

Lena A. Hristova DNP, ARNP-CNS, AGCNS-BC, CNE, NPD-BC, OCN
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EDUCATION

2013 Doctor of Nursing Practice
University of Washington, Seattle, WA

2011 Post-Master Graduate Certificate in Nursing Education
University of Washington, Seattle WA

2009 Master of Nursing
University of Washington-Bothell, Seattle WA

2007 Bachelor of Science in Nursing
University of Washington-Bothell, Seattle, WA

2006 Associate Degree in Nursing
Everett Community College, Everett, WA

1999 Pharmacy Technician Certificate
North Seattle Community College, Seattle, WA

1995 Bachelor of Science in Pharmacy
Medical University, Sofia, Bulgaria

Licensure and Credentials

2018- Present Advanced Registered Nurse Practitioner-Clinical Nurse Specialist, State of WA

2006- Present Registered Nurse, State of WA

2018- Present Adult-Gerontology Clinical Nurse Specialist, ANCC

2018-Present Certified Professional Development Specialist, ANCC

2011-Present Certified Nurse Educator, NLN

2009-Present Oncology Certified Nurse, ONS

ACADEMIC APPOINTMENTS

2018-Present Seattle Pacific University, School of Health Sciences
Associate Professor of Nursing

2019-Present Renton Technical College
Accreditation Consultant for Nursing

2018- Present Kaplan Inc.
Adjunct Faculty

2015-Present University of Washington-Bothell
Affiliated Faculty

2008-2017 North Seattle College, Seattle, WA
Nursing Faculty, Tenured

2013-2017 North Seattle College, Seattle, WA
Director, Nursing Assistant Program

2018 - Present **SEATTLE PACIFIC UNIVERSITY** **Seattle, WA**

a. Teaching Responsibilities

Graduate Level

NUR 7996 DNP Scholarly Project-Chair for DNP Students, SU 2021, SP 2021, W2020, SP 2020, SU 2020, AU2020, W 2021

NUR 7995 DNP Scholarly Project Proposal; Fall 2019

Undergraduate Level

NUR 3120 Health and Illness 2 Theory, Sp. 2021, W 2021, AU 2020, SP 2020, W 2020

NUR 3121 Health and Illness 2 Practicum, Spring 2021, Winter 2021, Spring 2020

NUR 3952 Basic Nursing Theory, Autumn 2018

NUR 3953 Basic Nursing Practicum, Winter, 2019, Autumn, 2018

NUR 3954 Nursing of Adults I Theory, Spring 2019, Winter 2019

NUR 3955 Nursing of Adults I Practicum, Spring 2019

NUR 3957 Nursing of Adults II Practicum, Spring 2019

UCOL 1000 University Colloquium, Autumn, 2019

b. Administrative Responsibilities

2020-2021 Seattle Pacific University, School of Health Sciences

Interim Associate Dean, Undergraduate Nursing

2015-2017 North Seattle College, Seattle, WA

Associate Dean of Nursing

2014-2015 North Seattle College, Seattle, WA

Interim Associate Dean of Nursing

c. University Governances and Academic Service

Seattle Pacific University

2020- 2021 Interim Associate Dean, Undergraduate Nursing

Chair, Undergraduate Nursing Council

Chair, Undergraduate Nursing Council

2019- Present Rigor and Equity Taskforce

2019- Present Member, Undergraduate Nursing Admissions Committee

Member, Graduate Nursing Council

Diversity Readiness/Action Committee

Curriculum Committee, Undergraduate Nursing

TeamSTEPPS Steering Committee

Ad Hoc SHS Appeal Committee, Chair

Faculty Wesleyan Group

Accreditation Commission for Education in Nursing

2017- Present Peer Evaluator

University of Washington Bothell

2015- Present Curricular and Educational Polices Board, Member

Seattle Colleges District

2015- 2017 North Seattle College, Associate Dean of Nursing
North Seattle College Instructional Council, Member
North Seattle College Assessment Committee, Member
Seattle Colleges District Management Team, Member
Seattle Colleges District Faculty Development Committee, Member
Opportunity Center for Employment and Education Integration Committee
Nursing Faculty Assembly, Chair
Nursing Curriculum and Evaluation Committee, Chair
Nursing Admission and Retention Committee, Chair
Nursing Faculty Search Committee, Chair

PEER REVIEWED PUBLICATIONS

Hristova, L. & Westbrook, L (2012). Student Voices: Content Analysis of RN to BSN Program Report Data. *Virginia Henderson International Nursing Library*.

PEER REVIEW PUBLICATIONS UNDER REVISION OR REVIEW

Hristova, L.& Kang, D. (2020). Journal of Advanced Nursing Practice, “Improving Provider Adherence to Body Fluid Exposure Guidelines: A Quality Improvement Project”-under review

NON-PEER REVIEWED PUBLICATIONS

Gerke, P. & **Hristova, L.** (2019) Celebrating the Year of the Nurse: Empowering Nurses and Promoting Culture of Heath. Nursing Care Quality Assurance Commission Bulletin.

