

Thane M. Erickson, Ph.D.

Department of Clinical Psychology
Seattle Pacific University
3307 3rd Ave W., Suite 107
Seattle, WA 98119

December, 2020

Phone: 206-281-2273
E-mail: erickt@spu.edu

PROFESSIONAL POSITIONS, TRAINING, & EDUCATION

- 2014 – present Director of Clinical Training (Internships), **Seattle Pacific University (SPU)**, WA
- 2019 – present Professor, Clinical Psychology, **SPU**
- 2011 – present Associate Professor, Clinical Psychology, **SPU**
- 2008 – 2011 Assistant Professor, Psychology, **SPU**
- 2006 – 2008 Clinical Psychology Postdoctoral Fellowship (APA accredited)
University of Michigan (UM), Dept. of Psychiatry, Ann Arbor, MI
- 2005 – 2006 Clinical Psychology Internship (APA accredited)
V.A. Puget Sound Health Care System (American Lake), Tacoma, WA
- 2000 – 2006 Ph.D. in Psychology (Adult Clinical specialty track; APA accredited)
The Pennsylvania State University (PSU), State College, PA
M.S. degree conferred: May, 2003
- 1995 – 1999 B.A., *Summa Cum Laude*, **Point Loma Nazarene University (PLNU)**, San Diego, CA
Major: Therapeutic and Community Psychology. *Minor*: Philosophy

COURSES TAUGHT

Undergraduate:

- (USEM 1000) University Seminar
(PSY 2422) Psychology of Personal Growth
(PSY 2470) Lifespan Developmental Psychology
(PSY 3360) Abnormal Psychology
(PSY 3442) Psychology of Personality
(PSY 4470) Counseling Theory and Practice
(PSY 4940) Internship in Psychology

Doctoral level:

- (CPY 7009) Psychological Interventions IV: Group, Interpersonal, & Integration Therapies
(CPY 7020) Statistical Methods
(CPY 7200) Personality Theory and Research
(CPY 7310) Psychological Interventions I: Cognitive Behavioral Therapy
(CPY 7400) Ethics and Laws in Clinical Psychology
(CPY 7820) Clinical Supervision and Consultation Group

CLINICAL EXPERIENCE

2019 - 2020	Clinical Supervisor (for embedded trainee), Lacey Fire District 3, Lacey, WA
2018 - present	Psychological Assessment Consultant, Center for Ministry in the West, Seattle, WA
2010 - present	Licensed Clinical Psychologist, Seattle, WA
2007 - 2008	Protocol Therapist. <i>V.A. Ann Arbor Health Care System, Ann Arbor, MI</i>
2006 - 2008	Postdoc. Clinical Fellow. <i>University of Michigan, Dept. of Psychiatry</i>
2005 - 2006	Psychology Intern. <i>V.A. Puget Sound Health Care System</i>
2001 - 2005	Psychotherapy Practica. <i>Penn State University Psychological Clinic</i>
2003 - 2005	Assessment Practicum. <i>Penn State University Psychological Clinic</i>
2001	Assessor. <i>FAST (Families and Schools Together) Track Project, PSU</i>
1999-2000	Child Development Counselor. <i>New Alternatives, Inc., Chula Vista, CA</i>

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies	Society for Interpersonal Theory and Research
Association for Research in Personality	Anxiety and Depression Association of America

RESEARCH INTERESTS

- Interpersonal aspects of psychopathology and well-being, with emphasis on how interpersonal cognition, goals, and social interaction influence emotional processes.
- Anxiety disorders (generalized anxiety disorder in particular), depression, and interpersonal problems, as well as integrative psychotherapies for these conditions.
- Social/moral emotions and character (e.g., *moral elevation* or feeling uplifted by witnessing acts of virtue).
- The impact of social cognition and prosocial goals on stress hormones (e.g., cortisol).

PEER-REVIEWED PUBLICATIONS (Students underlined)

Williams, H., Skalisky, J., Erickson, T.M., & Thoburn, J. (in press). Posttraumatic growth in the context of grief: Testing the mindfulness-to-meaning theory. *Journal of Loss and Trauma*.

Crouch, T., Verdi, E., & Erickson, T.M. (2020). Gratitude is positively associated with quality of life in multiple sclerosis. *Rehabilitation Psychology, 65*, 231-238.

McGuire, A. P., Szabo, Y. Z., Murphy, K. M., & Erickson, T. M. (2020). Direct and indirect effects of trait and state gratitude on health-related quality of life in a prospective design. *Psychological Reports, 123* (6), 2248-2262.

Tingey, J. L., McGuire, A. P., Stebbins, O. L., & Erickson, T. M. (2019). Moral elevation and compassionate goals predict posttraumatic growth in the context of a college shooting. *Journal of Positive Psychology, 14*, 261-270.

