

WASCA Spring Conference 2005

FRIDAY MARCH 18TH
9:15-10:30

Title of Presentation: A Research Partnership: Implementing and Evaluating the “Steps to Respect” Bullying Prevention Program

Presenters: Diana Gruman, PhD. , Alice Erickson, Ph.D., Jennifer Lambert, and Jessica Prochaska-Goodwin:

Room: Dallas

Description: How does a school counselor find time to implement and then evaluate the effectiveness of a promising new guidance curriculum? Partnerships with university students and professors offer one key way to get the job done. This workshop will walk you through all the steps to a successful partnership: from organizing and teaching “Steps to Respect,” a highly-rated bullying prevention program, to collecting, analyzing, and reporting pre- and post-data. A support specialist at Sunnyland Elementary School in Bellingham drew on a myriad of local resources to make it all happen. The support specialist, two university students, and a university researcher will describe their roles and suggest ways to expand your reach and successfully report meaningful data to school constituents.

Title of Presentation: Healing Interventions for the Grieving Child

Presenters: Mel Erickson, BA, RC, CT and Nanette Flynn, MPC, RC, CT

Room: Phoenix

Description: Using the Our Story workbook as a guide, this workshop will walk through an eight week “kid Talk” series for grieving children. The 30plus tools, activities, and projects demonstrated are designed to nurture the healing process and assist children with the tasks of grieving. Many of the activities are adaptable for teens and adults as well as families living with different kinds of losses. Informative handouts and printed lists of resources will be distributed.

Title of Presentation: Crises Management: Counselors Bleed Too

Presenters: Albert H. Fein Ph.D

Room: Monterey I

Description: Whether from WASL-frazzled students and staff or from the death of someone in the school community, School Counselors are at the epicenter of crises management. The responsibility for the care of others places counselors at risk for compassion fatigue or secondary trauma. This presentation examines the role of counselors— some of whom led the crises response team—at four sites where school shootings occurred. Crises management expanded counselors leadership role— and also impacted them personally. The lessons learned from these cases may mitigate that personal cost for individuals who manage future crises. Participants will have opportunities to discuss the implications of this research to their own settings.

Title of Presentation: Changing Behaviors and Teaching to Learn

Presenters: Jay Burcham

Room: Monterey II

Description: This presentation will deal with the process of identifying, debriefing, assessing, and addressing behavioral needs within an educational setting. Utilizing online teacher and counselor resources, this presentation will demonstrate how changing behaviors can positively impact academic indicators, teacher and counselor job satisfaction, parental involvement, and overall classroom teaching and learning. This thorough and interactive presentation outlines the methodology. Theory, practicality, and deliverable aspects of dealing with behaviors and teaching to learn.

Title of Presentation: Special Education 504 Training

Presenter: Carol Coar

Room: Monterey III

Description: In this session the presenter will provide basic information on how student's qualify under Section 504, the provision of FAPE, and examples of the types of discriminatory acts school personnel need to avoid. The session will also include multiple opportunities for participants to have their questions about Section 504 addressed.

Title of Presentation: Student Planning That Works

Presenters: Tim Stensager and Dan Barrett

Room: Paradise

Description: The focus of this program will be on the latest Results of the Franklin Pierce School District personalized education program. A recently made video that captures the overall intent of this program will be shown. Data will also be provided that continues to support this effort having a positive impact on students learning, course taking patterns, and parent engagement. Participants will learn critical success factors, the guidance role of parents, teachers, and administrators, how data is gathered and used to evaluate and improve the program and how a comprehensive school counseling program contributes to overall success of students.

Title of Presentation: Counselor Assessment

Presenters: Cari Land, Susan Mosby, and Deborah Solatka

Room: Summit I

Description: Does your supervisor really know what you do as a school counselor? Are you able to write yearly professional goals that reflect a comprehensive counseling and guidance program? Does your supervision model provide areas for professional growth? Counselors in the Kent School District have worked to develop a Counselor Assessment and Professional Growth model that reflect the ASCA National Model, the NBPTS Standards for Counselors and the wisdom of Norm Gysbers! The team will present both the process and product of their efforts. Group input will be highly encouraged and welcomed!

Title of Presentation: Washington Business Week Educational Program

Presenter: Joshua Case

Room: Summit II

Description: Washington Business Week is a week-long guidance program for high school students across the state to learn about teamwork, integrity, and different career options. Students gain and develop important life skills, meet real business professionals, and get a sneak-peek of both college and the work world. It's truly a real world experience with life-changing results!

Title of Presentation: Survivors of Childhood Cancer, School Counselors, and the Cure: Issues and Resources

Presenters: Stephanie Bauman, Ph.D, Lauren Slovic, MSW

Room: Rainier

Description: Each school day, enough children and adolescents in the United States are diagnosed with cancer to fill the equivalent of two average size classrooms. With almost 80% of those who are diagnosed becoming long-term survivors, the recent conception of a cure includes the facilitation of survivors' lifelong personal/social, academic, and career success in addition to the eradication of childhood cancer itself. Although most survivors of childhood cancer experience very good functioning and adjustment, 10% to 20% show signs of psychological maladjustment. Moreover, higher levels of psychological distress have been associated with academic underachievement. Given that school counselors increasingly will encounter the issues of childhood survivors in school settings, this presentation will review some of the personal/social and academic obstacles that result from cancer and its treatment. Ways to maximize the well-being of students living with a history of cancer and specific resources (e.g., back-to-school informative materials and videos) designed to meet their unique needs will be presented and discussed.

