

Curriculum Vitae

Lena Hristova, DNP, ARNP, AGCNS-BC, CNE, OCN, CMSRN

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Academic Preparation

2013	Doctor of Nursing Practice University of Washington, Seattle, WA
2011	Post-Master Graduate Certificate in Nursing Education University of Washington, Seattle WA
2009	Master of Nursing University of Washington-Bothell, Seattle WA
2007	Bachelor of Science in Nursing University of Washington-Bothell, Seattle, WA
2006	Associate Degree in Nursing Everett Community College, Everett, WA
1999	Pharmacy Technician Certificate North Seattle Community College, Seattle, WA
1995	Bachelor of Science in Pharmacy Medical University, Sofia, Bulgaria

Licensure and Credentials

2018-Present	Advanced Registered Nurse Practitioner-Clinical Nurse Specialist, State of WA
2006-Present	Registered Nurse, State of WA
2018-Present	Adult-Gerontology Clinical Nurse Specialist, ANCC
2018-Present	Certified Professional Development Specialist, ANCC
2011-Present	Certified Nurse Educator, NLN
2009-Present	Oncology Certified Nurse, ONS
2009-Present	Certified Medical Surgical Nurse, AASN
2007-Present	Chemotherapy and Biotherapy Certified, ONS
2007-Present	Basic Life Support Certified, AHA

Professional Experience

2020-Present	School of Health Sciences, Seattle Pacific University Interim Associate Dean, Undergraduate Nursing
2018-Present	School of Health Sciences, Seattle Pacific University Associate Professor of Nursing
2019-Present	Renton Technical College Accreditation Consultant for Nursing
2018-Present	Kaplan Inc. Adjunct Faculty
2015-Present	University of Washington-Bothell Affiliated Faculty
2017-2018	Virginia Mason Health Systems Director, Clinical Practice Integration
2015-2017	North Seattle College, Seattle, WA Associate Dean of Nursing

2014-2015	North Seattle College, Seattle, Interim Associate Dean of Nursing
2008-2017	North Seattle College, Seattle, WA Nursing Faculty, Tenured
2013-2017	North Seattle College, Seattle, WA Director, Nursing Assistant Program
2007-2012	Swedish Medical Center-Edmonds, Edmonds, WA Charge Nurse, Oncology-Surgical Unit
2006-2007	Swedish Medical Center-Edmonds, Edmonds, WA Staff Nurse, Oncology-Surgical Unit

Academic and Clinical Practice Projects (Selected)

Seattle Pacific University

- ✓ Development and Implementation of Concept Based Curriculum in Nursing
- ✓ Diversity and Readiness Assessment of School of Health Science
- ✓ Development of Remote/Online Learning in Nursing
- ✓ Revision of Medication Safety Administration in Undergraduate Nursing Curriculum

University of Washington-Bothell

- ✓ Formative evaluation of the RN to BSN curriculum utilizing student feedback

Seattle Colleges District

- ✓ Development of ADN-DTA-MRP Nursing Curriculum and implementation across the district
- ✓ Development of RN-to-BSN Nursing Curriculum
- ✓ Integration of all three Seattle Colleges District Nursing Programs

North Seattle College

- ✓ Preparation for national re-accreditation visit and affirmation of ACEN full accreditation.
- ✓ Management of multiple grants such as Department of Labor II Grant (\$1.5 million); The Health Careers for All (HCA) (\$1.4 million) & Hospital Employees Education and Training (HEET)
- ✓ Establishment of cooperative agreements with University of Washington-Bothell (UW-B), University of Washington- Tacoma (UW-T) and Olympic College (OC).
- ✓ Engagement of the college campus community to create a climate of inclusion, social justice, equity, access for underserved students and student retention.
- ✓ Development of a Simulation Laboratory and integration of simulation pedagogy into nursing
- ✓ Development of Interprofessional Simulation Program
- ✓ Preparation and Achievement of a full ACEN accreditation for the Nursing Program
- ✓ Development of NURS 340, Care Coordination and Quality Nursing Care
- ✓ Development of NURS 400, Healthcare Inequities
- ✓ Development of NUR 223, Advance Nursing Skills for LPN to RN curriculum
- ✓ Development of NUR 104, Nurse Delegation for Nursing Assistant

Virginia Mason

- ✓ Revision of Graduate RN Residency Transition to Practice Program
- ✓ Revision of Nurse Preceptor/Coach Program

Seattle Cancer Care Alliance

- ✓ Development of an education program for patients with reoccurring acute myeloid leukemia receiving treatment in outpatient center

Swedish Medical Center-Edmonds (formally known as Steven's Hospital)

