

Student Loan Exit Counseling





Student Loan Exit Counseling

Your exit package provided by SFS includes information about loans received at SPU and information to assist you with loan repayment.

Repayment details for each loan will be provided by your lender/servicer prior to repayment.

We believe this presentation along with review of the written materials provided will give you a solid foundation for successful repayment.

- *You are responsible to fulfill your exit counseling responsibilities following this presentation. Instructions are included in your Loan Repayment Exit Letter. Completion is required within 30 days.*



Student Loan Exit Counseling

Each loan type below requires completion of unique exit counseling processes.

You are only responsible to complete exit counseling for the types of loans listed in your exit letter.

Type	Completion Instructions
Direct Loans	Online at StudentLoans.gov
Perkins Loan	Online at MyCampusLoan.com
Nursing Loan	Online at MyCampusLoan.com
TEACH Grant (Conditional)	Online at NSLDS.gov
SPU Institutional Loan	Complete & return paper forms in your packet to SFS

➤ *This presentation does not fulfill the processes you are responsible to complete.*



Successful Repayment: Step 1

Know what you owe and who to contact





Loan Overview – Sample Exit Letter

The total loan amount you borrowed at SPU listed below including any conditional grants/scholarships is **\$25,000**. Conditional grants/scholarships are included because these awards may be converted to a loan if conditions are not met. The total amount is the sum of all amounts borrowed and does not include any amount you have paid on the loan, or fees due, or interest that is due. Additionally, if you have consolidated any of these loans the consolidation is not reflected.

Loan Name	Loan Principal
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◀ Any balance due on your SPU student account will not be reflected in the totals below. ▶

Direct/FFEL Subsidized Loan	\$2,000
Direct/FFEL Unsubsidized Loan	\$9,000
Federal Graduate PLUS Loan	\$1,000

(Estimated Direct Subsidized/Unsubsidized and Grad PLUS repayment information provided on page 2)

Cumulative records of Direct or FFEL Stafford and Grad PLUS Loans and Perkins Loans, are available at [NSLDS.ed.gov](https://nslds.ed.gov); servicer information is provided in the details for each loan record. Nursing, SPU Institutional and other private student loans will not appear in NSLDS. All loans are reported to the national credit bureaus.

Federal Perkins Loan	\$1,000
Federal Nursing Loan	\$2,000

Total Federal Loans	\$15,000
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SPU Institutional Loan	\$3,000
Smart Option Student Loan (877)279-7172	\$2,000

Total of All Loans (Federal and Private):	<u>\$20,000</u>
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TEACH Grant - UG (Conditional)
TEACH Grant - GR (Conditional)

20,000 Total of All Loans	\$4,000
+ 5,000 Teach Grant Total	\$1,000
25,000 Total Presented Above	



Your Exit Responsibilities

Federal Student Aid
An OFFICE of the U.S. DEPARTMENT of EDUCATION

PROUD SPONSOR of
the AMERICAN MIND™

StudentLoans.gov
English | Español

My Loan Documents

- Disclosure Statements
- Completed MPNs
- Direct PLUS Loan Requests
- PLUS Correspondence
- Completed Endorser Addenda
- Income-Driven Repayment Plan Requests
- Direct Consolidation Loan Applications

PLUS Loan Process

- Request Direct PLUS Loan
- Document Extenuating Circumstances
- Endorse Direct PLUS Loan
- Print Endorser Addendum
- Complete PLUS Counseling

Master Promissory Note

- Complete MPN
- Print MPN

Counseling

- Complete Counseling
- View Completed Counseling

Repayment

- Complete Direct Consolidation Loan Application and Promissory Note
- Complete Income-Driven Repayment Plan Request
- Co-sign Spouse's Income-Driven Repayment Plan Request


Tools and Calculators

- Repayment Estimator

Complete Counseling


Choose Loan Counseling Type

A counseling session will take at least 30 minutes to complete. You must complete the counseling in a single session. You cannot save a partially completed counseling session.

**Entrance Counseling**
Required
[Start Entrance Counseling](#)

Entrance Counseling is required before you can receive your first Direct Subsidized Loan, or Direct Unsubsidized Loan as an undergraduate, or your first Direct PLUS Loan as a graduate/professional student.


[Useful Information to Have](#)

**Financial Awareness Counseling**
[Start Financial Awareness Counseling](#)

Financial Awareness Counseling provides tools and information to help you understand your financial aid and help you manage your finances.


Complete this counseling any time.

[Useful Information to Have](#)

**PLUS Counseling**
[Start PLUS Counseling](#)

PLUS Counseling has informed you that you have obtained a U.S. Department of Education loan. PLUS Counseling is an adverse credit check requirement of 30 days of PLUS requirement.

[Useful Information to Have](#)

**Exit Counseling**
Required
[Start Exit Counseling](#)

Exit Counseling is required when you graduate, leave school, or drop below half-time enrollment. Exit Counseling provides important information you need to prepare to repay your federal student loan(s).

At the end, you'll need to provide the name, address, e-mail address, and telephone number for your closest living relative, two references who live in the U.S., and current or expected employer (if known).

[Useful Information to Have](#)

Were you looking for TEACH Grant Counseling?

The TEACH Grant Agreement to Serve can be completed on the [TEACH Grant Web site](#).

TEACH Grant Initial and Subsequent Counseling can be completed on the [TEACH Grant Web site](#).

TEACH Grant Exit Counseling can be completed on the [NSLDS Web site](#).

Direct Subsidized/Unsubsidized Loans,
FFEL Stafford and Grad PLUS Loan
Exit Counseling is completed at
[StudentLoans.gov](https://studentloans.gov)



Exit Counseling

Required

[Start Exit Counseling](#)

Exit Counseling is required when you graduate, leave school, or drop below [half-time enrollment](#) ⓘ. Exit Counseling provides important information you need to prepare to repay your federal student loan(s).

At the end, you'll need to provide the name, address, e-mail address, and telephone number for your closest living relative, two references who live in the U.S., and current or expected employer (if known).

[Useful Information to Have](#)

Be sure to indicate SPU as the school to be notified of completion!



Your Exit Responsibilities

TEACH Grant Exit Counseling completed at [NSLDS.gov](https://www.nsls.gov)



The screenshot shows the NSLDS Student Access website. At the top, there is a header with the Department of Education logo and the text "START HERE GO FURTHER FEDERAL STUDENT AID". To the right, there is a link for "Español / Spanish Skip Navigation". Below the header, there is a navigation bar with links: "Financial Aid Review", "Exit Counseling", "Glossary of Terms", "Browser Info/Setup", "FAQs", and "Contact Us". A message states: "NSLDS Student Access site only supports the current 4-digit PIN standard. If you have a PIN that does not conform to this standard, please visit www.pin.ed.gov to establish a new 4-digit pin." The main content area features a large image of a student at a laptop. To the right of the image, the text reads "NSLDS STUDENT ACCESS National Student Loan Data System". Below this, a blue box contains the heading "Retrieve Your Loan Information" and a paragraph: "The National Student Loan Data System (NSLDS) is the U.S. Department of Education's (ED's) central database for student aid. NSLDS receives data from schools, guaranty agencies, the Direct Loan program, and other Department of ED programs. NSLDS Student Access provides a centralized, integrated view of Title IV loans and grants so that recipients of Title IV Aid can access and inquire about their Title IV loans and/or grant data." At the bottom, there are two buttons: "Financial Aid Review" and "Exit Counseling". A red arrow points to the "Exit Counseling" button.

START HERE
GO FURTHER
FEDERAL STUDENT AID™

Español / Spanish
Skip Navigation

National Student Loan Data System (NSLDS) for Students

Financial Aid Review Exit Counseling Glossary of Terms Browser Info/Setup FAQs Contact Us

NSLDS Student Access site only supports the current 4-digit PIN standard. If you have a PIN that does not conform to this standard, please visit www.pin.ed.gov to establish a new 4-digit pin.

