

SPU PPHS Program Year Two Roadmap

Summer

- Find an internship or shadow healthcare professionals in your field of interest.*
- Volunteer in a community-based nonprofit helping underserved populations.*
- Get involved with Child Family Health International (CFHI) community-based [Global Health Education Programs](#).*
- Read ahead on narrative medicine (see [Narrative Medicine: Honoring the Stories of Illness](#) and [The Principles and Practice of Narrative Medicine](#)).
- Practice writing narratives based on your experiences in the clinical environment.
- Update your portfolio.

Fall

- Continue course series (take [PPHS 1800](#)).*
- Read Smith's [Consider Your Calling: Six Questions for Discerning Your Vocation](#).
- Continue to shadow and volunteer.*
- Begin to develop relationships with Biology and Chemistry faculty.
- Commence your research of summer clinical/medical/research internships.
- Update your portfolio.

Winter

- The PPHS director assigns each student an advisor from the PPHS advisory board.
- Schedule a winter or spring meeting with your PPHS advisor.
- Begin to apply to summer internships and other opportunities.
- Continue clinical exposure through local, regional, or national [opportunities](#).
- Update your portfolio.

Spring

- Register for [PPHS 3400](#) (Fall term) if you have permission to apply at the end of third year.
- Check in with Dr. Hunter with questions about your preparation.
- Continue to shadow and volunteer.*
- Expand your research on professional development opportunities.
- Consider enrolling in an English course for the following year..
- Update your portfolio.