FRIDAY MARCH 18TH

10:45-11:45

Title of Presentation: Hero's and Friends

Presenters: D. Frank McLane

Room: Dallas

Description: What do we learn from our heroes and friends about life's most important issues? Is the impact positive or negative? This humorous session will explore the socio-psychological components of facing life head-on. Anecdotes will boost professional energy and provide practical, street level applications. It will demonstrate the powerful need of an infusion of character in a restless world of manufactured image, pretend, and make believe.

Title of Presentation: We Hate Sarah

Presenter: Peggy Rubins

Room: Phoenix

Description: I have developed this workshop out of need to discuss with other professionals the subtle (and not so subtle) girl bullying that goes on at the pre-teen and teen level. This workshop is based upon the work and theories of *Reviving Ophelia* by Mary Pipher, *Odd Girl Out: The Hidden Culture of Aggression in Girls* by Rachel Simmons, and *Queen Bees and Wannabees: Helping your daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence* by Rosalind Wiseman.

After very briefly discussing theory and literature on the topic, participants will partake in four experiential activities that I use with this population in the classroom setting. (several more ideas will be briefly shared as well). There will be room to debrief and discussion as to how activities could be manipulated for other settings and age groups. We will then discuss the bullying of girls and what we, as experiential educators can do to combat this problem. Workshop attendees will leave with a grab-bag of ideas for initiating discussion and reflection regarding bullying and harassment among girls.

Title of Presentation: College Funding— What's the Cost? What's the Answer?

Presenter: Bill Johns

Room: Monterey I

Description: The cost of college is rising at an annual rate of between 6% and 10% while the amount of federal and state aid is declining! With the cost of a four-year college education now priced between \$60,000 and \$200,000, is college becoming unaffordable? Find out how the business of college works, how families can get the cost down and how to pay what they must in the best way possible.

Title of Presentation: Student to Student Engagement Project

Presenter: Greg Williamson

Room: Monterey II

Description: This presentation will be a great opportunity for counselors to find out more about a free tool from OSPI that includes a 13 minute video and two class period curriculum designed to engage ninth grade students in their own educational planning.

Title of Presentation: Getting Your Students Ready for College

Presenter: Shirley Frare and Stacey Ellmore, Senior Consultant, ACT

Room: Monterey III

Description: Improving postsecondary readiness is crucial to creating opportunities for all students. You can help them prepare for college with some simple strategies. In this session, we'll take a look at: The newest research on the recommended courses every student should take for academic success, Understanding college admission tests and boosting test scores, Stimulating student planning for life after high school, Helping students be competitive in the college admission process, Tips to help your students choose college majors, Hot-off-the-press information about the new ACT Writing Assessment, and

Suggestions for parent involvement. You'll come away with a wealth of information about the college admission process to help you guide your students to college success!

Title of Presentation: Student Planning That Works (Continued)

Presenters: Tim Stensager and Dan Barrett

Room: Paradise

Description: The focus of this program will be on the latest Results of the Franklin Pierce School District personalized education program. A recently made video that captures the overall intent of this program will be shown. Data will also be provided that continues to support this effort is having a positive impact on students learning, course taking patterns, and parent engagement. Participants will learn critical success factors, the guidance role of parents, teachers, and administrators, how data is gathered and used to evaluate and improve the program and how a comprehensive school counseling program contributes to overall success of students.

Title of Presentation: Educational Advocacy for Foster Youth

Presenter: Debbie Staub and Dr. Phil Sorenson

Room: Summit I

Description: This presentation will share information and statistics that describe the foster youth population in our schools. Needs of foster youth for school success will be detailed. We will share ideas that school counselors and teachers could do to help lead to greater success in school for foster youth. Tools and actual best practice to assist these endeavors. The premise is that the school is only one piece of a necessary community/agency collaborative effort for foster youth. In Addition we would be able to discuss SHB 1058, a piece of legislation that was passed by the State of Washington two years ago that is now ready for implementation.

Title of Presentation: Students "Gear-Up" for New Economy

Presenters: Cindy Ralston

Room: Summit II

Description: Presenter will highlight models of best practice from districts including Sweetwater UHSD (Chula Vista, CA), San Diego City Schools Transition Services, San Marcos Unified School District (San Marcos, CA) and San Bernardino USD (San Bernardino, CA). Grades 7-12 program success with student-centered, curriculum integrated, guidance, educational planning and early intervention program.

Learn firsthand how career development practices have been integrated into the classroom at each grade level through the building of "electronic portfolios" through web-based guidance system. Multi-media presentation with on-line demonstration of student and program results.