NSLDS STUDENT ACCESS
National Student Loan Data System

Retrieve Your Loan Information

The National Student Loan Data System (NSLDS) is the U.S. Department of Education's (ED's) central database for student aid. NSLDS receives data from schools, guaranty agencies, the Direct Loan program, and other Department of ED programs. NSLDS Student Access provides a centralized, integrated view of Title IV loans and grants so that recipients of Title IV Aid can access and inquire about their Title IV loans and/or grant data.

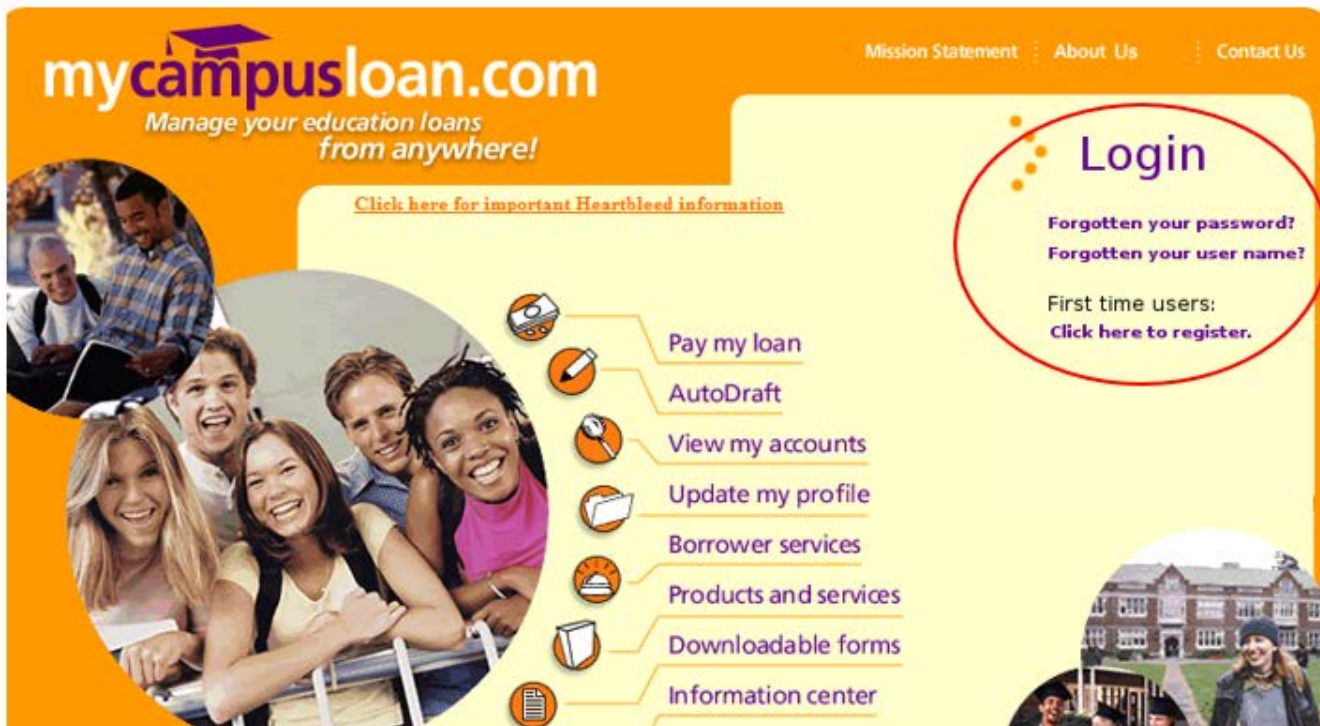
Financial Aid Review
Exit Counseling



Your Exit Responsibilities


Perkins and Nursing Loan Exit Counseling is completed online at MyCampusLoan.com

Login or register to access your account information and E-Exit process.





Your Exit Responsibilities

 <p>Seattle Pacific UNIVERSITY</p> <p>Engaging the culture, changing the world.</p>	<p style="text-align: center;">SPU Institutional Loan Exit Counseling Packet</p> <p>Our records indicate that you have dropped to less than six credits or are scheduled to graduate from Seattle Pacific University this term. This packet provides important exit counseling information for your SPU Institutional loan. Please read all of the contents of this packet carefully and complete and return the Repayment Schedule and Disclosure Statement and Loan Interview Sheet documents to Student Financial Services within 30 days.</p>
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Enclosed in this packet

- SPU Institutional Loan Repayment Schedule and Disclosure Statement
- Loan Interview Sheet
- Loan Fact Sheet
- Automatic Direct Draft (ADD) Form
- Campus Partners Information

A copy of your original promissory note is available at your request.

What do you have to complete and return?

1. **Complete and sign the Repayment Schedule and Disclosure Statement.** Retain the copy with your loan records.
2. **Thoroughly complete the Loan Interview sheet** and make a copy for your records.

Paper Process – cannot be completed online



Loan Overview

Review cumulative federal loan records in [NSLDS.gov](https://nslds.gov) or access your NSLDS records through [StudentLoans.gov](https://studentloans.gov).

The image displays two overlapping web interfaces. The background interface is the NSLDS Student Access site, featuring a header with the Department of Education seal and the text 'START HERE GO FURTHER FEDERAL STUDENT AID'. A navigation bar includes links like 'Financial Aid Review', 'Exit Counseling', and 'Glossary of Terms'. The main content area is titled 'NSLDS STUDENT ACCESS National Student Loan Data System' and includes a section for 'Retrieve Your Loan Information'. A red circle highlights the 'Financial Aid Review' button. The foreground interface is the StudentLoans.gov portal, which has a header with the text 'Federal Student Aid An OFFICE of the U.S. DEPARTMENT of EDUCATION' and 'PROUD SPONSOR of the AMERICAN MIND™'. It features a navigation bar with tabs like 'My Account', 'Getting Loans', and 'Tools and Resources'. A dropdown menu is open under 'Tools and Resources', showing options such as 'Federal Student Aid (FSA) ID', 'Find Information about Student Aid Programs', 'Interest Rates for New Direct Loans', 'Federal Student Loan Overview', 'FAFSA®', 'Direct Consolidation Loan Application (paper)', 'My Financial Aid History' (highlighted with a red circle), 'TEACH Grant - Initial and Subsequent Counseling', 'TEACH Grant - Agreement To Serve (ATS)', and 'TEACH Grant - Exit Counseling'. A 'Log in to StudentLoans.gov' button is also visible.

➤ Federal Nursing and private loans are not maintained in NSLDS.



Loan Overview

Click on the loan number for details about the loan including the interest rate and loan servicer contact information.

Please click on number in first column to see details							
Type of Loan	Loan Amount	Loan Date	Disbursed Amount	Canceled Amount	Outstanding Principal	Outstanding Interest	
1	DIRECT STAFFORD UNSUBSIDIZED	\$4,666	09/19/2014	\$4,666	\$0	\$4,666	\$38
2							
3							
4							
Total DIR							
Total DIR							
Total All L							

Amounts and Dates								
Loan Amount	Outstanding Principal Balance	Outstanding Principal Balance As of Date	Outstanding Interest Balance	Outstanding Interest Balance As of Date	Interest Rate Type	Interest Rate	Canceled Amount	Canceled Date
\$4,666	\$4,666	01/19/2015	\$38	01/19/2015	FIXED	4.66%	\$0	

Disbursement(s) and Status(es)					
Disbursement Date	Disbursement Amount	Loan Status	Status Description	Status Effective Date	
01/16/2015	\$2,333	IG	IN GRACE PERIOD	12/10/2014	
09/19/2014	\$2,333	IA	LOAN ORIGINATED	09/19/2014	

Servicer/Lender/Guaranty Agency/ED Servicer Information	
Contact Type	Contact
Current ED Servicer:	DEPT OF ED/NELNET PO BOX 740283 ATLANTA GA 30348 888-486-4722 nelnetcustomersolutions@nelnet.com www.nelnet.com



Repayment Responsibilities

The loans you borrowed are important financial obligations that require your attention now and throughout the time you will be making payments on the loan.