Stebbins, O. L., Tingey, J. L., Verdi, E. K., & Erickson, T. M. (2019). Compassionate goals predict social support and PTSD symptoms following a university shooting: A moderated mediation analysis. *Journal of Social and Clinical Psychology, 38*, 277-300.

- McGuire, A. P., Erickson, T. M., Quach, C. M., & Willey, B. (2018). Gratitude for better or worse: Differential predictors and affective outcomes of state gratitude in positive and negative contexts. *Journal of Positive Psychology and Wellbeing*, 1-13.
- Erickson, T. M., McGuire, Adam P., Scarsella, Gina, M., Crouch, T. A., Lewis, J. A., Eisenlohr, A. P., Muresan, T. J. (2018): Viral videos and virtue: Moral elevation inductions shift affect and interpersonal goals in daily life. *Journal of Positive Psychology*, 13, 643-654.
- Erickson, T. M., Granillo, M. T., Crocker, J., Abelson, J. L., Reas, H. E., & Quach, C. M. (2018). Compassionate and self-image goals as interpersonal maintenance factors in clinical depression and anxiety. *Journal of Clinical Psychology*, 74, 608-625.
- Erickson, T. M., Mayer, S. E., Lopez-Duran, N. L., Scarsella, G. M., McGuire, A. P., Crocker, J., & Abelson, J. L. (2017). Mediators of compassionate goal intervention effects on human neuroendocrine responses to the Trier Social Stress Test. *Stress: The International Journal on the Biology of Stress*, 20, 533-540.
- Crouch, T.A, Lewis, J. A., Erickson, T. M., & Newman, M. G. (2017). Prospective investigation of the contrast avoidance model of general anxiety and worry. *Behavior Therapy*, 48, 544-556.
- Newman, M. G., Jacobson, N. C., Erickson, T. M., & Fisher, A. J. (2017). Interpersonal problems predict differential response to cognitive versus behavioral treatment in a randomized controlled trial. *Behavior Therapy*, 48, 56-68.
- Murphy, K., McGuire, A. P., & Erickson, T. M., & Mezulis, A. H. (2017). Somatic symptoms mediate the relationship between health anxiety and health-related quality of life over eight weeks. *Stress and Health*, 33, 244-252.
- Redfield, C., Lin, T.C., McGuire, A., Aust, M., Orton, V., & Erickson, T. M. (2016). Shifts in attitudes, knowledge, and social goals in nursing students following structured contact with community-dwelling older adults. *Journal of Nursing Education*, 55, 569-573.
- Erickson, T.M., Newman, M.G., Siebert, E.C., Carlile, J. A., Scarsella, G. M., & Abelson, J. L. (2016). Does worrying mean caring too much?: Interpersonal prototypicality of dimensional worry controlling for social anxiety and depressive symptoms. *Behavior Therapy*, 47, 14-28.
- Erickson, T. M., Newman, M. G., Peterson, J., & Scarsella, G. (2015). Ambivalent interpersonal circumplex responding predicts cross-situational variability of social behavior. *Journal of Personality*, 83, 429-440.
- Newman, M. G., Llera, S. J., Erickson, T. M., & Przeworski, A. (2014). Basic science and clinical application of the contrast avoidance model in generalized anxiety disorder. *Journal of Psychotherapy Integration*, 24, 155-167.
- Abelson, J. L., Erickson, T. M., Mayer, S., Crocker, J., Briggs, H., Lopez-Duran, N. L., & Liberzon, I. (2014). Brief cognitive intervention can modulate neuroendocrine stress responses to the Trier Social Stress Test: Buffering effects of a compassionate goal orientation. *Psychoneuroendocrinology*, 44, 60-70.
- King, A. P., Erickson, T. M., Giardino, N. D., Rauch, S. A. M., Favorite, T., Robinson, E., Kulkarni, M., & Liberzon, I. (2013). A pilot study of group mindfulness-based cognitive therapy (MBCT) for combat veterans with posttraumatic stress disorder (PTSD). *Depression and Anxiety*, 30, 638-645.

