

Jarrett W. Mentink, PhD
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PROFESSIONAL EXPERIENCE

Seattle Pacific University – Asst. Professor (2012-Present)

As a member of the Health & Human Performance Dept. at Seattle Pacific University, I teach sport psychology concepts, coaching and training seminars, and administration of health/physical activity courses.

Kids In The Clouds – Founder/Author (2002-Present)

Created a non-profit partnership with Alaska Airlines and Horizon Air to put reading material on airplanes for kids. Alaska and Horizon carry “menu versions” of my stories (more info at www.kidsinthecLOUDS.com). I do motivational speaking tours at elementary and middle schools, sharing an anti-bullying message with the students. My “Seattle Sports Star Books” raise money for various charities: USO, King County Boys and Girls Clubs, Children’s Hospital, and the Edgar and Holli Martinez Foundation that supports teachers of color.

Seattle Pacific University – Adjunct Faculty (2004-2012)

Courses include: Coaching and Training Methods, Psychological Aspects of Sport and Physical Activity, Administration of Programs.

University of Washington – Adjunct Professor (2006)

Collaborated to develop the curriculum and instruct a graduate level course in the College of Education’s Masters in Intercollegiate Athletic Leadership program, during the inaugural year. This is a unique degree program that prepares those who aspire to leadership in intercollegiate athletics.

Todd Beamer High School – Men’s Basketball Coach (2003-06)

Helped lay the foundation for the Titan Men’s Basketball Program as the first men’s basketball coach in school history.

SPU – Asst. Professor/Asst. Men’s Basketball (2001-2002)

Instructed undergrad/grad courses and assisted men’s basketball.

Town & Country Tours – Area Sales Manager (1999-2000)

Directed marketing operations in Alaska, Washington, and Oregon. Duties included managing travel agency accounts and conducting travel shows for agents with regard to product in Caribbean, Mexico, and Las Vegas.

SPU – Asst. Men’s Basketball Coach (1995-1997)

Assistant men’s basketball coach for Ken Bone. Directed weight-training and conditioning programs, monitored scholastic achievement of student-athletes, recruited student-athletes, and implemented individual skill building workouts with players.

Morris Air Service – Airport Operations Manager (1990-1994)

Presided over day-to-day operations of Morris Air Flights into Sea-Tac International Airport.

EDUCATION

Washington State University, Doctor of Philosophy in Higher Education, 2001
Washington State University, Masters in Athletic Administration, 1998
University of Washington, Bachelor's Degree in Political Science, 1993

PUBLISHED WORKS

Major Depressive Illness in Collegiate Student-Athletes: A Qualitative Case Study (2001)
Alley the Cat (2002)
Alexander the Great (2004)
Kaboone (2005)
The Kid Returns (2009)
Mighty Kasey (2010)
The Rise of King Felix (2011)

HONORS

Named SPSL South Division Coach of the Year (2006)
Federal Way Public Schools Alumni of Note