You are responsible to:

- Read all forms, documents and correspondence carefully
- Understand your rights and responsibilities
- Ask questions

Master Promissory Note Information:

- Legally binding document
- Specifies your rights and responsibilities
- Must be signed in order to receive loan funds
- Valid for multiple loans over 10 years if a disbursement is made within 12 months of signing



Repayment Responsibilities

When you signed the promissory note you promised to repay your loan.

You must repay the loan even if you:

- Don't complete your program of study
- Don't complete your program within the standard allotted timeframe
- Are unable to locate employment after completing your program
- Are dissatisfied with or don't receive the services purchased from the school
- Don't receive statements, payment coupons or reminders



Loan Servicing

Loan servicers manage billing, records and receive payments for your loans. During repayment they will be your primary point of contact.

- You may have multiple loan servicers
- Submit requests for deferment and forbearance to each servicer
- Loan servicers may change during the repayment of your loan
- Loan servicers will report the status of each of your loans to the national credit bureaus monthly
- Update your contact information with each servicer
- ❖ TIP: If you have a family arrangement that your parents will be making payments to your student loans OR if you will be making payments on parent PLUS loans be sure to fulfill your agreements and keep track of the loans to avoid any repayment problems.



Loan Servicing – Mail Management

Your loan servicer will mail information about your loan but you may also be able to sign up for e-billing.

- Be sure to open your mail!
- If your mailing address is not where you reside make plans to get your mail regularly.
- Update your address directly with each loan servicer; you can usually do this online.
- Do not rely on USPS mail forwarding service to update your address!



Federal Loan Types

Direct Loans (DL): Borrowed directly from the Department of Education and will be repaid directly to the federal government through your loan servicer.

- All subsidized/unsubsidized and PLUS loans disbursed on or after July 1, 2010 are DL loans

Federal Family Education Loan (FFEL): Federally backed loans borrowed from a bank or other private lender. FFEL loans are repaid to the bank or other private lender that made the loan.

- The FFEL program was eliminated in 2010

Why is this important?

1. Repayment plans and other provisions may be program specific
2. If you borrowed FFEL Loans you may have multiple loan servicers:
 - You may have Direct Loans and FFEL Loans
 - You may have FFEL loans that are serviced by a Direct Loan servicer and a non-Direct Loan servicer



Your Loan Terms: Subsidized Direct and FFEL Stafford

Awarded to eligible undergraduate students enrolled at least half-time.
(Graduate students were eligible for subsidized Direct/FFEL loans prior to 7/1/12.)

Direct Subsidized / FFEL Subsidized Stafford

- Government pays interest during in-school and grace periods
 - Due to sequestration, interest subsidy during the grace period was eliminated for loans with a first disbursement on or after 7/1/2012 and before 7/1/2014. This applies to SPU loans awarded in 2012-13 and 2013-14.
- Borrower is responsible for interest during repayment
- **For new borrowers on or after July 1, 2013:** Eligibility is limited to a maximum period of time equivalent to 150% of the published length of your program
 - Review supplemental entrance counseling at SPU.edu/SFS (Loans → Loan Types → Direct Subsidized/Unsubsidized) for more information.



Your Loan Terms: Unsubsidized Direct and FFEL Stafford

Awarded to eligible undergraduate and graduate students enrolled at least half-time in a degree or eligible certificate program.

- Borrower is responsible for interest at all times
- Accruing interest may be paid during in-school deferment and grace period
- Accrued, unpaid interest will be capitalized at repayment
(Capitalization will be discussed in more detail later in this presentation.)



Your Loan Terms: Grad PLUS

Awarded to eligible graduate students enrolled at least half-time in a graduate degree or eligible certificate program.

- Federal Direct or FFEL Loan
- Approval requires a valid FAFSA and a credit check for adverse credit.
- Unsubsidized - borrower is always responsible for interest payments
- Accruing interest may be paid during in-school deferment and grace period
- Accrued, unpaid interest will be capitalized at repayment
(Capitalization will be discussed in more detail later in this presentation.)

➤ **Parent PLUS Loans** are available for parents of dependent undergraduate students. Repayment of parent PLUS loans is the responsibility of the parent borrower.

Parent PLUS borrowers may review their loan records at [NSLDS.gov](https://nslds.gov), review PLUS Counseling at [StudentLoans.gov](https://studentloans.gov) and receive information and assistance from their loan servicer(s) and at [StudentAid.gov](https://studentaid.gov).



Your Loan Terms: Perkins

Federal loan

- Records maintained in NSLDS

Requires enrollment at least half-time in a degree or certificate program

Interest:

- Subsidized – Government pays interest during in-school and grace periods
- Borrower is responsible for interest during repayment

Lender: Seattle Pacific University

Servicer: Campus Partners / [MyCampusLoan.com](https://mycampusloan.com)



Your Loan Terms: Nursing

Federal loan administered by the U.S. Dept. of Health & Human Resources

- Records are not maintained in NSLDS

Requires enrollment at least half-time in a program leading to a degree in nursing or other advanced nursing training

Interest:

- Subsidized – Government pays interest during in-school and grace periods
 - Borrower is responsible for interest during repayment
- In-school deferment eligibility for Nursing loans requires enrollment at least half-time in a program leading to a degree in nursing or other advanced nursing training.

Lender: Seattle Pacific University

Servicer: Campus Partners / MyCampusLoan.com



Your Loan Terms: SPU Institutional Loan

Private loan

- Requires enrollment at least half-time in a degree or certificate program

Interest

- Subsidized while enrolled at SPU and during the grace period
- Borrower is responsible for interest payments during repayment

➤ In-School Deferment eligibility is limited:

- UG enrolled at least half-time at SPU
- GR when enrolled at SPU at least half-time; 2 year maximum
- Forbearance options available
- Does not appear in NSLDS

Lender: Seattle Pacific University

Servicer: Campus Partners / [MyCampusLoan.com](https://mycampusloan.com)

Contact [Student Financial Services](#) if you need a copy of your Institutional Loan MPN.



Your Loan Terms: Private Loans

Review your promissory note(s) or contact your lender for repayment information including:

- Is the interest rate fixed or variable? If variable how frequently will it change?
- Is there an interest rate cap?
- How often may accrued unpaid interest be capitalized (added to the principal)?
- Is there a grace period before repayment?
- Who will be servicing the loan during repayment?
- What options are available if you have difficulty repaying the loan, e.g. deferment or forbearance?

Loan will be reported to the national credit bureaus

Be sure that your lender has your current contact information



Conditional Grant: Teach

If you received a TEACH Grant the amount is provided on your Loan Repayment Exit Counseling letter below the summary of loans borrowed.

- TEACH Grant information:

teach-ats.ed.gov

StudentAid.ed.gov/types/grants-scholarships/teach

- TEACH Grant Exit Counseling: [NSLDS](#)

- Converts to an unsubsidized loan if the service obligation is not met.

- Be sure to review the requirements, how to report completion and the consequences should you be unable to complete the requirements.
- Submit documentation of progress toward completing your service obligation on time. If the grant is converted to a loan, late submission of service documentation will not restore it to a grant!