Title of Presentation: Focusing on Strengths & Hope at School and Home

Presenters: Jerald Forster

Room: Rainier

Description: The evidence is clear that kids and adults benefit greatly from supportive people and environments that increase their hope and focus on their strengths. In this program, participants will hear a solid rationale for focusing on strengths and hope. They will also have opportunities to practice proven methods that help people articulate their strengths. Participants should leave this session with greater enthusiasm and skills that will enable them to help parents, students and teachers articulate their strengths. They will also create a more positive climate for development in their homes and schools.

FRIDAY MARCH 18TH
1:45-3:00

Title of Presentation: Forks in the Road

Presenter: Marla Simpson

Room: Dallas

Description: What are the implications for us of having such a large number of students from divorced and single parent homes? In this session Marla will cover : **Forks In The Road – Academic trajectories and ramifications of early choices**

The presentation will include a discussion of the implications for school counselors.

Title of Presentation: Current Status of School Threat Management Programs

Presenter: Craig D. Apperson

Room: Phoenix

Description: Schools and their safety stakeholders have struggled to understand, mutually define, and develop cost-effective programs to address the balancing act between providing eligible students with a K-12 education and providing students and staff with a safe school environment that promotes academic achievement. This presentation addresses the efforts of the Office of Superintendent of Public Instruction to promote the multi-disciplinary team model of threat assessment and threat management for all school districts in the State of Washington. The laws, required school policies and model policies and procedures are reviewed. An overview of the definition of threat assessment and threat management program is provided, including research on related school violence prevention programs. Recommendations for school program development are provided.

Title of Presentation: "Building Public School-Higher Education Research Partnerships to Enhance School Counseling Research and Evaluation"

Presenter: Dr. Jay Carey

Room: Monterey I

Description: This presentation will focus on how to establish strong, mutually beneficial, collaborative relationships between school counselors and school counselor educators to facilitate the development and implementation of evaluation and research initiatives. The issue of the use of technology to link partners will be addressed.

Title of Presentation: Ten Steps to Help Students Focus on their Education and Career Plans

Presenters: Suzy Mygatt Wakefield, Ph.D., Dr. Howard Sage, Ed.D, Dr. Doris Rhea Coy, Ph.D., and Tami Palmer

Room: Monterey II

Description: This presentation will incorporate the **Ten Steps to Help Students Focus on their Education and Career Plans**, which is based on the recent publication by Suzy Mygatt Wakefield, Tami Palmer and others entitled *Unfocused Kids--Helping Students to Focus on their Education and Career Plans*. For most of us, the process of becoming more focused on our plans, goals and achievements continues throughout our lifetimes, but for high school students, the process is specific to their age and developmental issues. High school students often still do not know what their aptitudes, interests, actual abilities and preferences are, as they simply have not had enough experience to know. So a critical issue for adolescents (in their own development and grasp of the world of work) is to help them *gain experience*. Much can be done in high school to help students gain experience, such as requiring "education and career plans," "career planning portfolios," and "culminating projects with a career focus," as well as providing job shadows, volunteer/service learning experiences, Career Days, and extracurricular activities. Participants will be encouraged to share their own current practices and resources.

Title of Presentation: WhyTry? Innovative Interventions that Provide Hope and Motivate Youth

Room: Monterey III

Presenter: J. Allen

Description: This workshop will provide the audience with tools to help youth answer the question, "Why try in life?" Jay Allen will walk the audience through several practical methods to teach emotional intelligence and emotional life skills such as: anger management, problem solving, overcoming peer pressure, keeping laws and rules, building support systems, and having a vision of their future. This workshop will emphasize a strength-based approach to helping youth overcome their challenges using the "multiple intelligence" methods that emphasize the youths' learning styles, including visual analogies (pictures), music, and hands-on activities, to youth in ways that they will understand and remember.

Title of Presentation: Student Planning That Works Part 2

Presenters: Gail Oxley, Craig Wells, Ron Simone

Room: Paradise

Description: This session is a follow up of the presentation by Tim Stensager and Dan Barrett. The application of ASCA's Comprehensive Guidance Program for grades 6-12 will be presented by the implementation of the Student Led Conference Model. The intent of the presentation/discussion is to provide a forum for attendees to become familiar with the model and dialogue with representatives from districts that have started the process. The focus is on the success of 3 districts that have duplicated the results of the personalized education program now called Navigator 101 by OSPI. These districts are at different levels of implementation, have a variety of enrollments and will report on how they got started. Some of the discussion points will be: positive impact on student learning, parent engagement, student accountability, role of parents, teachers, administrators and counselors, portfolios and student led conferencing, data collection and use, results of the program at this time.

Title of Presentation: Class of 2008 Graduation Requirement, Getting to Graduation: A Parent Workshop

Presenter: Jerry DeGriek

Room: Summit I

Description: As 2008 draws near, it is imperative that parents understand the new high school graduation requirements and supports in place for their children. Partnership for Learning has created a workshop for parents that details Washington's graduation requirements. "Getting to Graduation: A Parent Workshop" includes a PowerPoint presentation and all the materials a school needs to put on a workshop. The workshops increase parents' ability to support their children's success, which will in turn help students in the class of 2008 graduate with a diploma that means they are prepared for competitive jobs and college. Learn how to put on one of these events at your school or district and preview the presentation and materials.