- Newman, M. G., Llera, S. L., Erickson, T. M., Przeworski, A., & Castonguay, L. G. (2013). Worry and generalized anxiety disorder: A review and theoretical synthesis of evidence on nature, etiology, mechanisms, and treatment. *Annual Review of Clinical Psychology, 9*, 275-297.
- Erickson, T. M., & Scarsella, G. (2013). [Review of Clark, D. A., & Beck, A. T. (2012). *The Anxiety and Worry Workbook: The Cognitive Behavioral Solution*]. *Cognitive and Behavioral Practice, 20*, 119-120.
- Erickson, T. M., & Abelson, J. L. (2012). Even the downhearted may be uplifted: Moral elevation in the daily life of clinically depressed and anxious adults. *Journal of Social and Clinical Psychology, 31*, 707-728.
- Erickson, T. M., Newman, M. G., & Pincus, A. L. (2009). Predicting unpredictability: Do measures of interpersonal rigidity/flexibility and distress predict intraindividual variability in social perceptions and behavior? *Journal of Personality and Social Psychology, 97*, 893-912.
- Abelson, J. L., Khan, S., Liberzon, I., Erickson, T. M., & Young, E. A. (2008). Effects of perceived control and cognitive coping on endocrine stress responses to pharmacological activation. *Biological Psychiatry, 64*, 701-707.
- Erickson, T. M., & Newman, M. G. (2007). Interpersonal and emotional processes in GAD analogues during social interaction tasks. *Behavior Therapy, 38*, 364-377.
- Erickson, T. M., & Pincus, A. L. (2005). Using Structural Analysis of Social Behavior (SASB) measures of social perception to give interpersonal meaning to symptoms: Anxiety as an exemplar. *Assessment, 12*, 243-254.
- Erickson, T. M., & Newman, M. G. (2005). Cognitive-behavioral psychotherapy for generalized anxiety disorder: A primer. *Expert Review of Neurotherapeutics, 5*, 247-257.
- Newman, M. G., Erickson, T. M., Przeworski, A., & Dzus, E. (2003). Self-help and minimal contact therapies for anxiety disorders: Is human contact necessary for therapeutic efficacy? *Journal of Clinical Psychology, 59*, 251-274.
- Newman, M. G., Zuellig, A. R., Kachin, K. E., Constantino, M. J., Przeworski, A., Erickson, T., & Cashman-McGrath, L. (2002). Preliminary reliability and validity of the GADQ-IV: A revised self-report diagnostic measure of generalized anxiety disorder. *Behavior Therapy, 33*, 215-233.

BOOK CHAPTERS AND OTHER PUBLICATIONS

- Singh, N. B., & Erickson, T. M. (2019). Michael Kernis. In V. Ziegler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York: Springer.
- Lewis, J. A., Fraga, K. J., & Erickson, T. M. (2019). Dichotomous thinking. In V. Ziegler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York: Springer.
- Stebbins, O. L., Sivaratnam, J., & Erickson, T. M. (2019). Situation-behavior signatures. In V. Ziegler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York: Springer.

- Reas, H. E., Verdi, E. K., & Erickson, T. M. (2019). Jonathan Haidt. In V. Ziegler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York: Springer.
- Cataldi, J. S., Cvrkel, T. T., & Erickson, T. M. (2019). The plaster hypothesis. In V. Ziegler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York: Springer.
- Erickson, T. M., Newman, M. G., & Tingey, J. L. (2019). Worry and rumination. In J. S. Abramowitz & S. M. Blakey (Eds.), *Clinical handbook of fear and anxiety: Psychological processes and treatment mechanisms*. Washington DC: American Psychological Association Press.
- Erickson, T. M., Crouch, T. A., & Lewis, J. (2018). The Interpersonal Adjective Scales. In V. Ziegler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York: Springer.
- Erickson, T. M., Newman, M. G., & McGuire, A. (2015). Adding an interpersonal-experiential focus to cognitive behavioral therapy for Generalized Anxiety Disorder. In N. C. Thoma & D. McKay (Eds.), *Working with emotion in cognitive-behavioral therapy: Techniques for clinical practice* (pp. 356-380). New York: Guilford.
- Newman, M. G., & Erickson, T. M. (2010). Generalized anxiety disorder. In J. Gayle Beck (Ed.), *Interpersonal processes in the anxiety disorders: Implications for understanding psychopathology and treatment* (235-259). Washington, D. C.: American Psychological Association.
- Erickson, T. M., Newman, M. G., & Pincus, A. L. (2008). Predicting interpersonal rigidity and oscillation: Flux and spin as tests of construct validity. *Society for Interpersonal Theory and Research Newsletter*, 8 (2), 2-3.
- Startup, H. M., & Erickson, T. M. (2008). The Penn State Worry Questionnaire: Psychometric properties and associated characteristics. In G. C. L. Davey & A. Wells (Eds.), *Worry and psychological disorders: Theory, assessment, and treatment*. Chichester, UK: Wiley.
- Newman, M. G., Crits-Cristoph, P., Connolly Gibbons, M. B., & Erickson, T. M. (2006). Participant factors in treating anxiety disorders. In L. G. Castonguay & L. E. Beutler (Eds.), *Principles of therapeutic change that work* (pp. 121-153). New York: Oxford University Press.

