

Nationally Accredited
**MASTER'S DEGREE IN
MARRIAGE AND FAMILY THERAPY**

**WHAT IF YOU
COULD FIND
EVERYTHING YOU
WANTED IN A
MARRIAGE AND
FAMILY THERAPY
PROGRAM?**

**YOU CAN AT
SEATTLE PACIFIC
UNIVERSITY**

**SPU IS
NATIONALLY RANKED
BY U.S. NEWS
& WORLD REPORT**
(see inside)





**SPU ranked by *U.S. News
& World Report* as a
“Best National University”**

Seattle Pacific University is the only private university in the Pacific Northwest to make the 2018 *U.S. News and World Report*’s Best National Universities list. SPU joins the University of Washington and Washington State University as one of the only three institutions from Washington state named to the magazine’s list.

**MARRIAGE AND FAMILY THERAPY
AT SEATTLE PACIFIC UNIVERSITY**

What do you want most in a marriage and family therapy master’s degree program?

Rigorous academics? Collaborative learning?
Community internships? Supportive faculty?
Professional mentoring? Spiritual exploration?

Seattle Pacific University’s MS in Marriage and Family Therapy (MFT) has all of these, including outstanding professional training and something equally essential: through an invigorating, collaborative learning process with fellow students and mentoring faculty, you’ll discover the heart and fabric of who you are. We call it *the self of the therapist*: a process of understanding your own story and development so that you come to understand another’s journey and process – the contexts, challenges, and breakthroughs that can lead to healing.

MFT PROGRAM FEATURES

At SPU, you'll experience a nationally accredited program offering:

- A proven cohort learning model integrating theory, research, and practice through deepening give-and-take discoveries of trusted peer relationships;
- Experienced, engaging faculty whose caring tenacity for your growth and learning will challenge the quality of your thinking, sharpen your skills, and influence your character and relationships;
- Principled, guiding values of openness, respect, curiosity, and accountability, and a holistic view of clinical care, rooted in the Judeo-Christian tradition, which recognizes and embraces unique spiritual journeys;

- Strategic, clinically based internships, thoughtfully selected by MFT faculty, that offer invaluable clinical experience; and
- A clinical portfolio, including an in-depth presentation of your theory-into-practice clinical work that culminates your competency-based training.

PROFESSIONAL OPPORTUNITIES

The SPU MFT degree leads to a variety of exciting career choices in the field.

Career-minded MFT graduates are skilled in providing professional assessment, diagnosis, and treatment of family and individual issues. They are trained to enter supervised clinical practice and work with individuals, couples, families, and groups in such settings as:

- **Mental health organizations**
- **Schools, universities, and other educational settings**
- **Private psychotherapy**
- **Outpatient medical clinics and hospitals**

MFT DEGREE OPTIONS

Medical Family Therapy

SPU also offers a certificate in medical family therapy (MedFT) that can be incorporated into the standard MFT curriculum. Students in the MedFT certificate track enroll in a two-year course sequence that includes six additional seminar courses and a second practicum experience (autumn through summer) in an outpatient medical setting.

The MedFT certificate prepares graduates to serve as state-certified/licensed psychologists, marriage and family therapists, mental health counselors, and social workers. Upon completion of the certificate, they are

equipped to provide medical family therapy in out-patient medical clinics, and in-patient hospital and hospice settings.

The MedFT certificate prepares graduates to provide psychosocial and spiritual services in a healthcare environment to those suffering with illness. They become part of the fast-emerging field of “whole” healthcare and a key member of the medical team.

Dual degree programs: Marriage and Family Therapy and Theology

There is an increasing demand for church and parachurch ministries to require both clinical licensure and denominational ordination. To meet that need, faculty members in the MFT program have partnered with the School of Theology to offer two dual degrees: MS/MFT and MA in Theology, and MS/MFT and MDiv. Both dual degrees prepare students to serve in church positions that incorporate the roles of pastor and therapist, such as a pastor for family ministries, an inner-city missionary to homeless families, or a therapist within a church counseling center.