- FedLoan Servicing MyFedLoan.org

Tracks your progress for completion of your TEACH Grant service obligation
Servicer for all TEACH Grants converted to an Unsubsidized Loan



Loan Repayment: Grace Periods

The grace period begins when you drop to less than half-time enrollment

No payments are required during the grace period

At the end of the grace period the loan enters repayment

First payment typically due 30-45 days after grace period ends

No penalty for early repayment

Payments made prior to repayment will not shorten your grace period or alter your scheduled minimum monthly payment amount

Grace periods are specific to each loan record



Loan Repayment: Grace Periods

Loan Type	Grace Period	First Disbursement Date	Interest Begins to Accrue
Direct Subsidized	6 months	Prior to 6/30/12 and on or after 7/1/14	When the loan enters repayment
Direct Subsidized	6 months	On or after 7/1/12 through 6/30/14 (<i>SPU aid years 1213 & 1314</i>)	When the loan enters grace
FFEL Subsidized Stafford	6 months	All dates	When the loan enters repayment
Direct Unsubsidized	6 months	All dates	From the date of the first disbursement
FFEL Unsubsidized Stafford	6 months	All dates	From the date of the first disbursement
Graduate PLUS	6 months	All dates	From the date of the first disbursement
SPU Institutional (subsidized)	6 months	All dates	When the loan enters repayment
Perkins & Nursing (subsidized)	9 months	All dates	When the loan enters repayment
Private Loans	Typically 6 months - verify with your lender	All dates	From the date of the first disbursement



Loan Repayment: Grace Periods

The entire grace period on a loan will be retained if you return to in-school deferment status before the grace period ends.

If you return to in-school deferment status after the grace period ends the loan will enter deferment but will not be eligible for another grace period.

- Perkins loans in repayment provide a post-deferment grace period of six months

Partial Grace Period Used Example				
Six Month Grace Period Start	<u>Eligible for In-school Deferment</u>	Six Month Grace Period End	Future Graduation, Withdrawal or Less Than Half-Time Enrollment Date	Entire grace period is available on this loan.
6/11/2015	<u>12/8/2015</u>	12/11/2015	6/10/2017	New loans will have a grace period.
Entire Grace Period Used Example				
Six Month Grace Period Start	Six Month Grace Period End	<u>Eligible for In-school Deferment</u>	Future Graduation, Withdrawal or Less Than Half-Time Enrollment Date	No future grace period available on this loan.
6/11/2015	12/11/2015	<u>12/13/2015</u>	6/10/2017	New loans will have a grace period.



Your Loan Terms: Sample Payments

The monthly payment due on each loan will be determined by:

- The amount of the loan

AND

- The minimum payment for the loan
\$50 Direct Loans, FFEL Stafford and SPU Institutional Loans
\$40 Perkins and Nursing Loans

AND

- The repayment term for the loan

Example: Interest rate 6.8% / standard repayment (10 yrs)

Loan Amount (Principal)	Estimated Monthly Payment	Repayment Term (months)	Total Interest Paid	Total Principal and Interest Paid
\$3,500	\$50	89	\$971	\$4,471
\$10,000	\$115	120	\$3,810	\$13,810
\$19,000	\$219	120	\$7,238	\$26,238

Successful Repayment: Step 2

Take charge and make a plan





Loan Repayment Estimates

Your Loan Exit Cover letter provides you with **estimated** repayment information for Direct Subsidized-Unsubsidized/FFEL Stafford (Direct/FFEL) and PLUS loans based on the total borrowed at SPU and the **estimated** savings if you pay more than the estimated monthly payment.

The following example is for a loan total of \$11,000 at 6.8% interest.

- A monthly payment of \$127 is required to repay the loan within ten years.
- This borrower could save over \$2,000 in interest by increasing their monthly payments by \$90 per month to repay the loan in five years.

Direct/FFEL Loan Principal \$11,000		Direct/FFEL Loan Interest Rate 6.8%		
	Interest Paid	Total Repayment	Term (Months)	Estimated Monthly Payment
Standard 10 Year Repayment	\$4,191	\$15,191	120	\$127
Calculation for 5 year Repayment	\$2,007	\$13,007	60	\$217
Difference		\$2,184		\$90



Loan Repayment Estimates

The **Repayment Estimator** at StudentLoans.gov will provide you with estimated federal loan repayment information for a variety of repayment plans based on your NSLDS loan records and an average interest rate calculated from the interest rate applicable for each loan.

The screenshot displays the StudentLoans.gov homepage. On the left is a navigation menu with categories like 'My Loan Documents', 'PLUS Loan Process', 'Master Promissory Note', 'Counseling', and 'Repayment'. The main content area is titled 'Welcome to StudentLoans.gov' and includes instructions to verify personal information and a list of actions such as 'Complete Counseling', 'Complete Master Promissory Note', 'Request a Direct PLUS Loan', 'Endorse a Direct PLUS Loan', 'Complete IBR/Pay As You Earn/ICR Repayment Plan Request', 'Co-sign IBR/Pay As You Earn/ICR Repayment Plan Request', and 'I am not sure'. On the right, there are two sections: 'Personal Information' with fields for Borrower, Social Security Number, Date of Birth, and E-mail (bristd@spu.edu), and 'Tools and Calculators' which contains the 'Repayment Estimator' tool. The 'Repayment Estimator' tool is circled in red and described as using NSLDS data to estimate initial monthly payments, repayment plan eligibility, repayment plan cost comparison, and total interest paid.

My Loan Documents
Disclosure Statements
Completed MPNs
Direct PLUS Loan Requests
PLUS Correspondence
Completed Endorser Addenda
IBR/Pay As You Earn/ICR Repayment Plan Requests
PLUS Loan Process
Request Direct PLUS Loan
Document Extenuating Circumstances
Endorse Direct PLUS Loan
Print Endorser Addendum
Master Promissory Note
Complete MPN
Print MPN
Counseling
Complete Counseling
View Completed Counseling
Repayment
Complete IBR/Pay As You Earn/ICR Repayment Plan Request

Welcome to StudentLoans.gov

Before you begin, verify that your personal information is up to date.

The personal information displayed is based on the information returned from the Federal Student Aid PIN Web site. If any of the information is incorrect, you must correct it at the Federal Student Aid PIN Web site.

Once you have confirmed your information, select what you would like to do:

- Complete Counseling (Entrance, Financial Awareness, and Exit)
- Complete Master Promissory Note
- Request a Direct PLUS Loan
- Endorse a Direct PLUS Loan
- Complete IBR/Pay As You Earn/ICR Repayment Plan Request
- Co-sign IBR/Pay As You Earn/ICR Repayment Plan Request
- I am not sure (we will ask you a series of questions to direct you)

Personal Information

Borrower:
Social Security Number:
Date of Birth:
E-mail:
[Update E-mail and/or My Preferences](#)

Tools and Calculators

Repayment Estimator

This tool uses your loan information from National Student Loan Data System (NSLDS) to estimate:

- initial monthly payments
- repayment plan eligibility
- repayment plan cost comparison
- total interest paid



Your Loan Terms: Loan Fees

You will repay the gross amount you borrowed. The net amount disbursed to your SPU student account will be equal to the gross amount less any fees.

Loan Type	First Disbursement	Origination Fee	Interest Rebate ⁽¹⁾	Federal Default Fee	Net Fees
Direct Loan ⁽¹⁾	10/1/14 – 10/1/15	1.073%	N/A	N/A	1.073%
	12/1/13 – 10/1/14	1.072%	N/A		1.072%
	7/1/13 – 11/30/13	1.051%	N/A		1.051%
	7/1/12 – 6/30/13	1.0%	N/A		1.0%
	7/1/10 – 6/30/12	1.0%	.5%		0.5%
Direct PLUS ⁽¹⁾	10/1/14 – 10/1/15	4.292%	N/A	N/A	4.292%
	12/1/13 – 10/1/14	4.288%	N/A		4.288%
	7/1/13 – 11/30/13	4.204%	N/A		4.204%
	7/1/12 – 6/30/13	4.0%	N/A		4.0%
	7/1/10 – 6/30/12	4.0%	1.5%		2.5%
FFEL Stafford ⁽²⁾	7/1/09 – 6/30/10	0.5%	N/A	1.0%	1.5%
FFEL PLUS ⁽²⁾	7/1/09 – 6/30/10	3.0%	N/A	1.0%	4.0%
SPU Institutional		5.0%	N/A	N/A	5.0%
⁽¹⁾ The rebate is retained if the borrower makes the first 12 monthly payments on time.					