SELECTED PROFESSIONAL PRESENTATIONS SINCE 2008

- Stebbins, O., Nevell, A., Pankau, T., Ryan, R., Aparecida Da Costa, Beall, S., Lin, J., Erickson, T., Wiegand, G., Villavicencio, & Read, K. (2020, November). *Secondary outcomes for a group intensive outpatient program for pediatric OCD*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, online.
- McGuire, A. P., Creech, S. K., & Erickson, T. M. (2020, November). *MOVED: Moral elevation online intervention for veterans experiencing PTSD and moral injury distress*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, online.
- Verdi, E., Singh, N. B., & Erickson, T. M. (2020). Disgust predicts coping and social processes in the context of daily stressors. [Poster presentation] Association for Psychological Science 32nd Annual Convention. Chicago, IL. (Conference canceled).

- Verdi, E. K., Singh, N., & Erickson, T. M. (2020, June). *Morality and complementarity: The effect of gender on interpersonal behavior* [poster session]. Society for Interpersonal Theory and Research conference, Seattle, WA (conference cancelled).
- Singh, N. B., Verdi, E., Sivaratnam, J., & Erickson, T. M. (2020). Biases in interpersonal perceptions compared to peers: Specificity of generalized anxiety, social anxiety, and depression symptoms. Poster presentation for Annual Meeting of The Society for Interpersonal Theory and Research (conference canceled).
- Erickson, T. M., Peterman-Cabano, E., Sivaratnam, J., Quach, C., & Reas, H. (2020, March). *Hair cortisol: Relevance to chronic worry versus resilient coping* [symposium paper]. Anxiety and Depression Association of America conference, San Antonio, TX (conference cancelled).
- Erickson, T. M., Jacobson, S. V., Banning, R., Stebbins, O. L., & Carpenter, T. (2020, March). *Implicit and explicit anxiety differentially predict social processes in daily life* [poster session]. Anxiety and Depression Association of America conference, San Antonio, TX (conference cancelled).
- Singh, N., & Erickson, T. M. (2020, May). *Biases in interpersonal perceptions: Specificity of generalized anxiety, social anxiety, and depression symptoms* [poster session]. Association for Psychological Science conference, Chicago, IL (conference cancelled).
- Stebbins, O., Fraga, K., Carpenter, T., & Erickson, T. M. (2020, February). *Shame proneness predicts social psychopathologies: Examining the sociometer theory of shame*. Poster presented at the Society for Personality and Social Psychology conference, New Orleans, LA.
- Sivaratnam, J., Verdi, E.K., Cvrkel, T., & Erickson, T. M. (2019, November 21-24). Cognitive mediators of effects of racial stressors on anxiety in daily life. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Atlanta, GA.
- Erickson, T. M., Reas, H., & Quach, C. (2019, June). *Hair cortisol, social behavior, and complementarity during stressful social interactions*. Annual meeting of the Society for Interpersonal Theory and Research, Grand Rapids, MI.
- Verdi, E., Singh, N., & Erickson, T. M. (2019, June). *Attachment and interpersonal complementarity in daily life*. Biannual meeting of the Association for Research in Personality, Grand Rapids, MI.
- Erickson, T. M., Fraga, K. J., Cvrkel, T., Verdi, E., & Singh, N. (2019, June). *PID-5 traits predict interpersonal behavior in daily life and hypothetical scenarios*. Biannual meeting of the Association for Research in Personality, Grand Rapids, MI.
- Erickson, T. M., Peterman Cabano, E., Sivaratnam, J., Quach, C., & Reas, H. (2019, June). *Hair cortisol predicts intraindividual changes coping over five weeks*. Biannual meeting of the Association for Research in Personality, Grand Rapids, MI.
- Varma, M., Stewart, D. G., & Erickson, T. (2018, November). Testing values activation to experimentally influence temptation coping and compassionate goals. Presented at the Association of Cognitive and Behavioral Therapies (ABCT) Conference. Washington, DC.
- Crouch, T., Verdi, E., Morean, W., Tingey, J., Erickson, T.M., & Bentley, J. (February 2019). *Gratitude: A meaningful predictor of quality of life in multiple sclerosis*. Poster session presented at the Rehabilitation Psychology conference, Orlando, FL.

