

MARIE L. HOLT

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Education

Leadership Exploration and Development Academy

Coursework completed, May 2016

- Nominated and selected to attend Anne Arundel Medical Center's program to develop transformational leaders from within the organization
- Program project to promote wellbeing and work-life balance through flexible scheduling selected as first place presentation by peers and program mentors

National Institute of First Assistants RNFA Training Program

RNFA Coursework and Clinical Hours Completed, June 2007

University of Maryland, Baltimore, Baltimore, Maryland

Masters of Science, Family Nurse Practitioner Program, December 2003

- Cumulative GPA: 4.0
- Awarded AANP Foundation Scholarship and Federal Traineeship for Advanced Practice Nurses 2002-2003

University of Maryland, Baltimore, Baltimore, Maryland

Bachelor of Science in Nursing, Graduated with Honors, May 2001

- Cumulative GPA: 3.8
- Awarded Sigma Theta Tau International Nursing Honor Society
- Recipient of Maryland State Nursing Scholarship and University of Maryland School of Nursing Scholarship 2000-2001

Davidson College, Davidson, North Carolina

Bachelor of Science in Biology, May 1996

- GPA in Major: 3.5
- Awarded Beta Beta Beta Biological Honor Society Honorary 1995-1996
- Awarded Athletic Scholarship 1992-1996

Experience

Full Time Faculty Graduate Nursing Department

Seattle Pacific University – Seattle, Washington

June 2020 – Present

- Full time teaching load in management, health assessment, and clinical seminar courses within the Doctoral Nurse Practitioner and Clinical Nurse Specialist programs
- Provide mentorship to students through role as Faculty Clinical Assessor

Adjunct Faculty Graduate Nursing Department

Seattle Pacific University – Seattle, Washington

May 2017 – May 2020

- Served as faculty clinical assessor providing mentorship to Doctoral nurse practitioner students
- Instructor for Advanced Health Assessment I, Advanced Health Assessment II and Clinical Reasoning, as well as two independent studies.

Virginia Mason Medical Center

General Internal Medicine – Lynnwood, Washington

January 2018 – Present

- Work within POD based unit supporting four internal medicine physicians and provide primary care for individuals from adolescence through the end of life. This includes assessment, diagnosis and management of acute and complex medical conditions.
- Offer specialized women's healthcare within internal medicine setting including; IUD placement, Nexplanon placement, endometrial biopsies, vulvar biopsies and pessary fittings and maintenance.
- Provide cross coverage and support for the two other POD units based in our regional medical center

Gynecology/Urogynecology Department – Seattle, Washington

July 2016 – December 2017

- Provide routine gynecological care for women across the lifespan including contraception management, routine screening, irregular menses, post-menopausal bleeding, HRT
- Perform procedures including IUD insertion, nexplanon insertion, endometrial biopsy, vulvar biopsy, urodynamic testing
- Partner with urogynecologist to diagnose and manage pelvic floor disorders in partnership with patient

The Women's Center for Pelvic Health at Anne Arundel Medical Center

Hospital Based Group Urogynecology Practice – Annapolis, Maryland

July 2010 – June 2016

- Selected by our medical director to be a member of the practice executive team, as well as provide clinical leadership for other nurse practitioners, nurses, and medical assistants
- Responsible for patient education and counseling for both surgical and non-surgical treatment options related to pelvic organ prolapse and urinary incontinence
- Post-operative surgical management in ambulatory setting
- Non-surgical management of pelvic organ prolapse, urinary incontinence, recurrent urinary tract infections, and interstitial cystitis
- Highly proficient with pessary fitting and management, pelvic floor training, medical management of overactive bladder, posterior tibial nerve stimulation and urodynamics

Minute Clinic

Retail Based, Nurse Practitioner Operated Clinic - Annapolis, Maryland

May 2008 – October 2009

- Independent diagnosis and treatment of acute family illnesses in a busy, fast paced setting
- Recommend and facilitate age appropriate health promotion activities
- Appropriate referral for health conditions outside of clinic scope of practice

The Orthopedic and Sports Medicine Center

Group Private Orthopedic Practice – Annapolis, Maryland

January 2007 – May 2008

- Assistant to orthopedic spine surgeon
- Evaluation, diagnosis, and treatment of acute and chronic disorders of the spine; including x-ray and MRI interpretation
- Pre-operative and post-operative assessment and management of surgical spine patients
- Intra-operative first assistant responsibilities

Hunt Valley Family Health

Group Private Family Practice – Cockeysville, Maryland

April 2005 – December 2006

- Provide primary health care to individuals and families with an emphasis on patient education
- Diagnosis and management of both acute and chronic health disturbances; often multi-system concerns

- Facilitate age appropriate health promotion activities

Owensville Primary Care

Non-profit Federally Qualified Rural Health Center – West River, Maryland

August 2004 – March 2005

- Responsible for similar duties as described above at Hunt Valley, with a particular focus on underserved and uninsured population

Registered Nurse Experience:

Johns Hopkins Hospital, Baltimore, Maryland

July 2001 - July 2004

- Cross trained to provide care to women on all obstetrical units
- Experience with management of high risk obstetrical patients
- Qualified to function as unit charge nurse
- Responsible for training of new staff

Certifications

Family Nurse Practitioner

- American Academy of Nurse Practitioners, March 2004 – Present

CPR Certification

- American Heart Association, December 2017

Professional Affiliations

American Academy of Nurse Practitioners

American Urogynecologic Society

Society for Urologic Nurses Association

Nurse Practitioner Association of Maryland

Sigma Theta Tau International Nursing Honor Society

References

Professional references available upon request