Title of Presentation: Jobs for the Sidewalk Economist: Portfolios for Graduating Seniors

Presenter: Jane Field

Room: Summit II

Description: Students putting together their post high-school plans are asking these four questions: Where are the jobs? What is the pay? Where do I find the training? And, who's hiring? This presentation will feature Entry Points, a publication that features the twenty top occupations for each of five levels of training, and Jobs for the Sidewalk Economist, a publication that takes students step by step along the pathway to employment. These publications tap into employment data prepared by Employment Security and posted on Workforce Explorer. All materials are free. The presenter and these publications have been recognized nationally at http://www.onetknowledgesite.com/spotlight_on_janefield.cfm.

Title of Presentation: Creating a Collaborative and Supportive Classroom K-12

Presenter: Mary Gauntz M.S. ESA. NCC

Room: Rainier

Description: This workshop will provide a brief overview of the class meeting concept for use by school counselors, teachers and students. It will focus on the process and benefits of having consistent class meetings. Class meetings can be used for building positive peer relationships, community in the classroom, teacher/student relationships, and a psycho-educational component to student learning. These meetings encourage positive feedback, teach problem solving skills, enhance student self-efficacy and mutual respect. The program is aligned with the national model in personal/social, systematic change, and responsive services. Materials will be provided to participants, there will be some lecture on the process, discussion and experiential component.

**FRIDAY MARCH 18TH
3:15-4:45**

Title of Presentation: The Home Work Interfering With Homework

Presenter: Marla Simpson

Room: Dallas

Description: The Home Work Interfering With Homework – *Understanding the association between home environment and child outcomes in divorced and single parent homes.* The presentation will include a discussion of the implications for school counselors.

Title of Presentation: The New ESA Standards

Presenters: Dr. Christine Jensen, Karyn Holt And Connie Reichel

Room: Phoenix

Description: In August, the Washington State Board of Education approved new standards for the ESA in School Counseling. This action creates expectations for the new residency and professional certificates. In this session, you will learn about the standards and benchmarks and will consider your role in mentoring and supervising interns. An OSPI certification officer will be on hand to answer questions about the transition process.

Title of Presentation: "Building Public School-Higher Education Research Partnerships to Enhance School Counseling Research and Evaluation" (Continued)

Presenter: Dr. Jay Carey

Room: Monterey I

Description: This presentation will focus on how to establish strong, mutually beneficial, collaborative relationships between school counselors and school counselor educators to facilitate the development and implementation of evaluation and research initiatives. The issue of the use of technology to link partners will be addressed.

Title of Presentation: Ten Steps to Help Students Focus on their Education and Career Plans (Continued)

Presenters: Suzy Mygatt Wakefield, Ph.D., Dr. Howard Sage, Ed.D, Dr. Doris Rhea Coy, Ph.D., and Tami Palmer

Room: Monterey II

Description: This presentation will incorporate the **Ten Steps to Help Students Focus on their Education and Career Plans**, which is based on the recent publication by Suzy Mygatt Wakefield, Tami Palmer and others entitled *Unfocused Kids--Helping Students to Focus on their Education and Career Plans*. For most of us, the process of becoming more focused on our plans, goals and achievements continues throughout our lifetimes, but for high school students, the process is specific to their age and developmental issues. High school students often still do not know what their aptitudes, interests, actual abilities and preferences are, as they simply have not had enough experience to know. So a critical issue for adolescents (in their own development and grasp of the world of work) is to help them to *gain experience*. Much can be done in high school to help students gain experience, such as requiring "education and career plans," "career planning portfolios," and "culminating projects with a career focus," as well as providing job shadows, volunteer/service learning experiences, Career Days, and extracurricular activities. Participants will be encouraged to share their own current practices and resources.

Title of Presentation: WhyTry? Innovative Interventions that Provide Hope and Motivate Youth (continued)

Room: Monterey III

Presenter: Christian Moore

Description: This workshop will provide the audience with tools to help youth answer the question, “Why try in life? “ Christian Moore will walk the audience through several practical methods to teach emotional intelligence and emotional life skills such as: anger management, problem solving, overcoming peer pressure, keeping laws and rules, building support systems, and having a vision of their future. This workshop will emphasize a strength-based approach to helping youth overcome their challenges using the “multiple intelligence” methods that emphasize the youths’ learning styles, including visual analogies (pictures), music, and hands-on activities, to youth in ways that they will understand and remember.

Title of Presentation: Do You Make A Difference? The School Counselors Role in Student Success

Presenters: Dr. Sarah Leverett–Main, Hilary Banger, Jay Gowen, Stacey Holden, Ted Koch, Carrie Main, and Cari Mestuzzi

Room: Paradise

Description: EWU’s Counselor Education Program Director and graduate students from the school counseling program will present results of their research showing what school counselors in the Spokane area actually do, what they perceive as important, and their impact on student success. Participants will share their ideas and leave with the first step toward improving their counseling program.

Title of Presentation: The ASVAB (Students Armed Services Vocational Aptitude Battery) and Career Exporation program

Presenter: Russell J. Vaucher

Room: Summit I

Description: The ASVAB (Students Armed Services Vocational Aptitude Battery) and Career Exporation program is a FREE multi test aptitude battery and interest inventory administered by the Federal government. This session will give an introduction to the SASVAB and its Career Exploration Guide with a hands on approach and interpretation of the results using the Holland Paradigm, RIASEC codes .

