

Julia A. Pusztai PhD RN

Degrees

PhD - Loma Linda School of Nursing, Loma Linda, September, 2015

M.S.- Family Mental Health Nursing, Azusa Pacific University, Azusa, 1998

B.S. - Nursing, Azusa Pacific University, Azusa, 1977

Appointments:

Assistant Professor of Nursing, School of Health Sciences: 2016-present

Assistant Professor, School of Nursing, Azusa Pacific University: 2013-2016

Instructor, School of Nursing, Azusa Pacific University: 2007-2013

Adjunct Clinical Instructor and Assistant to the Director of the NWC: 1999-2007

Courses Taught

NUR 5002 Psychiatric-Mental Health Nursing Theory—Fall 2016; Winter 2017

NUR 5007 Psychiatric-Mental Health Nursing Practicum—Fall 2016; Winter 2017

UNRS 410P Community Health Nursing – 1999 to present

GNRS 574P Foundations of Professional Nursing, SCAN – Fall 2005

GNRS 504 Bioethics and Health Care Policy – Fall 2006

UNRS 306 Theoretical Foundations of Nursing- Fall 2009; Spring 2010

UNRS 496 Ethics and Issues in Health Care- Fall 2011, Spring 2012, Spring 2016

Professional Experience:

Registered Nurse, Medical-Surgical Nursing, 1977-1979. Staff RN and relief charge nurse in local community hospital. Served three months as short term missionary at small rural hospital in Shell, Ecuador

Public Health Nurse, Field PHN for Orange and San Bernardino Counties, 1979-1988, 1999-2001. Various roles in PHN specialties such as child sexual abuse, high risk infants, TB and communicable disease follow-up, Spanish speaking case loads, pre- and postnatal care for prison inmates, parenting education for inmates, senior citizen health clinics, school health, SIDS follow-up, child abuse prevention, family health

Assistant to the Director of the Neighborhood Wellness Center, 1999-2007. Assisting in managing and developing the programs and outreach of the center through health assessment, health education and disease prevention, and referral services for drop-in visitors

Clinical Instructor for Community Health Nursing, 1999-2016. Instruction and supervision of senior level community health nursing students at the Neighborhood Wellness Center and other community health settings

Director Neighborhood Wellness Center, 2007-2016. Management of growing and expanding Neighborhood Wellness Center with a focus on disease prevention and health promotion. Involves community partnership development, community presentations on health related topics,

collaboration with city of Azusa, school district, and other community organizations for health & wellness promotion and programming

Research:

Dissertation: *The Lived Experience of Aging: Listening to the Oldest-Old.*

Committee: Betty Winslow, Patricia Jones, Lana Kanacki - Loma Linda University

Consultant: Lee Smith Battle - St. Louis University, August 24, 2015

Professional/Scholarly Presentations

Presenter- *Decades of Making a Difference*, Sigma Theta Tau Induction Ceremony, April 20, 2007.

Poster Presentation- *Maintaining Well-being in the face of the Multiple, Varied, and Cumulative Losses of Aging: A Pilot Study*, Western Institute of Nursing Conference, Salt Lake City, Utah, April 2009.

Presenter- “Nursing Students, Community Health, & Disease Prevention”: *Reciprocity and urban health in an immigrant community: bridging the town/gown divide through academic service-learning*. Urban Affairs Association Conference. Honolulu, HI., March, 2010.

Research Paper Presentation- *Predictors of life satisfaction in people 80 years of age and older*. Western Institute of Nursing, Glendale, AZ, April 2010.

Presenter- “Nursing Students, Community Health, & Disease Prevention”: *Reciprocity and urban health in an immigrant community: bridging the town/gown divide through academic service-learning*. Regional Gathering of the California Campus Compact, Azusa, CA, January 2011.

Group Presentation (Lead)- *Meeting the Spiritual and Emotional Needs of Residents of the City of Azusa through Community Wellness Centers run by Nursing Faculty, Staff, and Students in Collaboration with the YMCA*. Common Day of Learning: Seeking Wisdom from Above. Azusa Pacific University, March 2, 2011.

Poster Presentation- *Tug-of-War: Placement Decision-Making for Family Members with Alzheimer’s*, Western Institute of Nursing, Las Vegas, NV, April 2011 (Finalist).

Poster Presentation- *Tug-of-War: Placement Decision-Making for Family Members with Alzheimer’s*, Loma Linda School of Nursing Research Conference, May 2011 (Finalist)

Podium Presentation- *Community-Based Wellness Center: Getting People to Move*, 23rd International Nursing Research Congress, Honor Society of Nursing, Sigma Theta Tau International. Brisbane Australia, August 2012 (Catherine Heinlein- 2nd; Anna Hefner- 3rd).

