

SPU PPHS Program Year Four Roadmap

Summer

- Students should continue their vocational preparation via extracurricular activities, internships, shadowing and volunteering.
- Update your portfolio.

Fall

- Visit PPHS advisor or director to reevaluate plan for personal and professional development.
- Review the [Committee Process](#) and [Application Year](#) pages.
- Take [PPHS 3400](#).
- Continue reading Schurrman's [Vocation: Discerning Our Callings in Life](#) and Charon's [The Principles and Practice of Narrative Medicine](#)
- Attend PPHS workshops.
- Consider enrolling in a Humanities course.
- If going through committee process this year, [register online](#) by December 31.
- If choosing an extended growth period prior to applying, see the [Gap Year](#) pages for guidance.
- Update your portfolio.

Winter

- Consider enrolling in [Sociology 3205: Sociology in Medicine](#) (if not already completed).
- Continue shadowing.
- Continue volunteering with Urban Impact site.
- Continue journaling about your experiences.
- Attend PPHS workshops.
- If going through committee process this year, continue with Application Year instructions.
- Update your portfolio.

Spring

- If applying this year, prepare for interviews, complete secondary application materials.
- Research alternative graduate programs, post-baccalaureate programs, and employment related to your career interests.
- Update your portfolio.