

## John Perkins Center, Seattle Pacific University

Breath Prayer provided for Seattle Rainier Avenue Church's [Space to Breathe: reflection space for racial justice](#). This outdoor community reflection space provided different stations set up for people to walk and pray through with a reflective focus on racial justice.

*Breath Prayer content created by Caenisha Warren, Executive Director of the John Perkins Center.*

### Psalm 27:13 Breath Prayer

#### Psalm 27:13

*I would have lost heart, unless I had believed that I would see the goodness of the Lord in the land of the living. (NKJV)*

Reflection in the context of Psalm 27:13 by Caenisha Warren, Executive Director of the John Perkins Center

I lament the ways in which the current impact exposes the realities that have existed in our midst. I lament the loss, the failing ways of actually being community. As in the spaces of stretching and darkness, creativity arises, our creative hope and response is needed in the here and now; where the parts of our systems and structures have failed, are failing, and is proving insufficient to the thriving of people in our communities.

The Breath Prayer:

[inhale]      “God of Goodness and Hope”

[exhale]      “Creatively shape us as a community”

Closing Prayer for Psalm 27:13:

Lord, we pray that we would see the Goodness of who you are in the land of the living, in our communities of the here and now. May you allow creative hope to shape who we can be as a community.