- ✓ Development of a teaching project for Educational Services called, Safe Handling of Chemotherapy Ensuring Compliance through Education.
- ✓ Development of a teaching program for oncology nurses called, What do I need to know to care for patients with permanent stoma
- ✓ Development of a teaching program on diversity for staff nurses called, One book at the time, one nurse at the time to make a difference

Publications and Presentations (Selected)

2020	Western Institute of Nursing, Portland, OR
2019	Iggy's Workshop -New Generation of NCLEX, Dallas, TX
2018	Action Now! Summit, Olympia, WA
2018	Virginia Mason, Implementation of Lippincott Products, Seattle, WA
2017	Action Now! Summit, Olympia, WA
2012	Mosby's Faculty Development Institute, Las Vegas, Nevada
2009	Virginia Henderson International Nursing Library, Student Voices: Content Analysis of RN to BSN Program Report Data
2009	Western Institute of Nursing, Salt Lake, UT
2009	Annual Cardiovascular Institute, Providence Medical Center, Everett, WA

Professional Development (Selected)

2020	Race and Pedagogy, Seattle Pacific University
2020	DB Productions of NW, AR Inc. Remote Teaching and Learning, on-line series
2020	Seattle Pacific University New Faculty Seminar, Seattle, WA
2019	Iggy's Workshop: New Generation of NCLEX, Dallas, TX
2019	Diversity 101, Seattle Pacific University, Seattle, WA
2019	University of Washington Annual Nurse Educator Conference, Seattle, WA
2019	Magna Publications, Infusion Critical Thinking into Your Courses, on-line course
2019	Seattle Pacific University, Active Learning in the Classroom, Seattle, WA
2018	Seattle Pacific University, Teaching and Learning Essential Series, Seattle, WA
2017	Virginia Mason Production System for Leaders, Seattle, WA
2017	ANPD Certification Preparation Course, Seattle, WA
2017	CALNOC National Symposium, Seattle, WA
2017	Iggy's Workshop: teaching in an RN-B Curriculum, Seattle, WA
2017	Community Colleges Mentoring Workshop, Everett, WA
2016	Annual Leadership Summit for Acute Care Nursing, Seattle, WA
2016	End of Life Nursing Education Consortium, Boise, ID
2016	North Seattle College Safe Zone Training for Leaders, Seattle, WA
2016	ACEN Workshop of Nurse Administrators, Atlanta, GA
2015	NCLEX Camp for Nurse Educators, Seattle, WA
2015	University of Washington Nurse Educator Conference, Lynnwood, WA
2015	Washington Center for Nursing Diversity Workshop, Tacoma, WA
2015	ACEN Self- Study Form, Atlanta, GA
2015	North Seattle College Leadership Institute, Seattle, WA
2014	Nurse Simulation Instructor Course, Seattle, WA

Awards and Honors

2020	Diversity Readiness Evaluation (DRE) Grant
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2013 HRSA Nurse Faculty Repayment Program
2011 Tenured Faculty Award, Seattle Colleges
2003 HEET Grant

Professional Affiliations

2015-Present Council for Nursing Education of Washington State
2008-Present Sigma Theta Tau International Honor Society
2010-Present National League of Nursing
2016-Present Washington Center for Nursing,
2016-Present Accreditation Commission for Nurse Education
2017-Present Association for Nursing Professional Development
2019-Present Health Enriched by Art, Non-profit
2009-Present Academy of Medical-Surgical Nursing
2007-Present Oncology Nursing Society
2010 -Present Washington State Chapter for Clinical Nurse Specialists

Academic Service

Accreditation Commission for Education in Nursing

2017 -Present Peer Evaluator

Seattle Pacific University

2020-Present Interim Associate Dean, Undergraduate Nursing
Undergraduate Nursing Council, Chair
Undergraduate Nursing Admissions Committee, Chair
2019-Present Rigor and Equity Taskforce
Undergraduate Nursing Admission Committee
Diversity Readiness Committee
TEAM STEPPS Steering Committee
Ad Hoc SHS Appeal Committee, Chair
Faculty Wesleyan Group

University of Washington Bothell

2015- Present Curricular and Educational Policies Board, Member

Seattle Colleges District

2015-2017 North Seattle College, Associate Dean of Nursing
North Seattle College Instructional Council, Member
North Seattle College Assessment Committee, Member
Seattle Colleges District Management Team, Member
Seattle Colleges District Faculty Development Committee, Member
Opportunity Center for Employment and Education Integration Committee
Nursing Faculty Assembly, Chair
Nursing Curriculum and Evaluation Committee, Chair
Nursing Admission and Retention Committee, Chair
Nursing Faculty Search Committee, Chair

Community Service

2016-Present Washington Center for Nursing, Executive Board Member
2019-Present Health Enriched by Art, Non- profit, Executive Board Member

