

## Thomas P. Carpenter, Ph.D.

Department of Psychology  
Seattle Pacific University,  
3307 3<sup>rd</sup> Ave W., Suite 107  
Seattle, WA 98119-1922

### EDUCATION

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<b>Ph.D., Psychology</b> Baylor University, Waco, TX	2015
<b>M.A., Psychology</b> Baylor University, Waco, TX	2012
<b>B.S., Psychology</b> (summa cum laude) Seattle Pacific University, Seattle, WA	2008

### ACADEMIC APPOINTMENTS

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Assistant Professor, Psychology, Seattle Pacific University, Seattle WA	2015 – present
Instructor, Psychology, Seattle Pacific University, Seattle WA	2014 – 2015
Adjunct Instructor, McLennan Community College, Waco, TX	2013 – 2014

### PEER-REVIEWED PUBLICATIONS

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- Pennington, M. L., **Carpenter, T. P.**, Synett, S. J., Torres, V. A., Teague, J., Morissette, S. B., Knight, J., Kamholz, B. W., Keane, T. M., Zimering, R. T., & Gulliver, S. B. (in press). The influence of exposure to natural disasters on depression and PTSD symptoms among firefighters. *Prehospital and Disaster Medicine*, 1-7.
- Carpenter, T. P.** & Kirk, R. E. (2017). Are psychology students getting worse at math? Trends in the math skills of psychology statistics students across 21 years. *Educational Studies*, 43, 282–295.
- Carpenter, T. P.**, Tignor, S. M., Tsang, J., & Willett, A. (2016). Dispositional self-forgiveness, guilt- and shame-proneness, and the roles of motivational tendencies. *Personality and Individual Differences*, 98, 53–61.
- Carpenter, G. S., **Carpenter, T. P.**, Kimbrel, N., Flynn, E. J., Pennington, M. L., Cammarata, C., Zimering, R. T., Kamholz, B. W., & Gulliver, S. (2015). Social support, stress, and suicidal ideation in firefighters. *American Journal of Health and Behavior*, 39, 191-196.
- Carpenter, T. P.**, Carlisle, R. D., & Tsang, J. (2014). Tipping the scales: Conciliatory behavior and the morality of self-forgiveness. *The Journal of Positive Psychology*, 9, 389–401.
- Tsang, J., **Carpenter, T. P.**, Roberts, J. A., Frisch, M. B., & Carlisle, R. D. (2014). Why are materialists less happy? The role of gratitude and need satisfaction in the relationship between materialism and life satisfaction. *Personality and Individual Differences*, 64, 62–66.
- Fernandez, A., Skinner, M., Woelfel, T., **Carpenter, T. P.**, & Haggerty, K. P. (2013). Implementing self-collection of biological specimens with a diverse sample. *Field Methods*, 25, 58–73.
- Carpenter, T. P.**, Laney, T., & Mezulis, A. (2012). Religious coping, stress, and depressive symptoms in adolescents: A prospective study. *Psychology of Religion and Spirituality*, 4, 19-30.
- Carpenter, T. P.**, & Marshall, M. A. (2009). An examination of religious priming and intrinsic religious motivation in the moral hypocrisy paradigm. *Journal for the Scientific Study of Religion*, 48, 386-393.

## INVITED PUBLICATIONS (NOT PEER REVIEWED)

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**Carpenter, T. P.,** & McDonald, J. (2017, May). Teaching (and learning) psychology statistics in an age of math anxiety [Blog post]. Retrieved from <http://psychlearningcurve.org/psychology-statistics/>

Rowatt, W. C., **Carpenter, T. P.,** & Haggard, M. (2016). Religion, préjugés et relations intergroupes. In V. Saroglou (Ed.), *Psychologie de la religion: De la théorie au laboratoire* (pp. 151-168). Louvain-la-Neuve: De Boeck Supérieur.

Rowatt, W. C., **Carpenter, T. P.,** & Haggard, M. H. (2013). Religion, prejudice, and intergroup relations. In V. Saroglou (Ed.), *Religion, personality, and social behavior*. (pp. 170-192). New York: Psychology Press.

## MANUSCRIPTS UNDER PEER REVIEW

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Pogacar, R., Kouril, M., **Carpenter, T. P.,** & Kellaris, J. J. (2017). *An Implicit Association Test of the influence of sound symbolism on willingness to pay and brand performance*. (2<sup>nd</sup> round revise and resubmit).