"March2success" is a free online test preparation program designed to help students with math skills, english skills, and taking standardized tests. This program and curriculum was developed by the Princeton Review. This program will be demonstrated at the session as well.

Title of Presentation: Using The Internet To Leave No Child Left Behind

Presenters: Stephen Maag

Room: Summit II

Description: Now more than ever scholarships may be the key to getting into college. Managing scholarship information and providing equitable information is a great and efficient use of the internet. Counselors can spend less time processing information while providing better service to all students by using the internet as an information management tool.

Title of Presentation: Operation Military Kids-Schools and Communities Join Forces to Support Military Kids

Presenter: Johnson

Room: Rainier

Description: When active duty troops, national Guard members and military reservists living in civilian communities are mobilized, their children experience a variety of changes. Many become “military Kids” over night, complete with all the anxieties and stresses of parental separation and frequent media coverage of ongoing operations. These young people may look the same to teachers, friends and community members, but they often need additional support to deal with their new reality. Now extra help is on the way.

**SATURDAY MARCH 19TH
9:15-10:30**

Title of Presentation: Healthy Counselors– Healthy Schools: The Counselor as Change Agent

Presenters: Nancy Isaacson PhD.

Room: Dallas

Description: Professional School Counselors are extremely skilled about responding helpfully to individuals who are in distress—with the goal of helping them develop greater long-term health and resilience. In many schools today, however, the entire organization is in distress as educators and communities attempt to move toward increased academic accountability for all students. School Counselors may often be in the middle of the turbulence caused by this organizational distress, which can take a toll on their own personal and professional roles. This workshop introduces some ideas which can help counselors learn how to interpret signs of organizational distress and provides concrete suggestions for helping schools increase resilience and health in order to better achieve their organizational goals.

Title of Presentation: When Terror and Tragedy Strike: Minimizing Trauma at Your School

Presenter: Alan Basham, M.A.; Eastern Washington University

Room: Phoenix

Description: Natural and man-made disasters can produce trauma responses in students, even when events happen far away. Space shuttle explosions, tsunamis, earthquakes, hurricanes, and terrorist attacks can produce vicarious post-traumatic stress disorder, especially with prolonged and graphic media exposure. This workshop will focus on causes and symptoms of PTSD in children, the impact of media portrayal on the psyche of the young, and how school counselors and others can defuse tragedy while minimizing the emotional trauma.

Title of Presentation: Law and Ethics– This workshop is all day

Room: Monterey I

Presenter: Tami Herzog

Description: This workshop will provide you with meeting the Washington state requirements for the Department of Licensing. Topics that will be covered are: Current State Laws, HIPAA: Health Insurance Portability & Accountability Act, Ethics: What are ethics? Boundaries in private practice &/or school counseling, Billing & Fees, Documentation, Are you in over your head? Abandonment verses ending of treatment, Assessing abuse, harm or potential lethality in situations. Confidentiality & the limitations, Mandated Reporting, Video: Reporting Abuse, Interactive evaluation on case studies making.

Title of Presentation: Get Real!

Presenter: Marian Illingworth

Room: Monterey II

Description: A Practical Approach to Implementing the ASCA Model in Elementary School. Marian began implementation of the ASCA National Model last year in one school and expanded to another elementary school this year. She understands the complexity of starting an effective counseling program with hundreds of children, two staffs, two principals and hundreds of parents. It can be done! In this presentation Marian will show participants some efficient and practical strategies that will keep them organized and create them as leaders in their school. Participants will need a copy of the National model for this presentation.

Title of Presentation: Running With The Wrong Crowd

Presenter: Marla Simpson

Room: Monterey III

Description: Running With The Wrong Crowd – *Understanding susceptibility to problematic peer influences in divorced and single parent homes* The presentation will include a discussion of the implications for school counselors.

Title of Presentation: Yoga Calm: Integrating physical, emotional, and cognitive skills for lifelong success.

Presenters: Lynea and James Gillen

Room: Paradise

Description: Through anecdotal accounts, demonstrations and experiential processes discover how yoga can be used as an adjunct to counseling. You will learn breathing techniques to induce deep relaxation, movements that develop confidence, and focusing exercises that help students manage their behavior. Bring stress reduction to you, your school, and your students.

Title of Presentation: Impacting the Success of Highly Mobile and Migrant secondary School Students

Presenter: Carol Hansen Devine, Bengie Aguilar, Tatiana Gabriel, Jeorge Torres, Maria Perez, Rod Luce, and Nihra Giraldo

Room: Summit I

Description: Challenged to serve highly mobile or migrant 7th-12th grade students? Come meet with a panel of distinguished educators sharing best practices and useful strategies for these students with unique needs. This practical, down-to-earth discussion will give you plenty of time to ask your difficult questions. Add a school in Wespac–Skyward? Combine partial credit to satisfy a graduation requirement? How to efficiently track credit accrual of your mobile students? Place a student with limited English skills? Award credit from Mexico? Push the elephant up the hill(Motivation 101)? Participants will receive a Counselor Guide and other useful handouts. Door prizes. This session may be the highlight of your conference.