- Crouch, T., Reas, H., Quach, C., Lum, J., Bentley, J., & Erickson, T. (2019, February). Cognitive functioning and depression as predictors of quality of life in multiple sclerosis. Poster presented at the annual Rehabilitation Psychology Conference, Orlando, FL.
- Stebbins, O. L., Sivaratnam, J., & Erickson, T. M. (2018, November). Prospective effects of compassionate goals on depression following trauma: Mechanism for increasing social support. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Erickson, T., Stebbins, O., & Cataldi, J. (2018, June). *The tyranny of the ego: Between- and within-person effects of self-image versus compassionate goals in distressed and non-distressed individuals*. Paper presented at the annual Society for Interpersonal Theory and Research Meeting, Montreal, Quebec.
- Reas, H., Quach, C., Cataldi, J., & Erickson, T. (2018, April). *Neuroticism and stress: An examination of the moderating role of dispositional mindfulness*. Poster presented at the annual Western Psychological Association Convention, Portland, OR.
- Singh, N.B., Verdi, E.K., Erickson, T.M. (2018, June). *Interpersonal complementarity on the three dimensions of dominance, affiliation, and perceived morality*. Paper presented at the annual Society for Interpersonal Theory and Research conference, Montreal, Quebec.
- Sivaratnam, J., Cabano, E. P., Verdi, E. K., Stebbins, O. L., & Erickson, T. M. (April, 2018). *Racial-interpersonal stressors in daily life: Social features and affective outcomes*. Poster session presented at the annual convention of the Western Psychological Association, Portland, OR.
- Verdi, E. K., Singh, N.B., & Erickson, T.M. (April, 2018). *Expanding interpersonal complementarity to include moral aspects of social behavior*. Poster presented at the annual Western Psychological Association conference, Portland, OR.
- Singh, N. B., Erickson, T. M., Verdi, E. K., & Reas, H. E. (April, 2018). *Affective synchrony: Diagnostic and situational predictors of dynamic covariation of anxiety and depression symptoms in daily life*. Paper presented at the conference of the Anxiety and Depression Association of America, Washington DC.
- Crouch, T. A., Reas, H., Quach, C., Erickson, T. M., & Morean, W. (February, 2018). *Assessing the effect of illness acceptance on fatigue and perceived cognition for individuals diagnosed with multiple sclerosis*. Poster presented at the annual Rehabilitation Psychology Mid-year conference, Dallas, TX.
- Quach, C., Reas, H., Verdi, E., & Erickson, T. (2017, November). *Loneliness and stress: Examining the roles of negative social evaluation and dispositional mindfulness*. Poster presentation at the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Erickson, T. M., Tingey, J. L., Verdi, E. K., & Reas, H. E. (2017, November). *Affective synchrony: Diagnostic and situational predictors of dynamic covariation of anxiety and depression symptoms in daily life*. Paper presented at the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- Erickson, T. M., Cataldi, J. S., Singh, N. B., & Tanaka, B. (2017, July). *Interpersonal sensitivities prospectively predict aversive reactions to social stressors in daily life*. Paper presented at the annual conference of the Society of Interpersonal Theory and Research, Pittsburgh, PA.
- Quach, C., Reas, H., Verdi, E., & Erickson, T. (2017, April). *Loneliness and stress: Examining the roles of negative social evaluation and dispositional mindfulness*. Poster presentation at the Western Psychological Association Conference 2017, Sacramento, CA.
- Lewis, J. A., Crouch, T. A., Erickson, T. M., & Singh, N. (2017, April). *Interpersonal contrast avoidance and maintenance of worry: An eight-week prospective study*. Paper presented at the annual meeting of Anxiety and Depression Association of America, San Francisco, CA.