2016-Present	Washington Center for Nursing, Diversity Committee Member
2016-Present	Washington Center for Nursing, ARNP Committee Member
2001-Present	Bulgarian Cultural and Heritage Center
2017-2019	Action Now! Steering Committee Member
2015-2017	Clinical Placement Northwest, Nominating Committee Member

Languages Spoken

English	Fluent in speaking, reading and writing
Bulgarian	Fluent in speaking, reading and writing
Russian	Fluent in speaking, reading and writing

Courses Taught

Seattle Pacific University

Graduate Level

NUR 7995 DNP SCHOLARLY PROJECT PROPOSAL: The Doctor of Nursing Practice (DNP) project exemplifies scholarship of advanced nursing practice for the DNP student. Students will synthesize, integrate and translate newly acquired knowledge and skills from previous DNP courses. Translational research methods and implementation and dissemination sciences are foundational to the project. This is the first in a sequence of courses guiding the development and dissemination of a scholarly work that contributes to evidence-based practice in a nursing specialty. Emphasis for this course will be on proposal development.

NUR 7996 DNP SCHOLARLY PROJECT: This course continues the process of the Doctor of Nursing Practice (DNP) project as described in the DNP Scholarly Project Proposal course. Emphasis will be on the implementation, evaluation, sustainability, and dissemination of the project. Conducted under the guidance of a faculty advisor. Variable credit with minimum requirement of 5 credits total. May be repeated for credit up to 12 credits.

NUR 7997 DNP SCHOLARLY PROJECT CONTINUED: This course is the culmination of the Doctor of Nursing Practice (DNP) Scholarly Project. Emphasis will be on deliverables and the dissemination of the project. Conducted under the guidance of a faculty advisor.

Undergraduate Level

NUR 3120 HEALTH AND ILLNESS 2 THEORY: This course introduces new concepts and elaborates on previously examined concepts in the Person-Biophysical and Person-Psychosocial categories. Students will examine the role of the nurse as it applies to the care of individuals with chronic health and illness conditions across the lifespan. Specific concepts introduced include Gas Exchange, Perfusion, and Mood & Affect.

NUR 3121 HEALTH AND ILLNESS 2 PRACTICUM: This course provides experiences in the application of Person-Biophysical and Person-Psychosocial concepts of health and illness to meet the needs of individuals with chronic health conditions across the lifespan. Emphasis will be on the development of practical skills, including assessment of biophysical and psychosocial needs, nursing care to meet identified needs, and safe practice for medication administration. Building on skills learned in prior quarters, students will continue to demonstrate foundational skills within the role of nursing student, for the provision of nursing care in a variety of on-site and off-site settings.

NUR 3952 BASIC NURSING THEORY: An introduction to nursing, covering basic nursing science concepts and an introduction to nursing assessment. The nursing assessment focus is on data collection and nursing diagnosis. Emphasis is with adults in long-term and community setting.

NUR 3953 BASIC NURSING PRACTICUM: Provides experiences in application of the nursing process. Primary and secondary levels of care introduced in long term care and community-based settings.

NUR 3954 NURSING OF ADULTS I THEORY: Concepts of health promotion, health protection, prevention, and managing human responses to physical and mental illness are explored. Pathophysiology, pharmacology, spirituality, and human-diversity issues are integrated. The nursing process is utilized with adults in the context of the family and community-based settings.

NUR 3955 NURSING OF ADULTS I PRACTICUM: Provides experience in application of the nursing process with adults and their families in acute care settings and in community-based settings.
Prerequisites: NUR3952, NUR3953, and current enrollment in NUR3954.

NUR 3957 NURSING OF ADULTS II PRACTICUM: This course provides experience in application of the nursing process with more complex human responses in health and illness contexts for application, including work with adults in selected acute-care and community-based settings. Theory and practicum courses are co-requisites; the minimum grade must be achieved in both courses. If the minimum grade in either course is not achieved, the student must repeat both courses.

NUR 4859 PROFESSIONAL NURSING INTERNSHIP: This course focuses on synthesis of past educational experiences within a variety of acute-care and community settings. Interdisciplinary work, application of leadership skills, and working in partnerships with selected communities provide opportunities to demonstrate effective integration and synthesis of prior learning. Also offered off campus.

UCOL 1000 UNIVERSITY COLLOQUIUM: This course, a weekly discussion-based seminar, introduces first-year college students to learning in an academic community. This colloquium is intended to provide you with information and tools for achieving academic success at SPU. Seminar topics will include specific topic such as complementary and alternative therapies as well as college culture and expectations, balancing various demands on your time, managing stress, planning your academic pathway and courses, working with faculty, and learning about various campus resources. Students will have the opportunity to share their own experiences with one another in these first weeks of their transition to college.