Pennington, M. L., **Carpenter, T. P.,** Synett, S. J., Torres, V. A., Teague, J., Morissette, S. B., Knight, J., Kamholz, B. W., Keane, T. M., Zimering, R. T., & Gulliver, S. B. *Tobacco and alcohol use among firefighters during their first three years of service*. (2<sup>nd</sup> round revise and resubmit).

**Carpenter, T. P.,** Isenberg, N., & McDonald, J. (2018). *The suppressing and mediating roles of guilt and shame in predicting self-forgiveness*. Manuscript under review.

## MANUSCRIPTS IN PREPARATION

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**Carpenter, T. P.,** Tsang, J., Blondefield, C., Hamasaki, N., & Tignor, S. (in prep). *Have we ever really measured state shame and guilt? Widely used measures appear to lack validity*. Target Journal: Assessment.

**Carpenter, T. P.,** Pogacar, R., Pullig, C. P., Kouril, M., & Chakroff, A. (in prep). *Iatgen: A free tool for embedding LATs into online surveys and analyzing data*. Target Journal: Applied Behavioral Measurement.

**Carpenter, T. P.,** Pogacar, R., Pullig, C. P., Kouril, M., Aguilar, S., LaBouff, J., Isenberg, N., & Chakroff, A. (2018). *Building Real LATs in Survey Software with JavaScript and HTML: A Procedure, Validation, and Open-Source Tool*.

**Carpenter, T. P.,** Seebeck, J., Gomez, D. R., Denman, T., Kimbrel, N. A., Cammarata, C., ... Guilliver, S. B. (2018). *Trait self-forgiveness predicts stigma and attitudes toward mental-health help seeking*.

## PEER-REVIEWED NATIONAL/REGIONAL CONFERENCE PRESENTATIONS

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(\* With SPU Undergraduate Co-Author)

(‡ Faculty Principal Author, SPU Undergraduate Presenter)

(† Mentored Student Research)

\* **Carpenter, T.,** Tignor, S. M., Hamasaki, M., Isenberg, N., McDonald, J., Blondefield, C., & Tsang, J. (2018, March). *Have we ever really measured state guilt and shame? Widely used measures appear to lack validity*. Poster presentation accepted for presentation at the 2018 meeting of the Society for Personality and Social Psychology, Atlanta, GA.

**Carpenter, T. P.** (2018, March). *A new paradigm for stats homework: Using screencasting to increase student learning*. Talk accepted for presentation at the 19th Annual Meeting of the Society for Personality and Social Psychology and the Society for the Teaching of Psychology Preconference, Atlanta, GA.

‡ \* Johnston, B., **Carpenter, T. P.,** Pogacar, R., & Walker, J. (2018, March). *Action tendencies, not attributions: The role of self-theories in guilt-proneness and shame-proneness*. Poster accepted for presentation at the 2018 meeting of the Society for Personality and Social Psychology, Atlanta, GA.

