

**Seattle Pacific University**  
**MS-MFT / MDiv Dual-Degree Program**  
**4-Year Full-Time Example Tracking Sheet (note: 4 years is the minimum)**  
**Updated: April 9, 2020**

<b>REQUIRED COURSES:</b>	<b>DAYS</b>	<b>TIMES</b>	<b>Notes:</b>
<b>Autumn 1</b>			16 cr.
<input type="checkbox"/> THEO 6001 Christian Formation in Discipleship (2)	Sept.		
<input type="checkbox"/> MFT 6200 History, Systems, & Christian Pers. (3)	W	1:00-4:30	Counts as THEO elective
<input type="checkbox"/> MFT 6300 Theories of MFT I (3)	M	5:30-8:30	
<input type="checkbox"/> MFT 6100 Social Ecology of Family (3)	W	5:30-8:30	Counts as THEO elective
<input type="checkbox"/> THEO 6020 Global Christian Heritage-1 (3)	T	6-8:30	
<input type="checkbox"/> THEO 6930 Graduate Core Practicum (2)	Arr.		
<b>Winter 1</b>			14 cr.
<input type="checkbox"/> MFT 6600 Psychopathology & Family Systems (3)	M	5:30-8:30	Counts as THEO elective
<input type="checkbox"/> MFT 6303 Theories of MFT II (3)	W	1:30-4:30	
<input type="checkbox"/> MFT 6301 Becoming a Systems Therapist (3)	W	5:30-8:30	
<input type="checkbox"/> THEO 6050 Global Christian Heritage-2 (3)	T	6-8:30	
<input type="checkbox"/> THEO 6930 Graduate Core Practicum (2)	Arr.		
<b>Spring 1</b>			10 cr.
<input type="checkbox"/> MFT 6220 Gender Perspectives & Fam. Therapy (2)	M	5:30-8:30	
<input type="checkbox"/> MFT 6810 Issues, Ethics, & Law(3)	W	5:30-8:30	
<input type="checkbox"/> THEO 6080 Global Christian Heritage-3 (3)	T	6-8:30	
<input type="checkbox"/> THEO 6930 Graduate Core Practicum (2)	Arr.		
<b>Summer 1</b>			3 cr.
<input type="checkbox"/> MFT 6641 Treatment of Young Children and Family (1)	M,W	5:30-8:50	Counts as THEO elective
<input type="checkbox"/> MFT 6642 Treatment of Adolescents and Family (1)	M,W	5:30-8:50	Counts as THEO elective
<input type="checkbox"/> MFT 6643 Parenting and Treatment of Children (1)	M,W	5:30-8:50	Counts as THEO elective
<b>Autumn 2</b>			13 cr.
<input type="checkbox"/> THEO 6002 Christian Formation in Mission: (2)	Sept.		
<input type="checkbox"/> MFT 6610 Treatment of Abusive Systems (3)	T	2:00-5:00	Counts as THEO elective
<input type="checkbox"/> THEO 6030 Theology/Ethics-1 (3)	TH	6-8:30	
<input type="checkbox"/> MFT 6811 Ethical Issues & Crisis Intervention (2)	M	3:00-5:00	
<input type="checkbox"/> THEO course (ex: THEO 6710: Intro to Practical Theology) (3)			
<b>Winter 2</b>			12 cr.
<input type="checkbox"/> MFT 6410 Treatment of Couples (3)	T	2:00-5:00	
<input type="checkbox"/> THEO 6060 Theology/Ethics-2 (3)	TH	6:00-8:30	
<input type="checkbox"/> THEO course (ex. 6512: Reconciliation and Intercultural Studies) (3)			
<input type="checkbox"/> THEO course (ex. 6610: Encounter with Other Faiths) (3)			