- Crouch, T. A., Lewis, J., & Erickson, T. M. (April, 2017). *Longitudinal investigation of the contrast avoidance model across eight weeks*. Presented as a symposium at the annual meeting of the Anxiety and Depression Association of America, San Francisco, California.
- Erickson, T. M., Lewis, J., Crouch, T., Singh, N. (October, 2016). *Interpersonal emotion regulation strategies and maintenance of worry: An eight-week prospective study*. Paper presented at annual meeting of the Association for Behavioral and Cognitive Therapies, New York City.
- McGuire, A., Crouch, T., Lewis, J., & Erickson, T. M. (October, 2016). *Sensitivity of negative contrast and GAD symptoms in a prospective design*. Paper presented at annual meeting of the Association for Behavioral and Cognitive Therapies, New York City.
- Erickson, T. M. (October, 2016). *The contrast avoidance model: Reconceptualizing worry in GAD and as a transdiagnostic process*. Chair of symposium presented at annual meeting of the Association for Behavioral and Cognitive Therapies, New York City.
- Tingey, J., McGuire, A., Kramarevsky, O. & Erickson, T. M. (October, 2016). *Fostering posttraumatic growth following a school shooting: Impact of interpersonal processes and moral elevation*. Poster session presented at annual meeting of the Association for Behavioral and Cognitive Therapies, New York City.
- Kramarevsky, O., McGuire, A. P., Tingey, J., & Erickson, T. M. (October, 2016). *Compassionate goals and social support predict lower PTSD symptoms in the context of proximity to a mass trauma*. Poster session presented at the Association for Behavioral and Cognitive Therapies, New York City.
- Erickson, T. M., Quach, C., & Reas, H. (July, 2016). *Ambivalent responding to interpersonal circumplex measures*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Berlin, Germany.
- Scarsella, G., Tingey, J., Kramarevsky, O., Crouch, T., Lewis, J., Reas, H., Quach, C., & Erickson, T. M. (July, 2016). *Interpersonal causes of feeling "dirty" and "clean" in homeless men and sex-trafficked women: A qualitative study*. Poster at the Society for Interpersonal Theory and Research, Berlin, Germany.
- McNeil, T. A., Patton, K., McGuire, A. P., & Erickson, T. M. (2016). *Impact of worry motives on negative emotion and somatic symptoms*. Poster presented at the annual meeting of the Western Psychological Association, Long Beach, CA.
- McGuire, A. P. & Erickson, T. M. (November, 2015). *The role of intolerance of uncertainty and worry motives on seeking information in GAD versus nonanxious college students*. 49th Annual Convention of Association for Behavioral and Cognitive Therapy. Chicago, IL.
- Erickson, T. M., Scarsella, G. M., Tingey, J., Aust, M. (2015, November). *Doubly dirty: Exploring the social cognition of moral purity and depression symptoms in homeless men*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Scarsella, G. M., McGuire, A. P., Kramarevsky, O., Erickson, T. M., & Abelson, J. L. (2015, November). *Anxiety and depression differentially predict self-referential language during a social stress task*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- DeSimone, J. M., Mezulis, A., Erickson, T. M., Stewart, D. G., & Wilson, B. J. (2015, November). *Does religious faith protect against mental health problems following trauma? Depression and posttraumatic stress symptoms following a campus shooting*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Scarsella, G. M., Tingey, J. L., Rudolph, M., Kramarevsky, O., Patton, K., & Erickson, T. M. (2015, November). *Gratitude, moral elevation, and posttraumatic stress in female victims of sex trafficking*. Poster session

presented at the annual conference of the International Society for Traumatic Stress Studies in New Orleans, LA.

- Erickson, T. M., Scarsella, G., McGuire, A., McNeil, T., & Lewis, J. (2015, June). *A different type of elevation: Field experiments inducing moral elevation to shift daily interpersonal goals*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Toronto, ON.
- McGuire, A. P., Murphy, K. M., Erickson, T. M., DeSimone, J. (2015; May). *Benefits of gratitude during the worst event of the week*. Paper presented at the annual Western Psychological Association conference, Las Vegas, NV.
- Scarsella, G. M. & Erickson, T. M. (2015; May). *The effects of gratitude and moral elevation on the relationship between posttraumatic stress symptoms and well-being in sex-trafficked women*. Paper presented at the annual Western Psychological Association conference, Las Vegas, NV.
- Murphy, K. M., McGuire, A. P., & Erickson, T. (2015, April). *Testing gratitude as a moderator of health anxiety outcomes in a longitudinal design*. Poster presented at the annual conference of the Society of Behavioral Medicine, San Antonio, TX.
- Erickson, T. M., Scarsella, G., McGuire, A., Abelson, J. L., Lopez-Duran, N. L., Mayer, S. E., Briggs, H., & Liberzon, H. (2014; November). *Mediators of cognitive goal intervention on stress hormones during a social stress task: The role of perceived moral purity and social affiliation*. Paper presented at the annual Association for Behavioral and Cognitive Therapies conference, Philadelphia, PA.
- Scarsella, G. M., & Erickson, T. M. (2014; November). *Do depression and anxiety preclude individuals from experiencing the beneficial effects of moral elevation?* Poster presented at the annual Association for Behavioral and Cognitive Therapies conference, Philadelphia, PA.
- Redfield, C., Erickson, T., Aust, M., Jay, J., McGuire, A., Lin, Al., Orton, V., & Pederson, L. (2014; October). *Changes across social interactions between nursing students and older adults*. Paper presented at annual University of New Mexico Mentoring Conference, Albuquerque, NM.
- Erickson, T. M., Abelson, J., Granillo, M. T., Crocker, J., Mayer, S. E., Briggs, H., & Lizerzon, I. (June, 2014). *Compassionate and self-image goals: Effects of interpersonal goals on distress symptoms and neuroendocrine responses to stress*. Paper presented at annual Society of Interpersonal Theory and Research conference, New Haven, Conn.
- Erickson, T. M. (symposium chair), Abelson, J. L., Mayer, S. E., Crocker, J., Briggs, H., Lopez-Duran, N., & Liberzon, I. (November, 2013). *Adopting compassionate goals during a social evaluative stress task blunts cortisol response*. Paper presented at the annual Association of Behavioral and Cognitive Therapies conference in Nashville, TN.
- Erickson, T. M., Granillo, T. M., Crocker, J., & Abelson, J. L. (November, 2013). *Interpersonal values and goals of worriers*. Paper presented at the annual Association of Behavioral and Cognitive Therapies conference in Nashville, TN.
- Scarsella, G., Erickson, T. M., McGuire, A., & Maddox, A. (November, 2013). *Field experiments using daily video-based exercises to elicit moral elevation and positive affect*. Paper presented at the annual Association of Behavioral and Cognitive Therapies conference in Nashville, TN.
- Siebert, E. C., Carlile, J. A., Scarsella, G. M., Erickson, T. M., & Newman, M. G. (August, 2013). *Differentiation of depression, social anxiety, and worry using the interpersonal circumplex*. Poster presented at the annual American Psychological Association conference, Honolulu, HI.
- Erickson, T. M., Abelson, J. L., Scarsella, G., McGuire, A., Maddox, A., & Crocker, J. (June, 2013) *Eliciting Compassionate Goals in a Lab-Based Stress Task and Field Experiments of Moral Elevation: Beneficial*