“The professional staff at my internship site, and our faculty, have treated me like a peer.

I COULDN'T HAVE ASKED FOR A BETTER PRACTICAL EXPERIENCE.”

Caitlin Bauermeister '13



“THE FACULTY ARE EXTRAORDINARY AND THEY CARE DEEPLY ABOUT OUR SUCCESS.

You don't go unrecognized here.”

Daniel Arteaga '18

“As a wife and mother of two, I never imagined how invaluable the program would be for me in raising our own kids, as well as

PREPARING ME FOR MY WORK AS A THERAPIST.”

Dani Ruthfield '13



“EXPLORING AND KNOWING MY OWN STORY –

a distinctive strength and focus of the MFT program – has significantly shaped how I encourage my clients to confront their own unique challenges with honesty and self-awareness.”

Arlene Thomas '04



Scott Edwards, PhD
Chair and Associate Professor of
Marriage and Family Therapy



Tina Schermer-Sellers, MFT faculty member and director of the Medical Family Therapy Program, exemplifies the entire MFT faculty in its commitment to students.

“Our promise is to provide you with a high-quality educational and training experience in marriage and family therapy. You will be shaped by our guiding relational values of openness, respect, curiosity, accountability, and a holistic view of clinical care. We value your unique educational, professional, and spiritual journeys and will partner with you as these facets of your life unfold.

MFT FACULTY

Respected for their classroom teaching and clinical experience, our MFT faculty makes a total commitment to every student’s personal growth and professional future.

Hee-Sun Cheon, PhD
*Assistant Professor of Marriage and Family Therapy
Director of Clinical Training*
BA, Hanyang University in Korea, 1998
MA, Kansas State University, 2000
PhD, Iowa State University
At SPU since 2011

Scott Edwards, PhD
Chair and Associate Professor of Marriage and Family Therapy
BA, Cornell University, 1991
MS, Auburn University, 1996
PhD, Virginia Polytechnic Institute and State University, 2001
At SPU since 2001

Don MacDonald, PhD
Professor of Marriage and Family Therapy
BA, University of Texas, 1972
MS, Indiana University, 1973
PhD, Michigan State University, 1984
At SPU Since 1980

Peter Rivera, PhD
*Assistant Professor of Marriage and Family Therapy
Director of Internships*
BS, Central Washington University, 2010
MS, Seattle Pacific University, 2012
PhD, Florida State University, 2016
At SPU since 2017

Tina Schermer-Sellers, PhD
*Director of Medical Family Therapy Program
Instructor of Marriage and Family Therapy*
BA, San Diego State University, 1982
MS, Seattle Pacific University, 1991
PhD, Institute for the Advanced Study of Human Sexuality, 2012
At SPU since 1992

REQUIREMENTS FOR ADMISSION

For admission to Seattle Pacific University’s Marriage and Family Therapy program, please submit the following items:

- Online application (\$50 fee)
- Official transcripts from each college/university attended (a minimum 3.0 undergraduate GPA is preferred for admission)
- GRE scores — preferred minimum 293 combined verbal and quantitative reasoning from revised GRE test. (If taken prior to 8/11/11, preferred minimum 950 combined verbal and quantitative reasoning.)

OR:

Miller Analogies Test (MAT) score (preferred minimum 388 scaled score)

- Three letters of recommendation

- Personal statement

- Résumé

- International Students: In addition to the above items, please submit:
 - o TOEFL score (preferred minimum 550 paper-based; 80 computer-based)
 - o Official statement of financial support

Medical Family Therapy Certificate:
For admission to the Medical Family Therapy Certificate (MedFT) program, please visit **spu.edu/medft**.