Your Loan Terms: Interest Rates

Direct Subsidized/Unsubsidized and FFEL Stafford			
First Disbursement On or After	<u>Undergraduate</u>		<u>Graduate</u>
	Subsidized	Unsubsidized	Sub/Unsub
7/1/14 – 6/30/15	4.66%	4.66%	6.21% Unsub only
7/1/13 – 6/30/14	3.86%	3.86%	5.41% Unsub only
7/1/12 – 6/30/13	3.4%	6.8%	6.8% Unsub only
7/1/11 – 6/30/12	3.4%	6.8%	6.8%
7/1/10 – 6/30/11	4.5%	6.8%	6.8%
7/1/09 – 6/30/10	5.6%	6.8%	6.8%
7/1/08 – 6/30/09	6.0%	6.8%	6.8%
7/1/06 – 6/30/08	6.8%	6.8%	6.8%
Prior to 7/1/06	Variable rates established annually effective July 1 st .		
Information about interest rates for each of your loans is available from your loan servicer(s) and in NSLDS federal loan record details. General interest rate information is available at StudentAid.gov .			



Your Loan Terms: Interest Rates

Loan Type	First Disbursement On or After	Interest Rate
Direct PLUS	7/1/14 – 6/30/15	7.21%
	7/1/13 – 6/30/14	6.41%
	7/1/06 – 6/30/13	7.9%
	Prior to 7/1/06	Variable rates established annually effective July 1 st .
FFEL PLUS	7/1/06 – 6/30/10	8.5%
	Prior to 7/1/06	Variable rates established annually effective July 1 st .
Perkins, Nursing & SPU Institutional		5.0%
Private Loans	Check with your lender; determined by lender based on credit criteria. Rate may be variable or fixed.	
Information about interest rates for each of your loans is available from your loan servicer(s) and in NSLDS federal loan record details. General interest rate information is available at StudentAid.gov .		



Your Loan Terms: Capitalization

Capitalization adds accrued interest to the principal of a loan. Interest will capitalize at repayment and following future periods of deferment and forbearance.

Unsubsidized Loan Principal: Interest Rate: Repayment Plan:	\$3,500 6.8% Standard	Borrower 1: Paid Interest Prior to Repayment	Borrower 2: Interest Capitalized
Estimated total interest accrued prior to repayment		\$1,071	\$1,071
Voluntary monthly payment while in school (48 mo) & grace period (6 mo)		\$20.00 per month	
Capitalized Interest		\$0	\$1,071
Principal at repayment		\$3,500	\$4,571 (\$3,500 + \$1,071)
Monthly payment at repayment / repayment term		\$50 / 90 mo	\$53 / 120 mo
Interest paid during repayment		\$971	\$1,742
Interest paid prior to repayment		\$1,071	
Total Paid		\$5,542	\$6,313
Savings		\$771	



Your Loan Terms: Payment Methods

Payment methods available from your loan servicer may include:

- Coupon books
- Online payments
- Auto-debit from bank account

Your payment method could affect any borrower benefits your lender offered.

- Your grace period is an excellent time to set up online access to your account with each of your loan servicers. Be sure to review and update your contact information and explore the resources your servicers provide online.
- E-billing may be helpful if you anticipate frequent address changes.



Repaying Your Loans: Delinquency

Direct and FFEL loans offer various options and repayment plans to assist you with repayment. If you keep these options in mind and communicate promptly you should be able to keep your loans current and avoid delinquency and default.

Student Financial Services can provide assistance with Perkins, Nursing and SPU Institutional loans.

Loans become delinquent when you fail to make your scheduled payment on time.

Consequences of delinquent loans:

- Late charges and fines may be assessed
- Delinquent status reported your credit record monthly
- Increased risk of default



Repaying Your Loans: Default

Consequences of Student Loan Default

- Loan may be accelerated (entire balance of loan including all principal, interest and fees become due; interest continues to accrue)
 - **Perkins, Nursing and SPU Institutional loans are accelerated at 120 days past due**
- Lose eligibility for future federal financial aid
 - Direct and FFEL Loans: at 270 days past due
 - Perkins: at 240 days past due
- Lose flexible loan repayment options & deferment eligibility
- Bad credit
- State-issued licenses can be withdrawn
- Income tax refunds can be withheld
- Wages may be garnished
- Interest continues to accumulate
- Ongoing collection activities, including addition of collection costs, collection fees and fines
- Legal action



Repaying Your Loans: Resolving Default

- You must contact your loan servicer and establish a plan for satisfactory repayment.
 - Regain financial aid eligibility with six monthly payments.
 - Consolidating defaulted federal loan(s) will regain eligibility for financial aid and loan deferment.

Prior to consolidation you may be required to make three monthly payments or you must agree to repay the loan under Income Contingent or Income-Derived repayment plans.

- Rehabilitation regains eligibility for financial aid and loan deferment and removes the default from your credit history.

Nine consecutive monthly payments are required as well as an agreement for each loan.

Rehabilitation is available for Direct Loans, FFEL Stafford, Grad PLUS, Perkins, and SPU Institutional loans.



Repayment Plans: Direct/FFEL Stafford & Grad PLUS

You have the right to:

- Change repayment plans
- Pre-pay your loan at any time without fees or penalty
- Paying more than the scheduled monthly payment will not increase your monthly payment amount.
- Contact your loan servicer to discuss changing your repayment plan. In some circumstances you may benefit from staying on your current plan.
- Compare plans: Repayment Estimator at [StudentLoans.gov](https://studentloans.gov)



Successful Repayment - Plans

Paying more each month will shorten the repayment term and reduce the amount of interest paid

If you use a plan that reduces your monthly payment you will pay more in interest and may extend the repayment term.





Repayment Plans: Direct/FFEL Stafford & Grad PLUS

Three Basic Plans

Standard repayment allows you to pay your loans over 10 years in equal monthly installments. This will be your repayment plan unless you select a different plan.

- Lowest lifetime costs
- Best for borrowers with stable, adequate earnings

Graduated repayment is designed for those who have a low salary early in their repayment period, but anticipate future higher incomes. You start with lower monthly payments that increase over time.

Extended repayment allows you to lower your monthly payments by extending your payments for up to 25 years if you borrowed more than \$30,000 in FFEL Program or Direct Loan Program loans—separately, not combined.