Effects on Cortisol and Positive Psychological States. Paper presented at 3rd annual World Congress on Positive Psychology, Los Angeles, CA.

Erickson, T. M., Maddox, A., Scarsella, G., & McGuire, A. (April, 2013). YouTube as emotion science: Field studies testing daily internet videos to manipulate social goals and affect. Poster presented at the annual conference of the Anxiety and Depression Association of America, San Diego, CA.

Mayer, S., Erickson, T., Briggs, H., Crocker, J., Liberzon, I., Abelson, J. L. (2012, September). *Brief cognitive intervention can modulate ACTH response to the Trier Social Stress Test*. Poster session presented at the annual conference of the American College of Neuropsychopharmacology, Waikoloa, HI.

Scarsella, G., & Erickson, T. M. (2012, April). *The relationship of fear of negative evaluation and moral elevation in normal and clinical samples*. Poster session presented at the annual conference of the Western Psychological Association, San Francisco, CA.

Erickson, T. M., Scarsella, G., & Abelson, J. L. (2012, May). *To live clean or get dirty: Moral valence of social behavior as a unique feature beyond agency and communion*. Paper presented at the annual conference of the Society for Interpersonal Theory and Research, Montreal, Quebec.

Erickson, T. M., Maddox, A., Lake, M., Henson, D., Durborough, S., Hess, K., & Pulido, C. (2011, November). *Feeling dirty?: Moral elevation as an emotional antidote to experiences of mental contamination*. Poster session presented at the annual conference of the Association of Behavioral and Cognitive Therapies, Toronto, ON.

Erickson, T. M., Muresan, T., Rickards, K., & Malchodi, S. (2011, June). *Purity/divinity: A potential third interpersonal dimension beyond dominance and affiliation*. Poster presented at the conference of the Association for Research in Personality, Riverside, CA.

Abelson, J. L., Erickson, T. M., Mayer, S., Briggs, H., Crocker, J., & Liberzon, I. (2011, May). *Compassionate goal orientation can modulate cortisol response to the Trier Social Stress Test*. Poster presented at the annual conference of the Society for Biological Psychiatry, San Francisco, CA.

Erickson, T. M., & Newman, M. G., & Abelson, J. L. (2010, November). *Discrepant perspectives on interpersonal characteristics of worriers based on self versus peer assessment*. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Erickson, T. M. (2010, November). *Scientific exploration of emotional functioning in GAD: Emphasis on the nature and pathogenic mechanisms*. Discussant role for a symposium presented at the annual conference of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Erickson, T. M., Granillo, T., Crocker, J., & Abelson, J. L. (2010, June). *Not all goals are equal: Compassionate goals and self-image goals differentially predict changes in clinical anxiety and depression*. Poster session presented at the annual conference of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Granillo, M. T., Crocker, J., Erickson, T., & Delva, J. (2010, January). *Less about me, more about others. The effects of self-image and compassionate goals on eating disorder symptoms*. Poster session presented at the annual conference of the Society for Social Work Research, San Francisco, CA.

Erickson, T. M., & Abelson, J. L. (2009, November). *Inspired and rewired: Examining the moral emotion of elevation in a clinical sample*. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies, New York City, NY.

