestyle expectations, including academic integrity.