ACADEMIC PEER-REVIEWED PRESENTATIONS

Hristova, L. (2021) *Nightingale: Exploring the impact on nurses and nursing students and professors of attending a musical about Florence Nightingale*. Oral Presentation. Third World Nursing Education and Heath Care Conference, virtual event

Hristova, L. (2021) *So, You Want to Be a Professor*. Oral Presentation. Washington Center for Nursing. Seattle, WA

Hristova, L. (2020). *Creative Ways to Support a Nursing Cohort of Incumbent Workers: Lessons Learned and Future Implications*. Poster session at the Western Institute of Nursing, Portland, OR

Aaberg V. & **Hristova, L.** (2020) *The Trials and Tribulations of Implementing Innovative Active Learning Strategies in the Classroom*. Poster session at the Iggy’s Next Generation NCLEX Camp in Dallas, TX

Hristova, L. & Westbrook, L (2012). *Student Voices: Content Analysis of RN to BSN Program Report Data.* Poster session at the Mosby's Faculty Development Institute, Las Vegas, Nevada

Hristova, L. & Westbrook, L (2009). *Student Voices: Content Analysis of RN to BSN Program Report Data.* Poster session at the Western Institute of Nursing, Salt Lake, UT

INVITED PRESENTATIONS, PANELS AND PROFESSIONAL WORKSHOPS

2021 Leadership Panel, Bellevue College, Bellevue, WA

2019 Leadership Panel, Bellevue College, Bellevue, WA

2018 Action Now! Summit, Olympia, WA

2018 Virginia Mason, Implementation of Lippincott Products, Seattle, WA

2017 Action Now! Summit, Olympia, WA

2009 Annual Cardiovascular Institute, Providence Medical Center, Everett, WA

AWARDS

2021 Faculty Scholarship and Research Grant, Seattle Pacific University

2020 Diversity Readiness Evaluation (DRE) Grant, Seattle Pacific University

2013 HRSA Nurse Faculty Repayment Program

2011 Tenured Faculty Award, Seattle Colleges

2003 HEET Grant

RELATED WORK EXPERIENCE

2017-2018 Virginia Mason Health Systems

Director, Clinical Practice Integration

2007-2012 Swedish Medical Center-Edmonds, Edmonds, WA

Charge Nurse, Oncology-Surgical Unit

2006-2007 Swedish Medical Center-Edmonds, Edmonds, WA

Staff Nurse, Oncology-Surgical Unit

PROFESSIONAL ASSOCIATIONS

2008- Present Sigma Theta Tau International Honor Society

2010- Present National League of Nursing

2016- Present Washington Center for Nursing,

2016- Present Accreditation Commission for Nurse Education

2017- Present Association for Nursing Professional Development

2019- Present Health Enriched by Art, Non-profit

2020-Present Northwest Clinical Nurse Specialist Chapter, NACNS

2009- Present Academy of Medical-Surgical Nursing

2007- Present Oncology Nursing Society

2010- Present Puget Sound Chapter, Oncology Nursing Society

OTHER

Languages Spoken

English- fluent in speaking, reading and writing

Bulgarian- fluent in speaking, reading and writing
Russian-fluent in speaking, reading and writing

Academic and Clinical Practice Projects (Selected)

Seattle Pacific University

Lead, ASSET grant-partnership between SPU SHS and Public Health King County
Creative Evaluation of a newly Developed Concept Based Curriculum
So, You Want to be a Professor workshops
Development and Implementation of Concept Based Curriculum in Nursing
Diversity and Readiness Assessment of School of Health Science
Development of Remote/Online Learning Practicum Curricula in Nursing
Revision of Medication Safety Administration in Undergraduate Nursing Curriculum

University of Washington

Formative evaluation of the RN to BSN curriculum utilizing student feedback

Seattle Colleges District

Development of ADN-DTA-MRP Nursing Curriculum and implementation across the district
Development of RN-to-BSN Nursing Curriculum
Integration of all three Seattle Colleges District Nursing Programs

North Seattle College

Preparation for national re-accreditation visit and affirmation of ACEN full accreditation.
Management of multiple grants such as Department of Labor II Grant (\$1.5 million); The Health Careers for All (HCA) (\$1.4 million) & Hospital Employees Education and Training (HEET)
Establishment of cooperative agreements with University of Washington-Bothell (UW-B), University of Washington- Tacoma (UW-T) and Olympic College (OC).
Engagement of the college campus community to create a climate of inclusion, social justice, equity, access for underserved students and student retention.
Development of a Simulation Laboratory and integration of simulation pedagogy into nursing
Development of Interprofessional Simulation Program
Preparation and Achievement of a full ACEN accreditation for the Nursing Program
Development of NURS 340, Care Coordination and Quality Nursing Care
Development of NURS 400, Healthcare Inequities
Development of NUR 223, Advance Nursing Skills for LPN to RN curriculum
Development of NUR 104, Nurse Delegation for Nursing Assistant

Virginia Masson

Revision of Graduate RN Residency Transition to Practice Program
Revision of Nurse Preceptor/Coach Program

Seattle Cancer Care Alliance

Development of an education program for patient with reoccurring acute myeloid leukemia receiving treatment in outpatient center

Swedish Medical Center-Edmonds (formally known as Steven's Hospital)
Development of a teaching project for Educational Services called, *Safe Handling of Chemotherapy Ensuring Compliance through Education.*

Community Service

2019- Present Health Enriched by Art, Non- profit, Executive Board Member
2016- Present Washington Center for Nursing, Diversity Committee Member
2016- Present Washington Center for Nursing, ARNP Committee Member
2001- Present Bulgarian Cultural and Heritage Center
2001- Present St Demetrious Church, Member
2016- 2020 Washington Center for Nursing, Executive Board Member
2017- 2019 Action Now! Steering Committee Member
2015- 2017 Clinical Placement Northwest, Nominating Committee Member