Title of Presentation: Youth Suicide Prevention

Sue Eastguard

Room: Summit II

Description: This Program will include: Facts/stats about youth suicide, Brief discussion about the causes of suicidal behavior(i.e., depression, school problems, relationships, family conflict, drug and alcohol use), Identifying warning signs (i.e., previous attempt, increased use of substances, hopelessness, preoccupation with death), Review Intervention Strategies (show you care/ask question/get help), and Identify resources for referral in community.

Title of Presentation: Tools for Aligning/Evaluating School Counseling Programs with EALRs and Strategic Plans

Presenter: Matt Carlson & James Hopper

Room: Rainier

Description: More than ever, School Counselors are needed to Advocate for students. Learning how to align and evaluate School Counseling programs with goals found in the School Strategic Plan is one way counselors can support students while simultaneously supporting the mission and vision of their school. Two tools necessary to accomplish this are a program audit and a crosswalk tool that outlines linkages between counseling standards and student academic competencies. In this session, participants will learn through individual and group work how to use the program audit and crosswalk tool. Participants will leave with ideas for Action Plans based on assessment of current program needs.

**SATURDAY MARCH 19TH
10:45-11:45**

Title of Presentation: HIGH SCHOOL ROUNDTABLE and GRADUATE STUDENT ROUNDTABLE

Presenter: Simin Pouya and Tiffany Sweeney

Room: Dallas

Description: Come and share best practices, discuss topics affecting high school counselors with WSCA Vice President Simin Pouya. Come and share best practices, discuss topics affecting graduate students with WSCA Graduate Student Representative Tiffany Sweeney.

Title of Presentation: When Terror and Tragedy Strike: Minimizing Trauma at Your School (Continued)

Presenter: Alan Basham, M.A.; Eastern Washington University

Room: Phoenix

Description: Natural and man-made disasters can produce trauma responses in students, even when events happen far away. Space shuttle explosions, tsunamis, earthquakes, hurricanes, and terrorist attacks can produce vicarious post-traumatic stress disorder, especially with prolonged and graphic media exposure. This workshop will focus on causes and symptoms of PTSD in children, the impact of media portrayal on the psyche of the young, and how school counselors and others can defuse tragedy while minimizing the emotional trauma.

Title of Presentation: Law and Ethics– This workshop is all day

Room: Monterey I

Presenter: Tami Herzog

Description: This workshop will provide you with meeting the Washington state requirements for the Department of Licensing. Topics that will be covered are: Current State Laws, HIPAA: Health Insurance Portability & Accountability Act, Ethics: What are ethics?, Boundaries in private practice &/or school counseling, Billing & Fees, Documentation, Are you in over your head?, Abandonment verses ending of treatment, Assessing abuse, harm or potential lethality in situations. Confidentiality & the limitations, Mandated Reporting, Video: Reporting Abuse, Interactive evaluation on case studies making.

Title of Presentation: Understanding and Communicating the Counselors Role in State Standards and

Assessment

Presenter: Juanita Hill

Room: Monterey II

Description: This hands on workshop will provide an opportunity for counselors to develop an understanding of their role in state standards and assessment. Activities will explore the direct connection of guidance and counseling activities to state standards. Through group discussion and activities , participants will also gain strategies to communicate their role effectively to colleagues and administrators.

Title of Presentation: Now What?

Presenter: Marla Simpson

Room: Monterey III

Description: What are the implications for us of having such a large number of students from divorced and single parent homes? In this session Marla will cover : **Now What?** – *Overview of intervention efforts and new frontiers*

The presentation will include a discussion of the implications for school counselors and society at large.

Title of Presentation: Yoga Calm: Integrating physical, emotional, and cognitive skills for lifelong success.

(continued)

Presenters: Lynea and James Gillen

Room: Paradise

Description: Through anecdotal accounts, demonstrations and experiential processes discover how yoga can be used as an adjunct to counseling. You will learn breathing techniques to induce deep relaxation, movements that develop confidence, and focusing exercises that help students manage their behavior. Bring stress reduction to you, your school, and your students.

Title of Presentation: Impacting the Success of Highly Mobile and Migrant secondary School Students (continued)

Presenter: Carol Hansen Devine, Bengie Aguilar, Tatiana Gabriel, Jeorge Torres, Maria Perez, Rod Luce, and Nihra Giraldo

Room: Summit I

Description: Challenged to serve highly mobile or migrant 7th-12th grade students? Come meet with a panel of distinguished educators sharing best practices and useful strategies for these students with unique needs. This practical, down-to-earth discussion will give you plenty of time to ask your difficult questions. Add a school in Wespac-Skyward? Combine partial credit to satisfy a graduation requirement? How to efficiently track credit accrual of your mobile students? Place a student with limited English skills? Award credit from Mexico? Push the elephant up the hill(Motivation 101)? Participants will receive a Counselor Guide and other useful handouts. Door prizes. This session may be the highlight of your conference.