<b>Spring 2</b>			12 cr.
<input type="checkbox"/> MFT 6620 Assessment in Family therapy (3)	W	1:30-4:30	
<input type="checkbox"/> THEO course (ex. 6730: Family and Student Ministry) (3)			
<input type="checkbox"/> THEO 6090 Theology/Ethics-3 (3)	TH	6:00-8:30	
<input type="checkbox"/> THEO course (ex. THEO 6403: Theology of Christian Worship) (3)			
<b>Summer 2</b>			4 cr.
<input type="checkbox"/> MFT 6401 Group Therapy I (1)	1 wkend		
<input type="checkbox"/> THEO course (ex. THEO 6744: Ministerial Leadership) (3)			
<b>Autumn 3</b>			13 cr.
<input type="checkbox"/> MFT 6210 Multicultural Issues in Family Therapy (3)	TH	5:30-7:30	Counts as THEO elective
<input type="checkbox"/> THEO course (ex. THEO 6412: Leading and Designing Congregational Worship) (3)			
<input type="checkbox"/> THEO 6010 Bible-1 (3)	M	6:8:30	
<input type="checkbox"/> MFT 6933 Clinical Practicum 1 (1)	M	2:00-3:00	
<input type="checkbox"/> MFT 6630 Psychopharmacology, Physiology & Medical Issues (3)	T	5:30-8:30	
<b>Winter 3</b>			11 cr.
<input type="checkbox"/> THEO 6040 Bible-2 (3)	M	6:00-8:30	
<input type="checkbox"/> MFT 6110 Human Sexuality (3)	TH	5:30-8:30	Counts as THEO elective
<input type="checkbox"/> THEO course (ex. THEO 6720: Vocational Discernment) (3)			
<input type="checkbox"/> MFT 6934 Clinical Practicum II (2)	M	2:00-5:00	Counts as THEO Con Ed req.
<b>Spring 3</b>			11 cr.
<input type="checkbox"/> MFT 6935 Clinical Practicum III (2)	M	2:00-5:00	Counts as THEO Con Ed req.
<input type="checkbox"/> THEO course (ex. THEO 6510: Theo, Race, and Culture) (3)			
<input type="checkbox"/> THEO course (ex. 6743: Pastoral Care and Counseling) (3)			Counts as MFT 2-unit elective
<input type="checkbox"/> THEO 6070 Bible-3 (3)	M	6:00-8:30	
<b>Summer 3</b>			5 cr.
<input type="checkbox"/> THEO course (ex. Scripture elective) (3)			
<input type="checkbox"/> MFT 6936 Clinical Practicum IV (2)	M	1:30-4:30	Counts as THEO Con Ed req.
<b>Autumn 4</b>			7 cr.
<input type="checkbox"/> THEO 6003 Integrating Academy, Abbey, and Apostolate (2)			
<input type="checkbox"/> MFT 6937 Clinical Practicum V (2)	TH	2:00-5:00	
<input type="checkbox"/> THEO course (ex. Scripture elective) (3)			
<b>Winter 4</b>			8 cr.
<input type="checkbox"/> THEO course (ex. THEO 6740: Preaching) (3)			
<input type="checkbox"/> MFT 6700 Graduate Research I (3)	TH	5:30-8:30	
<input type="checkbox"/> MFT 6938 Clinical Practicum VI (2)	TH	2:00-5:00	
<b>Spring 4</b>			5 cr.
<input type="checkbox"/> MFT 6939 Clinical Practicum VII (2)	TH	2:00-5:00	
<input type="checkbox"/> MFT 6710 Graduate Research II (1)	T	2:00-4:30	
<input type="checkbox"/> MFT 6402 Group Therapy II (2)	TH	5:30-7:30	

Students must also complete 2 additional credits of MFT electives in the quarter(s) of their choosing. This example schedule frontloads the MFT coursework in the first year. Students should talk with MFT advisors about reconfiguring their schedule to best fit their situations.

## Notes

This “example” tracking sheet lists the courses needed to complete both the Master of Divinity (MDiv) degree at Seattle Pacific Seminary and the Master of Science in Marriage and Family Therapy in the SPU School of Psychology, Family and Community. The quarters, days of the week and times of day that specific courses are offered may, however, vary from year to year. Moreover, students may elect to take a different credit load quarter by quarter than is shown here. Also, students must be accepted into each program separately, and may in some cases begin the second program a year or more later than the first. Accordingly, the actual sequence in which a given student takes the required courses for the two degrees, and the actual “calendar time” it takes that student to complete those two degrees, may vary considerably from this model.

THEO courses are offered as examples of all of the required courses, but listed in parentheses because the quarters in which these courses are scheduled vary depending on the year. However, students should assume that the courses listed in parentheses will be offered every other academic year.

The MDiv degree requires 108 quarter credits of course work. The MS-MFT requires 70 credits of coursework.

But in the dual-degree configuration shown here, a student can complete both degrees by taking, not a minimum of 178 credits of coursework, but as few as 149. 21 of the required credits of interdisciplinary and elective courses for the MDiv can be fulfilled by MFT courses. Furthermore, the MFT Practicum fulfills the MDiv Contextual Education requirement (6 credits), and one THEO elective (THEO 6743: Pastoral Care and Counseling) fulfills a 2-credit MFT elective.