- Lowers monthly payments by extending the loan terms up to 25 years
- Fixed or graduated payments
- Much higher lifetime costs



Repayment Plans: Direct/FFEL Stafford & Grad PLUS - Income Driven Plans

In addition to the three basic plans there are five income driven repayment (IDR) plans:

Direct & FFEL Loans	IBR
Direct Loans	IBR-New Borrower, PAYE & ICR
FFEL Loans	ISR

These plans can make managing your loans a little bit easier because they offer:

- Monthly payments as low as \$0 per month
- Payment amounts based on your income and loan debt
- Extended repayment periods
- Loan forgiveness (not available on ISR)

Repayment Plans: Direct/FFEL Stafford & Grad PLUS - Income Driven Plans



IBR, IBR-New Borrower, PAYE & ICR repayment plan common criteria & terms:

- You must have partial financial hardship for initial eligibility (IBR, IBR – New Borrower & PAYE only; does not apply to ICR).
- You must submit financial information annually.
- Your payments will be adjusted annually based on your financial information.
- Your monthly payments may be lower than payments under the 10-year standard plan.
- Your monthly payment will not exceed the amount for standard repayment calculated based on the loan amounts when your loans first entered repayment (IBR, IBR-New Borrower & PAYE only; does not apply to ICR).
- You'll pay more for your loan over time than you would under the 10-year standard plan.
- If you have not repaid your loan in full after making the equivalent of 20 or 25 years of qualifying monthly payments (determined by the repayment term for the plan), any outstanding balance on your loan will be forgiven.
- You may have to pay income tax on any amount that is forgiven.
- Additional Information: [StudentAid.gov](https://studentaid.gov) and ibrinfo.org



Repayment Plans: Direct/FFEL Stafford & Grad PLUS - Income Driven Plans

Income-Based Repayment (IBR) (DL & FFEL)

- Your maximum monthly payments will be **15 percent** of *discretionary income*, the difference between your adjusted gross income and 150 percent of the poverty guideline for your family size and state of residence (other conditions apply).
- Repayment Term: Up to 25 years

Repayment Plans: Direct/FFEL Stafford & Grad PLUS - Income Driven Plans



IBR for New Borrowers (DL & FFEL)

- New borrower – no outstanding balance on a Direct or FFEL program loan as of 7/1/14 or, had no outstanding balance on a Direct or FFEL program loan when you obtained a new loan on or after 7/1/14.
- Your maximum monthly payments will be **10 percent** of *discretionary income*, the difference between your adjusted gross income and 150 percent of the poverty guideline for your family size and state of residence (other conditions apply).
- Repayment Term: Up to 20 years



Repayment Plans: Direct/FFEL Stafford & Grad PLUS - Income Driven Plans

Pay As You Earn Repayment (PAYE) (DL only)

- You must be a new borrower on or after Oct. 1, 2007, and must have received a *disbursement* of a Direct Loan on or after Oct. 1, 2011.
- Your maximum monthly payments will be **10 percent** of discretionary income, the difference between your adjusted gross income and 150 percent of the poverty guideline for your family size and state of residence (other conditions apply).
- Repayment Term: Up to 20 years



Repayment Plans: Direct/FFEL Stafford & Grad PLUS - Income Driven Plans

Income-Contingent Repayment (ICR) (DL only)

- Payments are calculated each year and are based on your adjusted gross income, family size, and the total amount of your Direct Loans.
- Repayment Term: Up to 25 years

If you plan to pay your loans off early or switch to a different plan, ICR is probably not right for you, because you will be responsible for all the unpaid interest.



Repayment Plans: Direct/FFEL Stafford & Grad PLUS - Income Driven Plans

Income-Sensitive Repayment (ISR) (FFEL only)

- Your monthly payment is based on annual income.
- Your payments change as your income changes.
- Repayment Term: Up to 10 years
- You'll pay more for your loan over time than you would under the 10-year standard plan.
- Each *lender's* formula for determining the monthly payment amount under this plan can vary.

ISR can help you stay current with your payments if you're facing an income shortfall; but if you think you'll need lower payments for more than a year, you may want to consider extended or graduated repayment.



Repayment Plans: Direct/FFEL Stafford & Grad PLUS - Income Driven Plans

IBR, IBR-New Borrowers, Pay As You Earn & ICR Plan Requests

- Estimate repayment under the various plans using the Repayment Estimator at [StudentLoans.gov](https://studentloans.gov) to determine which plan best suits your needs and goals.
- Complete the application annually online at [StudentLoans.gov](https://studentloans.gov); if you prefer to complete a paper application contact your loan servicer.
- Application includes option of letting the system determine the plan that will give you the lowest minimum monthly payment.
- The electronic Income-Driven Repayment Plan Request process at [StudentLoans.gov](https://studentloans.gov) includes an IRS retrieval tool which is an easy and secure way to access and transfer tax return information directly onto the electronic application, saving time and improving accuracy.
- Contact your FFEL servicer for Income-Sensitive Repayment assistance.



Repayment Plans: Stafford Loan Comparison

This chart compares the various repayment plans. Use the Repayment Estimator tool at [StudentLoans.gov](https://studentloans.gov) to generate a comparison for your loans.

	Repayment Plan	Loan Period (months)	Initial Monthly Payment	Final Monthly Payment	Amount Forgiven	Total Interest Paid	Total Amount Paid
\$35,000 Loan Total	Standard	120	\$403	\$403	\$0	\$13,334	\$48,334
	Graduated	120	\$232	\$697	\$0	\$17,010	\$52,010
	Extended, Fixed	300	\$243	\$243	\$0	\$37,878	\$72,878
	Extended, Graduated	300	\$198	\$347	\$0	\$43,939	\$78,939
	Pay As You Earn & IBR for New Borrowers	240	\$146	\$403	\$4,827	\$39,004	\$69,177
	IBR	172	\$219	\$403	\$0	\$22,926	\$57,926
	ICR	176	\$293	\$353	\$0	\$21,170	\$56,170

Assumptions: Interest rate: 6.8%. Any unpaid interest that will capitalize at repayment is not included. Income increases of 5% a year, Poverty guidelines will increase based on the Congressional Budget Office's estimation of inflation. Single borrower, WA state resident, AGI: \$35,000.

Source: Repayment Estimator tool at [StudentLoans.gov](https://studentloans.gov).



Repayment Plans: Income-Derived Comparison

Examples of PAYE, IBR and ICR payment plans based on changes in family size and residence.

	Repayment Plan	Loan Period (months)	Initial Monthly Payment	Final Monthly Payment	Amount Forgiven	Total Interest Paid	Total Amount Paid
35,000 Loan	Standard	120	\$403	\$403	\$0	\$13,334	\$48,334
AGI: \$35,000	Pay As You Earn/IBR (New Borr)	240	\$146	\$403	\$4,827	\$39,004	\$69,177
Fam Size: 1	Income Based Repayment	172	\$219	\$403	\$0	\$22,926	\$57,926
Res: WA	Income Contingent Repayment	176	\$293	\$353	\$0	\$21,170	\$56,170
AGI: \$35,000	Pay As You Earn/IBR (New Borr)	240	\$124	\$403	\$13,659	\$42,871	\$64,212
Fam Size: 1	Income Based Repayment	193	\$186	\$403	\$0	\$27,179	\$62,179
Res: HI	Income Contingent Repayment	176	\$293	\$353	\$0	\$21,170	\$56,170
AGI: \$35,000	Pay As You Earn/IBR (New Borr)	240	\$0	\$285	\$55,128	\$27,472	\$27,472
Fam Size: 4	Income Based Repayment	300	\$0	\$403	\$30,435	\$51,614	\$65,200
Res: WA	Income Contingent Repayment	205	\$186	\$358	\$0	\$27,485	\$62,635

Assumptions: Loan amount: \$35,000. Interest rate: 6.8%. Any unpaid interest that will capitalize at repayment is not included. Income increases of 5% a year, Poverty guidelines will increase based on the Congressional Budget Office's estimation of inflation.

Source: Repayment Estimator tool at [StudentLoans.gov](https://studentloans.gov).



Repayment Plans: Campus Based Loans

Repayment information for these loans is included in your exit packet on the Loan Disclosure Statement.