Title of Presentation: A Pre-Engineering Curriculum (for Middle and Secondary Schools): Engaging and Guiding Students Toward a College Curriculum and Career

Presenter: Richard B. Gartrell

Room: Summit II

Description: Guiding students into a challenging career? this session will introduce the pre-engineering curriculum developed by "Project Lead the Way" that will help middle and secondary students discover the richness of a career in engineering and your role as a counselor in guiding students and supporting parents. The curriculum is designed to engage students...and Washington is one of the leading states in adopting this new and exciting curriculum. Come and learn how this curriculum excites and engages students.

Title of Presentation: Trauma: Working with Survivors in the Aftermath of Traumatic Incidences

Presenter: Cheri Lovre

Room: Rainier

Description: Trauma is fundamentally different than grief, and traditional training in counselors (helping people deal with emotions) is often ineffective, and in fact, can be counter productive. This workshop clearly defines the differences in the two reactions to events, and gives concise information on how to work with traumatic victims differently than those who are grieving. This model is specifically designed for use in schools with students, staff, and parents. Handouts to be used with parents coping with a traumatized youth will be included.

**SATURDAY MARCH 19TH
1:45-3:00**

Title of Presentation: ELEMENTARY ROUNDTABLE and MIDDLE JR HIGH SCHOOL ROUNDTABLE

Presenter: Lonny Smart and James Hopper

Room: Dallas

Description: Come and share best practices, and discuss topics affecting elementary school counselors with WSCA Elementary Vice President Lonny Smart. Come and share best practices, and discuss topics affecting Middle/Jr .High school counselors with WSCA Middle/Jr. High Vice President James Hopper.

Title of Presentation: Putting it All In Focus: Action Planning

Presenter: Mary Schroeder and Karen Toler

Room: Phoenix

Description: Come to this summary session to share with your fellow professionals ideas you have gleaned from conference presentations and work in small groups to set forth 'actions plans' for how you will use them when you return to your building.

Report back to the general group your group's ideas and network with each other to keep in touch between conferences.

Title of Presentation: Law and Ethics– This workshop is all day

Room: Monterey I

Presenter: Tami Herzog

Description: This workshop will provide you with meeting the Washington state requirements for the Department of Licensing. Topics that will be covered are: Current State Laws, HIPAA: Health Insurance Portability & Accountability Act, Ethics: What are ethics?, Boundaries in private practice &/or school counseling, Billing & Fees, Documentation, Are you in over your head?, Abandonment verses ending of treatment, Assessing abuse, harm or potential lethality in situations. Confidentiality & the limitations, Mandated Reporting, Video: Reporting Abuse, Interactive evaluation on case studies making.

**Title of Presentation: Perspective on Suicide Prevention for School Counselors:
What You Need to Know**

Presenter: Paul Quinett PhD.

Room: Monterey II

Description: This presentation will provide a brief overview of suicide in America, the goals and objectives of the Surgeon General's new *National Strategy for Suicide Prevention, 2001*, and how developing social policy is impacting the training and practice of school counselors. Also included is a review of the relationship of untreated mental illness and suicide risk in youth, as well a brief tutorial on suicide risk assessment.

**Title of Presentation: Bridges Presents the 5 P's: Project, Portfolio, Pathway Plan,
(Almost?)PAINLESS!**

Presenters: Margie Wallace and Steve Milpacher

Room: Monterey III

Description: Learn how Bridges Transitions can assist your counseling program in meeting your Transition Planning, Career Education, Career Pathway and Electronic Portfolio EALR goals Simplifying documentation and data collection of high school graduation requirements.

Title of Presentation: Effective Instructional Effort: Preparing Counselors and

**Staff to More Fully
Engage English Language Learner (ELL) Students**

Presenter: Hoang

Room: Paradise

Description: The No Child Left Behind Act (NCLB) has given a sense of urgency to the mandate of providing the means necessary for each student to attain minimal but high standard of achievement. Districts have been given benchmarks to reach within a prescribed time line under penalty of being labeled failures. Districts have risen to the challenge by providing trainings in the areas found wanting. Institutes of reading, math, language arts, and the like have been offered to train staff so they can be better teachers to the students. This effort reflects the following logic: If the student does not have sufficient skills in any given area, he or she will be provided more skills in that area. Consequently, the problem will be solved. So, if students score low on reading, they will have more reading instruction. The same logic applies to other areas, such as math and science. It is often quoted that insanity is doing the same thing but expecting different result. It is worth stressing here that we are not down playing the importance of reading, math, language arts or other basic skills instructions. We simply are maintaining that in order to effect the mastery of these skills, a set of prerequisites or conditions must be met, which, in the professional literature, is called the learning climate. There are normative attitudinal and behavioral patterns in a school which impact the level of academic achievement of the student body as a whole, and that of ELL students in particular. It is this set of prerequisites or conditions that influences the likelihood of student success and provides an explanation as to why some schools with similar characteristics perform better than others on such measures as the WASL, or other forms of high stake testing. Skill trainings in positive school learning climate improvement will provide a better chance of teaching and learning success for all students. Our project investigates the impact of school climate on ELL student performance and reports on the initial results.