Erickson, T. M., Granillo, T., Crocker, J., & Abelson, J. L. (2009, November). *Helping you helps me: Compassionate goals vs. self-image goals in a mixed anxious-depressive clinical sample*. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies, New York City, NY.

King, A., Erickson, T., Giardino, N., Kulkani, M., Perkins, S., Robinson, E., & Liberzon, I. (2009, March). *Pilot study of acceptability of an eight-week mindfulness-based group therapy for combat posttraumatic stress disorder (PTSD), and effects on neuroendocrine and autonomic function*. Paper presented at the annual conference of the Anxiety Disorders Association of America, Albuquerque, NM.

Erickson, T. M., Granillo, T., Crocker, J., & Abelson, J. L. (2009, March). *The effects of compassionate goals vs. self-image goals in a mixed anxious-depressive clinical sample*. Poster session presented at the annual conference of the Anxiety Disorders Association of America, Albuquerque, NM.

King, A., Erickson, T., Giardino, N., Robinson, E., & Liberzon, I. (2008, March). *A pilot study of a mind-body group therapy for combat veterans with posttraumatic stress disorder*. Paper presented at the annual conference of the American Psychosomatic Society, Baltimore, MD.

GRANT SUPPORT

- 2015-2016 School of Psychology, Family, & Community (SPFC) Faculty Research Grant: "Prospective Effects of Interpersonal Stressors and Strengths on Hair Cortisol"
- 2014-2015 Center for Faculty Scholarship & Development (CFSD) Faculty Research Grant: "Transdiagnostic Cognitive Behavioral Group Therapy With and Without Explicit Focus on Positive Emotions and Character Strengths: A Randomized Trial"
- 2012-2013 SPFC Faculty Research Grant. "Pilot Study of Transdiagnostic Treatment for Emotional Disorders and the Role of Positive Moral Emotions."
- 2009-2010 SPFC Faculty Research Grant. "Activating Moral Emotions to Influence Interpersonal and Psychological Well-Being."
- 2008-2009 SPU, SPFC: Research Development Grant.
- 2007-2008 Depression Center Rachel Upjohn Clinical Scholars Grant, University of Michigan. "Pilot Studies of the Relation of Ego/Ecosystem Goals to Negative Affective States and Cortisol Response."
- 2005-2006 Research and Graduate Student Organization, Penn State University. "Multimethod Investigation of Interpersonal Rigidity and Oscillation."

REVIEWER SERVICE

Editorial Board: *Behavior Therapy*

Ad hoc reviewer: *Assessment*
Clinical Psychology and Psychotherapy
Depression and Anxiety
Emotion
Frontiers in Psychology

International Journal of Cognitive Therapy
Journal of Affective Disorders
Journal of Anxiety Disorders
Journal of Behavior Therapy and Experimental Psychiatry
Journal of Counseling Psychology
Journal of Experimental Psychopathology
Journal of Social and Clinical Psychology
Journal of Nervous and Mental Disease
Journal of Personality
Journal of Personality Assessment
Journal of Personality and Social Psychology
Journal of Research in Personality
Personality and Mental Health
PLOS One
Psychiatry Research
Psychological Assessment
Psychotherapy
Psychotherapy: Theory, Research, Practice, Training
Psychotherapy Research
Stress: International Journal of the Biology of Stress
Stress & Health
Zeitschrift für Psychologie

Ad hoc grant reviewer: National Science Foundation

OTHER PROFESSIONAL AND ORGANIZATIONAL SERVICE

2019-2020 President-Elect, Society for Interpersonal Theory and Research (SITAR)
 2019 Conference host, SITAR annual conference, Grand Rapids, MI
 2018-2019 Cross-Campus Interview team, SPU
 2018-2019 Vice President, Society for Interpersonal Theory and Research (SITAR)
 2017 Outstanding reviewer, *Behavior Therapy*
 2016-2017 New Faculty Mentor, SPU
 2017 SPU Lenten Devotional contributor
 2016-present Character Initiative task force co-chair, SPU
 2015 Opportunity Hire reviewer, SPU
 2014-present Graduate Student Advisory Committee, SITAR
 2013-present Conference Program Committee, Association for Behavioral and Cognitive Therapies
 2014 Outstanding reviewer, *Behavior Therapy*
 2013-2014 Campus Ministry Taskforce, SPU
 2012-2013 New Faculty Mentor, SPU
 2012-present Psychology Continuing Education / Psychoeducation provider, Seattle community
 2012-present Faculty Housing Taskforce, SPU
 2011-present Mentor/Reader, students honors projects, SPU
 2010-2014 Director of Undergraduate Internships, Psychology Department, SPU
 2010-2014 Faculty Lectio group facilitator, SPU
 2009-2012 Diversity Committee member, SPU (Chair during 2011-2012)