

What you can do with a degree in **Food and Nutritional Sciences**



The following is a sample of occupational titles and work settings related to Food and Nutritional Sciences. Keep in mind that career options are not dictated solely by choice of major. Just as there are many careers open to graduates of any major, there are many paths to careers that do not require a specific degree. Use this information as a beginning guide to exploring options.

Sample Job Titles:

- Administrative Dietitian
- Clinical Dietician
- Consultant
- Cook
- Cooperative Extension Specialist
- Dietary Manager
- Dietetic Technician
- Dietician
- Food Editor
- Food Equipment Marketer
- Food Nutrition Journalist
- Food Product Developer
- Food Product Marketer
- Food Scientist or Technologist
- Food Service Administrator
- Food Service Company Dietician
- Food Service Manager
- Food Service Coordinator
- Food Service Director
- Food Service Specialist
- Health & Fitness Educator
- Health & Nutrition Consultant
- Health Educator
- Home Economics Teacher
- Hospital Clinical Dietician
- Laboratory Food Tester
- Nutrition Consultant
- Nutrition Counselor
- Nutrition Journalist
- Nutrition Researcher
- Private Practice Dietician
- Product Developer
- Public Health Nutritionist
- Quality Control Specialist
- Research Dietician
- Retirement Residence Dietitian
- School Food Service Director
- Sports Nutritionist
- University Nutrition Counselor
- Cookbook & Magazine Development
- Packaging Product Development

Possible Professional Settings:

- Camps
- Colleges & Universities
- Community Centers
- Company Cafeterias
- Correctional Facilities
- Daycare Centers
- Diabetes Care Clinics
- Dialysis Centers
- Exercise/Fitness Centers
- Government Agencies
- Recreation Centers
- Health Centers /Clinics
- Health Maintenance Organizations
- Hospitals
- Hotels
- Nursing Care Facilities
- Public Health Departments
- Restaurants
- Public and Private Schools
- Social Service Agencies

Resources:

The following lists are samples of resources available for learning more about majors and careers.

Websites Related to this Field

- Nutrition Jobs: www.nutritionjobs.com
- School Nutrition Association Job Board: <http://careers.schoolnutrition.org>

Professional Associations - Samples

- American Culinary Federation: www.acfchefs.org
- American Dietetic Association: www.eatright.org
- American Society for Nutrition: www.nutrition.org
- The National Association for Health & Fitness: www.physicalfitness.org
- International Confederation of Dietetic Associations: www.internationaldietetics.org

General Career Information

- Occupational Outlook Handbook: www.bls.gov/ooh/
- The Occupational Information Network, (O*Net): www.onetonline.org

SPU Resources

- Department Website: <http://spu.edu/catalog/undergraduate/20167/schools-college/college-of-arts-sciences-stem-social-social-science/family-consumer-sciences/food-nutritional-sciences>
- CCC Website: www.spu.edu/depts/cdc/students/choosmajor/index.asp
- Major & Career Exploration (GS 2001 - 2 credits, offered every quarter)
- Career Counseling: call 206.281.2485 or stop by the Center for Career and Calling on the second floor of the SUB
- Academic Advising: www.spu.edu/depts/sas
- Academic Catalog: www.spu.edu/academics.aspx

** Websites are current as of August 2020. If any go inactive, please let us know.*