Title of Presentation: Inhalant Abuse--The Hidden Problem

Presenters: Cindi Bookout

Room: Summit I

Description: Inhalant abuse is occurring more frequently and in much younger children than one might expect -- 26% of 6th graders nationwide admit to abusing inhalants, according to a recent study. Cindi Bookout will discuss the pervasiveness of inhalant abuse, symptoms and the limited success of treatment. She will elaborate on the progress of a new initiative designed to educate parents so that they can begin to discuss this with younger children. The goal is to prevent inhalant abuse before it starts through heightened awareness, intervention, and cooperation between guidance counselors, parents, and other resources.

Title of Presentation: Grief and Loss Workshops: A New Model for Schools

Presenter: Jan Kerman ACSW, LICSW

Room: Summit II

Description: Grieving students may find it extremely difficult to focus in class and to concentrate on their studies. They often go home to a grieving household where there are unspoken rules not to discuss topics related to the loss. Without an opportunity to express themselves and to receive feedback and information which normalizes the grieving process, they may stay stuck in an incomprehensible emotional state.

This program presents an eight week group work model for in-school grief support that includes a strong educational component. Attendees will learn how to teach students about the grieving process while giving opportunities for creative expression and mutual sharing. Also included are ways to identify high-risk students, evaluation methods and helpful handouts.

Title of Presentation: Trauma: Working with Survivors in the Aftermath of Traumatic Incidences (continued)

Presenter: Cheri Lovre

Room: Rainier

Description: Trauma is fundamentally different than grief, and traditional training in counselors (helping people deal with emotions) is often ineffective, and in fact, can be counter productive. This workshop clearly defines the differences in the two reactions to events, and gives concise information on how to work with traumatic victims differently than those who are grieving. This model is specifically designed for use in schools with students, staff, and parents. Handouts to be used with parents coping with a traumatized youth will be included.

**SATURDAY MARCH 19TH
3:15-4:45**

Title of Presentation: Putting it All In Focus: Action Planning (Continued)

Presenter: Mary Schroeder and Karen Toler

Room: Phoenix

Description: Come to this summary session to share with your fellow professionals ideas you have gleaned from conference presentations and work in small groups to set forth 'actions plans' for how you will use them when you return to your building. Report back to the general group your group's ideas and network with each other to keep in touch between conferences.

Title of Presentation: Law and Ethics– This workshop is all day

Room: Monterey I

Presenter: Tami Herzog

Description: This workshop will provide you with meeting the Washington state requirements for the Department of Licensing. Topics that will be covered are: Current State Laws, HIPAA: Health Insurance Portability & Accountability Act, Ethics: What are ethics?, Boundaries in private practice &/or school counseling, Billing & Fees, Documentation, Are you in over your head?, Abandonment verses ending of treatment, Assessing abuse, harm or potential lethality in situations. Confidentiality & the limitations, Mandated Reporting, Video: Reporting Abuse, Interactive evaluation on case studies making.

Title of Presentation: Jobs for the Sidewalk Economist: Portfolios for Graduating Seniors

Presenter: Jane Field

Room: Monterey II

Description: Students putting together their post high-school plans are asking these four questions: Where are the jobs? What is the pay? Where do I find the training? And, who's hiring? This presentation will feature Entry Points, a publication that features the twenty top occupations for each of five levels of training, and Jobs for the Sidewalk Economist, a publication that takes students step by step along the pathway to employment. These publications tap into employment data prepared by Employment Security and posted on Workforce Explorer. All materials are free.

Title of Presentation: WSCA Board Question/Answer session

Presenters: WSCA Board Members

Room: Monterey III

Description: Are you wondering what the WSCA does for its members? Do you have questions about the direction the organization is headed? Do you want to be involved in leadership, but don't know how to get involved. This session will provide you with an update on the strategic goals of the WSCA and give you an opportunity to ask questions about the association.

Title of Presentation: Effective Instructional Effort: Preparing Counselors and Staff to More Fully

Engage English Language Learner (ELL) Students (Continued)

Presenter:

Room:

Description: The No Child Left Behind Act (NCLB) has given a sense of urgency to the mandate of providing the means necessary for each student to attain minimal but high standard of achievement. Districts have been given benchmarks to reach within a prescribed time line under penalty of being labeled

failures. Districts have risen to the challenge by providing trainings in the areas found wanting. Institutes of reading, math, language arts, and the like have been offered to train staff so they can be better teachers to the students. This effort reflects the following logic: If the student does not have sufficient skills in any given area, he or she will be provided more skills in that area. Consequently, the problem will be solved. So, if students score low on reading, they will have more reading instruction. The same logic applies to other areas, such as math and science. It is often quoted that insanity is doing the same thing but expecting different result. It is worth stressing here that we are not down playing the importance of reading, math, language arts or other basic skills instructions. We simply are maintaining that in order to effect the mastery of these skills, a set of prerequisites or conditions must be met, which, in the professional literature, is called the learning climate. There are normative attitudinal and behavioral patterns in a school which impact the level of academic achievement of the student body as a whole, and that of ELL students in particular. It is this set of prerequisites or conditions that influences the likelihood of student success and provides an explanation as to why some schools with similar characteristics perform better than others on such measures as the WASL, or other forms of high stake testing. Skill trainings in positive school learning climate improvement will provide a better chance of teaching and learning success for all students. Our project investigates the impact of school climate on ELL student performance and reports on the initial results.