PROGRAM SEQUENCE

Your courses (based on this two-year, full-time schedule) follow a carefully thought-out sequence that integrates your personal growth and clinical competence. A total of 70 quarter credits is required to complete the program.

| AUTUMN ONE (12 credits) | |
|-------------------------|--|
| MFT 6100 | Social Ecology of Family (3) |
| MFT 6200 | History, Systems, and Christian Perspectives (3) |
| MFT 6300 | Theories of MFT I (3) |
| MFT 6811 | Ethical Issues and Crisis Intervention (2) |
| MFT 6933 | Clinical Practicum I (1) |

| WINTER ONE (11 credits) | |
|-------------------------|--|
| MFT 6600 | Psychopathology and Family Systems (3) |
| MFT 6301 | Becoming a Systems Therapist (3) |
| MFT 6303 | Theories of MFT II (3) |
| MFT 6934 | Clinical Practicum II (2) |

| SPRING ONE (10 credits) | |
|-------------------------|--|
| MFT 6220 | Gender Perspectives and Family Therapy (2) |
| MFT 6620 | Assessment and Testing in Family Therapy (3) |
| MFT 6810 | Issues, Ethics, and Law (3) |
| MFT 6935 | Clinical Practicum III (2) |

| SUMMER ONE (8 credits) | |
|------------------------|--|
| MFT 6641 | Treatment of Young Children and Families (1) |
| MFT 6642 | Treatment of Adolescents and Families (1) |
| MFT 6643 | Parenting and the Treatment of Families (1) |
| MFT 6936 | Clinical Practicum IV (2) |
| MFT 6401 | Group Therapy I (1) |

| Plus one of the following: | |
|----------------------------|---------------------------------------|
| MFT 6310 | Brief Family Therapy (2) |
| MFT 6340 | Experiential Therapy (2) |
| MFT 6350 | Narrative Family Therapy (2) |
| MFT 6360 | Advanced Bowen Theory and Therapy (2) |
| MFT 6370 | Internal Family Systems (2) |

| AUTUMN TWO (11 credits) | |
|-------------------------|--|
| MFT 6210 | Multicultural Issues in Family Therapy (3) |
| MFT 6610 | Treatment of Abusive Systems (3) |
| MFT 6630 | Psychopharmacology, Physiology, and Medical Issues (3) |
| MFT 6937 | Clinical Practicum V (2) |

| WINTER TWO (10 credits) | |
|-------------------------|---------------------------|
| MFT 6402 | Group Therapy II (2) |
| MFT 6410 | Treatment of Couples (3) |
| MFT 6700 | Graduate Research I (3) |
| MFT 6938 | Clinical Practicum VI (2) |

| SPRING TWO (8 credits) | |
|------------------------|----------------------------|
| MFT 6110 | Human Sexuality (3) |
| MFT 6939 | Clinical Practicum VII (2) |
| MFT 6710 | Graduate Research II (1) |

Plus one of the following:
An MFT elective of the student’s choice (2)

TOTAL PROGRAM CREDITS: 70

Classes typically meet 1:30–8:30 p.m., Mon. and Wed. (first year); Tues. and Thurs. (second year).

Core curriculum and electives are based on the AAMFT/COAMFTE competency-based training guidelines. In addition to coursework, MFT internships take approximately 15 to 20 hours a week over the course of 18–21 months.

Full-time employment is discouraged for those who intend to pursue the two-year program, yet may be possible for those pursuing the three-year program. Part-time employment is most feasible.

Visit **spu.edu/mft** for more information.

SPECTACULAR NATURAL BEAUTY

combined with diverse cultural and professional opportunities (including an array of MFT internships) enriches Seattle's reputation as a world-class city and one of the nation's best places to live.

MARRIAGE AND FAMILY THERAPY

Seattle Pacific University
School of Psychology, Family, and Community

Nationally accredited by:

- Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), the MFT profession's primary accrediting organization for Marriage and Family Therapy (AAMFT) training programs
- Northwest Commission on Colleges and Universities

For admissions information, contact:

Graduate Admissions
3307 Third Avenue West, Suite 320
Seattle, WA 98119

Phone: 206-281-2091; 800-601-0603 toll free
gradadmissions@spu.edu

Or visit spu.edu/mft.



Engaging the culture, changing the world®

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