2nd Presenter, Podium Presentation –Community Awareness: Nutritional Patterns, 23rd International Nursing Research Congress, Honor Society of Nursing, Sigma Theta Tau International. Brisbane Australia, August 2012 (Anna Hefner- 1st; Catherine Heinlein- 3rd).

Interdisciplinary Oral Presentation- *The Heart of Healthy Aging: An Interdisciplinary Response: My heart and journey with the oldest-old among us.* Common Day of Learning: Give me an understanding heart. Azusa Pacific University, March 6, 2013. (Brian Eck, Adria Navarro, Rosario Sakamoto, Elwin Tobing).

Poster Presentation- *Living with Aging: The Experiences of the Oldest-Old.* 46th Annual Communicating Nursing Research Conference: Western Institute of Nursing. Anaheim, CA, April 10, 2013.

Interdisciplinary Oral Presentation: *Care and Compassion for the Aged and their Caregivers: An interdisciplinary Response: My Care and Compassion for the Oldest Old: Research and Practice.* Common Day of Learning. Azusa Pacific University, March 4, 2014. (Adria Navarro).

Poster Presentation: *Listening to the Oldest-Old: A Continuing Need.* 47th Annual Communicating Nursing Research Conference: Western Institute of Nursing. Seattle, WA, April 10, 2014.

Podium Presentation: *As They are Living It: Access to Meaning & Purpose for the Oldest-Old.* 48th Annual Communicating Nursing Research Conference: Albuquerque, NM, April 24, 2015.

Invited Panelist: YWCA Summer Forum *Roadmaps & Intersections: Accelerating Toward Healthier Communities.* June 18, 2015.

Dissertation Defense: *The Lived Experience of Aging: Listening to the Oldest-Old.* Committee: Betty Winslow, Patricia Jones, Lana Kanacki - Loma Linda University
Consultant: Lee Smith Battle - St. Louis University; August 24, 2015

Keynote: Azusa Pacific University School of Nursing Pinning Ceremony: “*Dare to Open the Door.*” December 18, 2015.

Podium Presentation: *Engaging the Oldest-Old: Learning About Their Challenges to Independence.* 49th Annual Communicating Nursing research Conference. Anaheim, CA, April 8, 2016.

Podium Presentation: *Listening to the Oldest-Old: Varied Meanings of Spirituality in the Experience of Aging.* 17th Annual Evidence-based Practice & Nursing Research Conference. Loma Linda, CA, May 12, 2016.

Poster Presentation: *As They are Living It: The Experience of Meaning and Purpose of the Oldest-Old.* 5th Annual Elder Friendly Futures Conference. University of Washington, Lynwood, WA. September 16, 2016.

Podium Presentation: *When the Body Speaks: Living with the Aging Body in Oldest-Old Age.* Qualitative Health Research Conference 2016. University of Alberta. Kelowna, Canada. October 17, 2016.

Grants Received:

Canyon City Foundation, September 2008- June 2009. *Neighbor-to-Neighbor/HELP*, \$13,885.95.

Canyon City Foundation, January 2010 through January 2012. *N2N, Azusa Walks, Valleydale Expansion, and Be A Walker Programs*. \$25,000.

Canyon City Foundation, August, 2011. *Cal Safe Program Collaboration*. \$2,000.

Kaiser Permanente Baldwin Park, January 2010: *Neighbor-to-Neighbor/HELP*. \$8,000.

Kaiser Permanente Baldwin Park, January 2011: *Neighbor-to-Neighbor/HELP Expansion Program*. \$6,000.

Kaiser Permanente Baldwin Park, May 2012: *Let's Start at the Very Beginning*. \$7,500.

Kaiser Permanente Baldwin Park, May 2013: *Let's Start at the Very Beginning-2*. \$5,000.

City of Hope, August 2015: *Health Promotion—Disease Prevention*- \$5,000.

Canyon City Foundation, October 2015: *Health Promotion—Disease Prevention (HPDP)* – \$8,600

City of Hope, August 2016: *Wellness Opportunities for Healthy Living*. \$5,000.

Awards and Honors:

First Year Outstanding Student Award: 1996 Azusa Pacific University

California Park and Recreation Society, District 13: 2013 Community Service Award

YWCA of San Gabriel Valley: 2014 Women of Achievement Award in Health Care, October 2014.

Nomination: Chase Sawtell Inspirational Faculty Award: Azusa Pacific University. 2015

Dean's Award: Doctor of Philosophy Program. Loma Linda University School of Nursing. June 12, 2016.

Difference Maker Award: For Alumni Community Service. Azusa Pacific University School of Nursing. September 24, 2016.