Minimum monthly payments:

Perkins Loan:	\$40.00
Nursing Loan:	\$40.00
SPU Institutional Loan:	\$50.00

- Standard repayment only
- Repayment term ten years
- Reduced monthly payments may be requested for periods of up to one year
- Contact Student Financial Services for assistance
- Servicer: Campus Partners [MyCampusLoan.com](https://www.mycampusloan.com)

Repayment Plans: Perkins, Nursing, and SPU Institutional Loan Examples



Principal	Minimum Payment	Repayment Term	Total Interest Paid	Total Payments (Principal + Interest)
Perkins & Nursing Loans - Minimum payment \$40/month				
\$2,000	\$40	56 mos	\$247	\$2,247
\$3,750	\$40	119 mos	\$1,014	\$4,764
\$4,875	\$52	120 mos	\$1,330	\$6,205
\$8,000	\$85	120 mos	\$2,182	\$10,182
SPU Institutional Loan - Minimum payment \$50/month				
\$2,000	\$50	44 mos	\$193	\$2,193
\$3,500	\$50	83 mos	\$648	\$4,148
\$4,725	\$50	120 mos	\$1,289	\$6,014
\$6,000	\$64	120 mos	\$1,637	\$7,637

Note: Repayment calculations are estimates only.



Managing Repayment

The next topics in this presentation may help you when life happens and you need assistance. We'll also cover other provisions that may be helpful during repayment.

Deferment

Forbearance

Consolidation

Repayment Examples

Loan Forgiveness / Cancellation

Public Service Loan Forgiveness

Death / Disability / Bankruptcy

Tax Benefits



Managing Repayment:

Deferment may be requested to postpone payments under certain conditions

- Interest subsidy applies
- Length of time varies by type of deferment
- Requests must be submitted to each loan servicer; a form and supporting documentation will be required to document your eligibility for the deferment
- Continue to make payments until deferment is approved.

Federal loan deferment information is available on your MPN, from your loan servicer(s) and at [StudentAid.gov](https://studentaid.gov)

You may be eligible if you are:

- Enrolled at least half-time*
- Unemployment; 3 yr max
- Economic hardship; 3 yr max
- Graduate fellowship program
- Rehabilitation training for the disabled
- Serving in the military on active duty

*If you are enrolled at least half-time at an eligible school that does not electronically report enrollment you will need to submit a request for in-school deferment with enrollment verification to your loan servicer.

*Nursing loans require enrollment in a Nursing degree program, see MPN for details.

*SPU Institutional loans provide in-school deferment only if enrolled at SPU, see MPN for details.



Manageable Payments: Forbearance

- Temporarily postpone or reduce payments
- Typically granted for a period of 3, 6 or 12 months
- Interest accrues on subsidized and unsubsidized loans
- May affect repayment term:
 - Extends the repayment period for Stafford and Perkins loans
 - Nursing and SPU Institutional loan forbearance periods do not extend the repayment term; term will not exceed 10 years
- Any unpaid interest that accrues may be capitalized, increasing the total balance due
- Granted at the discretion of the lender/servicer
- Contact each loan servicer if forbearance is needed
- Contact SFS to request forbearance for Perkins, Nursing and SPU Institutional Loans; a form and documentation is required.



Manageable Payments: Direct Loan Consolidation

Information and where to apply at [StudentAid.gov](https://studentaid.gov):

→ Repay Your Loans → Loan Consolidation

- Eligible loans: Direct Loans, FFEL Stafford, PLUS, Perkins, Nursing if in grace or repayment
 - Private loans including the SPU Institutional Loan are not eligible to be included
- Repayment period may increase from 10 to 30 years
- Retains interest subsidy on subsidized Direct and FFEL Stafford loans
- Perkins loans lose interest subsidy and service cancellation benefits if included
- Fixed interest rate based on weighted average, rounded up 1/8 of a percent
- Repayment plans: Standard, Graduated, Extended, Income-Contingent, Income Based Repayment, Pay As You Earn
- Deferment and forbearance available
- Eligible for Public Service Loan Forgiveness
- No grace period



Manageable Payments: 2015 UG Example

Loan Type	Aid Year	Amount	Interest Rate
Direct Subsidized	2011-12	\$3,500	3.40
Direct Subsidized	2012-13	\$4,500	3.40
Direct Subsidized	2013-14	\$5,500	3.86
Direct Subsidized	2014-15	\$5,500	4.66
Direct Unsubsidized	2011-12	\$1,800	6.80
Direct Unsubsidized	2012-13	\$1,700	6.80
Direct Unsubsidized	2013-14	\$1,500	3.86
Direct Unsubsidized	2014-15	<u>\$1,500</u>	4.66
Direct Loan Total		\$25,500	4.361
Perkins Total		<u>\$2,548</u>	5.00
Total Principal		\$28,048	

Median undergraduate Direct and Perkins loan borrowing for 2014-15 SPU spring graduates scheduled to receive a BA/BS degree as of 3/25/15.
 *Average Interest Rate determined by the Repayment Estimator tool and used to calculate the data below. Tool available at StudentLoans.gov.

	Loan Period (months)	Initial Monthly Payment	Total Interest Paid	Total Amount Paid
Direct Loans \$25,500 @ 4.361%	120	\$263	\$6,008	\$31,508
Perkins Loan \$2,548 @ 5.0%	74	\$40	\$418	\$2,966
Totals for Standard Repayment		\$303	\$6,426	\$34,474



Manageable Payments: 2015 UG Example - Consolidated

2015 UG Example Totals		Loan Period (months)	Initial Monthly Payment	Total Interest Paid	Total Amount Paid
Direct Loans	\$25,500 @ 4.361%	120	\$263	\$6,008	\$31,508
Perkins Loan	\$2,548 @ 5.0%	74	\$40	\$418	\$2,966
Totals for Standard Repayment (not consolidated)			\$303	\$6,426	\$34,474

Consolidation Loan Estimates					
Principal (Direct + Perkins Loans)		\$28,048			
Interest Rate		4.50%			
	Repayment Term (months)	Initial Monthly Payment	Final Monthly Payment	Interest Paid	Total Paid
Standard	240 (20 yrs)	\$177	\$177	\$14,539	\$42,587
Graduated	240 (20 yrs)	\$105	\$316	\$18,526	\$46,574
Pay As You Earn & IBR New Borr.*	171 (14.25 yrs)	\$146	\$291	\$11,602	\$39,650
Income Based*	131 (10.92 yrs)	\$219	\$219	\$7,888	\$35,936
Income Contingent*	170 (14.17 yrs)	\$207	\$250	\$10,255	\$38,303

- Interest for consolidation loans is the weighted average of the amounts and interest rate for each loan included; rate is fixed.
- Repayment term for Direct Consolidation Loans varies from 10 to 30 years based on your Direct Consolidation Loan amount & other education loan debt.
- Income-Derived repayment estimates calculated based on AGI of \$35,000, family size 1, State of Residence: WA
- Income-Derived repayment calculations assume income will grow 5% each year, that your family size will remain the same during the life of the loan, and that the poverty guidelines will increase based on the Congressional Budget Office's estimation of inflation.



