Seattle Pacific University

INTEGRATED STUDIES COURSE CHECKLIST Health & Fitness Concentration

Updated 05/20/2016

NAME:	STUDENT ID#: _		PHONE:				
Expected Graduation: Quarter:	Year		Accepted to Major: Quarte	er	Year		
Advisor Signature/Date:							

LD: Lower Division; UD: Upper Division

CORE COURSES

Qtr Taken	Course	LD	UD	Grade	Qtr Taken	Course	LD	UD	Grade
Language Arts			Social Sciences						
	LIN 2100 Foundations of Lang Study or COM 1101 Interpersonal Communication or COM 1321 Public Speaking	5				GEO 1110 World Regional Geography or POL 1120 American Gov & Politics	5		
	EDRD 3516 Children's Literature or EDRD 3517 Young Adult Literature		3			HIS 2502 The U.S. to 1876 or HIS 2503 The U.S. from 1876	5		
	Course substitution:					Course substitution			
Mathematics			Natural Sciences						
	MAT 1560 Numerical Reasoning	4				BIO 2571 Intro to Biology	5		
	MAT 2561 Statistical and Algebraic Reasoning	4				PHY 2567 Dev Concepts in Phys. Science I	3		
	MAT 3562 Geometric Reasoning		4			PHY 2568 Dev Concepts in Physical Science II	4		
	Course substitution:					Course substitution:			
The Arts				Health & Fitness					
	ART 3546 Art Education		3			HHP 3510 Teaching Physical Education		5	
	MUS 3501 Elementary Music Education		3						
	TRE 3800 Theatre Education		3						
	Course substitution:					Course substitution:			

HEALTH & FITNESS CONCENTRATION COURSES

Qtr Taken	Course	LD	UD	Grade	Qtr Taken	Course	LD	UD	Grade
	FCS 2385 Food and the Consumer	5				HSC 3035 Human Sexuality (3) FCS 3321 Nutrition in the Life Cycle (3) FCS 4460 Work and Families (5) HHP 3545 Programs for Special Populations (3) HHP 4555 Community Health Promotion (3)			
	HHP 1301 Wellness and Physical Activity	3							
	HHP 2195 Philosophy & Rsrch in Health/Phys W	5						8	
	HHP 3555 Methods of Teaching Health		5						
	HHP 3575 Motor Learning and Development		4						
	PSY 2422 Psych Persnl Growth & Civ Devlpm	5				EDU 4899 Teacher as Person – Capstone (2) W		2	
	Course substitution:					(required for certification) or HHP 4899 Cont Issues Health/Phys(5) W		or 5	