Manageable Payments: 2015 UG Example – Strategy

	Total	Standard Repayment (yrs)	Monthly Payment	Interest Paid	Total Paid
Direct Loans	\$25,500	10	\$263	\$6,008	\$31,508
Perkins Loan	\$2,548	6.2	\$40	\$418	\$2,966
Unconsolidated Total			\$303	\$6,426	\$34,474
Consolidated (4.5% interest rate)	\$28,048	20	\$177	\$14,539	\$42,587
Change			(\$126)	\$8,113	
If Consolidated but payments are more than the scheduled \$177/month reduces the length of repayment and total interest paid:					
Add \$23/mo		16.6	\$200	\$11,806	\$39,854
Add \$73/mo		12.2	\$250	\$8,427	\$36,475
Add \$98/mo		10.8	\$275	\$7,381	\$35,429
Pay what you would have paid if not consolidated <small>(total interest greater due to consolidation interest rate as compared to some initial Direct Loan rates)</small>		9.5	\$303	\$6,472	\$34,520
Pay \$47 more than the \$303 unconsolidated payment total		7.9	\$350	\$5,345	\$33,393
Consolidation Considerations <ul style="list-style-type: none"> • May reduce the monthly payment amount • May increase the total paid • May reduce the number of federal loan servicers • May be helpful to be more aggressive in repayment of private loans • Helpful to make federal non-Direct loans eligible for Public Service Loan Forgiveness • Consolidated Perkins - lose interest subsidy & cancellation benefits for full-time service employment 					



Forgiveness & Cancellation

Federal loans provide some forgiveness (cancellation) provisions

- Teacher loan forgiveness: Perkins, Direct Subsidized/Unsubsidized and FFEL Stafford loan for eligible teachers serving in a low-income or subject-matter shortage area; requires five consecutive years of service
- Details for all forgiveness and cancellation provisions are included in your MPN
- Additional information available from your loan servicer and [StudentAid.gov](https://studentaid.gov)

Perkins Loans

- Several employment categories available for cancellation if you are employed full-time in a variety of service fields, e.g. teaching in a low-income school, nurse/medical tech and law enforcement; cancellation is incremental for each year of qualified employment
- Information and forms to request deferment in anticipation of cancellation and cancellation available at [MyCampusLoan.com](https://mycampusloan.com)
- Contact Student Financial Services for assistance.



Forgiveness & Cancellation

Public Service Loan Forgiveness

- DL loans only
- May be eligible for forgiveness of loan balance after 10 years of eligible payments and qualified full-time employment in a public service job
- Info at [StudentAid.gov](https://studentaid.gov) and ibrinfo.org

Repayment and cancellation assistance may be available from an outside organization or your employer and will be separate from provisions of your loan(s)

- Military benefits – Check with military recruiter
- National and community service jobs
- Service in areas of national need
- Americorps service

Health Professions

- [NURSE Corps](#) Loan Repayment Program
- [National Institutes of Health / Division of Loan Repayment](#)
- [National Health Service Corps / Loan Repayment Program](#)



Forgiveness & Cancellation

Federal student loans provide full cancellation for:

- Death of borrower
- School closure
- False certification by the school
- Identity theft incurred loans

If you are an identity theft victim be sure to retain documentation and file a police report.

Identity theft information from the FTC: consumer.ftc.gov/features/feature-0014-identity-theft

Full or partial discharge

- Total and permanent disability
- Some limited bankruptcy scenarios



Tax Benefits for Borrowers

You may be eligible for a federal tax deduction up to \$2,500 based on student loan interest you paid.

- Income limits apply to this tax benefit
- Find out more at [irs.gov](https://www.irs.gov) / IRS Publication 970
- Most loan servicers will provide total interest paid information online
- Financial institutions are required to provide a 1098-E if the borrower paid \$600 or more of interest on a qualified student loan during the year



Keep Copies of Everything

It is important to keep a file of all loan-related records should documentation be required to resolve a dispute about a loan(s).

- Copies of written correspondence
 - Notes of conversations with lender or servicer
 - Contact information
 - Copies of your MPN
 - Copies of repayment schedules
 - Copies of deferment forms
-
- ❖ Tip: If assistance during repayment is needed, describe your situation and ask the servicer to discuss all possible options available. Take notes and ask questions until you understand all of your options and the any forms you need to complete and when and how to submit your request.



Successful Repayment: Step 3

Stay focused – make payments on time – ask for help promptly





Manage Your Money: Financial Success Tips

Identify your financial goals

S.M.A.R.T. goals are specific, measurable, attainable, realistic and have a time line

Develop a realistic monthly budget

Review your budget and loan repayment strategy at least annually

Pay your bills prior to the due date

Keep your contact information current on all accounts

Save for the future

Online resources:

Financial Awareness Counseling and Exit Counseling at [StudentLoans.gov](https://studentloans.gov); populates with NSLDS data, you can manually add loan and other financial obligation information.

[CashCourse.org](https://cashcourse.org)

May also be available from your loan servicer, bank or credit union



Manage Your Money: Track your Spending

Identify where your money goes and where you are over spending:

- Eating out
- Entertainment and vacations
- Gifts and holidays
- Retail therapy
- Miscellaneous cash transactions

Tips for managing your spending:

- Leave credit cards at home
- Write down cash purchases on back of ATM receipt
- Resist easy credit



Manage Your Debt: Strategy

List all debts including:

- Principal
- Interest
- Minimum monthly payment

Prioritize your debts to determine which you wish to pay in full first

- Largest or smallest debt amount?
- Largest interest rate?
- Largest minimum monthly payment?
- Debt types: federal or private loans, credit cards, etc.
- Options during repayment?

Allocate any additional funds to your highest priority debt. Once paid, increase payments on next highest priority.

<http://unbury.me> is a helpful calculator for estimating repayment using avalanche (priority by interest rate) and snowball (priority by balance) strategies

Avoid the minimum payment trap

Resolve to stay out of debt



Manage Your Debt: Credit Reports

Review your credit report for accuracy now and periodically in the future.

- Your credit report may be reviewed by potential employers and when you apply to rent an apartment as well as for extending credit.

Request a **free** credit report every 12 months

- AnnualCreditReport.com or 877.322.8228
- FICO scores available for a fee
- Credit information is supplied by the three major reporting bureaus:

Equifax

equifax.com

(800) 685-1111

P.O. Box 740241

Atlanta, GA 30348

Experian

experian.com

(888) EXPERIAN

P.O. Box 2002

Allen, TX 75013

TransUnion

transunion.com

(800) 888-4213

P.O. Box 1000

Chester, PA 19022

Information:

- [Federal Trade Commission / Consumer Information](http://www.consumer.ftc.gov): (<http://www.consumer.ftc.gov>)
- MyFico.com → Learn About Scores



Student Loan Assistance

Don't hesitate to ask for help or information

- Contact your servicer(s)
- Contact Student Financial Services at SPU
- Review guidance at [StudentAid.gov](https://studentaid.gov) → How to Repay Your Loans → Resolving Disputes
- U.S. Department of Education FSA Ombudsman Group (1-877-557-2575) provides assistance for federal student aid disputes *if all other efforts have been unsuccessful.*
- Consumer Financial Protection Bureau: provides assistance for student loan issues including private loans (consumerfinance.gov)
- U.S. Department of Education: federal loan information available at [StudentAid.gov](https://studentaid.gov)
- U.S. Department of Health and Human Resources: federal Nursing loan information available at hrsa.gov/loanscholarships



Debt Relief Companies

You don't need to pay someone to help you with your federal student loans!

- Enrollment in alternative repayment programs, like IBR, is available at no cost.
- Direct Loan Consolidation for federal student loans is efficiently completed online at [StudentLoans.gov](https://studentloans.gov) and does not charge a fee or require a credit check.
- Be wary of any company that
 - pressures you to pay an up-front fee or to sign a contract immediately
 - promises immediate loan forgiveness or debt cancellation. Debt relief companies cannot negotiate with your creditors in order to obtain a “special deal” under the federal student loan programs.
 - demands that you provide them with a “third party authorization” or a “power of attorney” which are written agreements giving the company permission to act on your behalf.
 - requests that you provide them with your FSA PIN for direct access to information about your federal student loans. Your unique ID from the Department of Education is the equivalent of your signature on documents for your student loan.



Questions?

Student Financial Services
Demaray Hall 10
206-281-2061 / 800-737-8826
Email questions to: sfs-info@spu.edu

This presentation and repayment information are available online: spu.edu/sfs



Complete all exit responsibilities within 30 days!

- Managing Your Money
 - [Student Loan Exit Sessions](#)
- Financial Aid
 - Loans
 - [Loan Repayment](#)
- Managing Your Money