## PEER-REVIEWED CONFERENCE PRESENTATIONS (CONT)

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- ‡ \* Isenberg, N., **Carpenter, T. P.**, & McDonald, J. (2018, March). *Guilty and ashamed: Why aren't women unhappier and less self-forgiving?* Poster accepted for presentation at the 2018 meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- ‡ \* Seebeck, J., **Carpenter, T. P.**, Gomez, D. R., Denman, T., Kimbrel, N. A., Cammarata, C., ... Guilliver, S. B. (2018, March). *Trait self-forgiveness predicts stigma and attitudes toward mental-health help seeking.* Poster accepted for presentation at the 2018 meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Olah, M., Krusemark, D. R., Phills, C. E., Veilleux, A., & **Carpenter, T.** (2018, March). *The bridge between implicit and explicit prejudice: A study on transphobia.* Poster accepted for presentation at the 2018 meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- ‡ \* McDonald, J., Isenberg, N., & **Carpenter, T. P.** (2017, January). *Mature self-forgiveness: Age, trait self-forgiveness, and the mediating roles of guilt- and shame- proneness.* Poster presented at the 2017 meeting for the Society of Personality and Social Psychology, San Antonio, TX.
- \* **Carpenter, T. P.**, Pullig, C. P., Pogacar, R., Kouril, M., LaBouff, J. P., Isenberg, N., & Chakroff, A. (2017, January). *Measuring implicit cognition in Qualtrics with iatgen: A free, user-friendly tool for building survey-based LATs.* Poster presented at the 2017 meeting for the Society of Personality and Social Psychology, San Antonio, TX.
- \* **Carpenter, T. P.**, Pullig, C. P., Pogacar, R., LaBouff, J. P., Kouril, M., Isenberg, N., & Chakroff, A. (2016a, August). *Measuring impulsive consumer cognition: A new package for Implicit Association Tests (LATs) in Qualtrics.* Paper presented at the Annual Meeting of the American Psychological Association and the Society for Consumer Psychology, Denver, CO.
- \* **Carpenter, T. P.**, Pullig, C. P., Pogacar, R., LaBouff, J. P., Kouril, M., Isenberg, N., & Chakroff, A. (2016b, August). *iatgen: A free, user-friendly package for Implicit Association Tests in Qualtrics.* Poster presented at the Annual Meeting of the American Psychological Association, Denver, CO.
- Carpenter, T. P.** (2016, January). *Using Qualtrics for active learning labs.* Paper presented at the Teaching of Psychology Preconference at the annual meeting of the Society of Personality and Social Psychology and the Society, San Diego, CA.
- Carpenter, T. P.**, Tignor, S., Tsang, J., & Willett, A. (2016, January). *Opposing roles of guilt- and shame-proneness in trait self-forgiveness: A motivational analysis.* Poster presented at the meeting for the Society of Personality and Social Psychology, San Diego, CA.
- ‡ \* Daczko, K., Sallee, C., & **Carpenter, T. P.** (2016, January). *Gender and self-forgiveness: Evidence for different pathways.* Poster presented at the meeting for the Society of Personality and Social Psychology, San Diego, CA.
- Carpenter, T. P.**, & Pullig, C. P. (2015, August). *Don't tempt me: A dual-process examination of implicit product-pleasure associations and preferences.* Paper session presented at the Annual meeting for the American Psychological Association and the Society for Consumer Psychology, Toronto.
- Carpenter, T. P.**, Backer-Fulghum, L., Carpenter, G. S., & Rowatt, W. C. (2015, February). *Forgive my imperfections: Self-forgiveness, perfectionism, and depressive symptoms.* Poster presented at the meeting for the Society of Personality and Social Psychology, Long Beach, CA.
- Carpenter, T. P.**, Pullig, C., & Simmons. (2014, March). *Diluted by association: Exposure to copycat brands impairs processing fluency of senior brands.* Poster presented at the meeting for the Society of Consumer Psychology, Miami, FL.

## PEER-REVIEWED CONFERENCE PRESENTATIONS (CONT)

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- Carpenter, T. P.**, Hou, J., Tsang, J., Backer-Fulghum, L., & Rowatt, W. C. (2014, January). *Harmful shame and helpful guilt: Shame and guilt-proneness as mediators of the rumination-self-forgiveness relationship*. Poster presented at the meeting for the Society of Personality and Social Psychology, Austin, TX.
- ‡ Whitfield, P., Willett, A., **Carpenter, T. P.**, & Tsang, J. (2014, January). *Religious shame or guilt? Shame-free guilt as a mediator between religious orthodoxy and self-forgiveness*. Poster presented at the meeting for the Society of Personality and Social Psychology, Austin, TX.
- Brannon, S. M., Rowatt, W. C., Haggard, M., Yelderman, L., & **Carpenter, T. P.** (2014, January). *Religiosity, disgust-sensitivity, and sexual prejudice*. Poster presented at the meeting for the Society of Personality and Social Psychology, Austin, TX.
- Carpenter, T. P.**, & Kirk, R. E. (2013, August). *Math skills in statistics courses: When do they matter most?* Poster presented at the meeting for the American Psychological Association, Honolulu, HI.
- Carpenter, T. P.**, & Tsang, J. (2013, January). *Pseudo self-forgiveness: Self-affirmation reduces responsibility avoidance and defensive self-forgiveness*. Poster presented at the meeting for the Society of Personality and Social Psychology, New Orleans, LA.
- Carlisle, R. D., **Carpenter, T. P.**, & Tsang, J. (2013, January). *Forgiveness in lab: Actual and perceived offense severity*. Poster presented at the meeting for the Society of Personality and Social Psychology, New Orleans, LA.
- Carpenter, T. P.**, & Kirk, R. E. (2012, August). *Declining math skills among introductory students: A 21-year longitudinal analysis*. Poster presented at the meeting for the American Psychological Association, Orlando, FL.
- Kirk, R. E., & **Carpenter, T. P.** (2012, April). *Essential mathematical skills for Introductory Statistics students*. Paper presented at the meeting for the Southwestern Psychological Association, Oklahoma City, OK.
- Carpenter, T. P.**, Carlisle, R., & Tsang, J., (2012, January). *Conciliatory behavior and self-forgiveness: Mediating roles of received forgiveness and moral permission*. Poster presented at the meeting for the Society of Personality and Social Psychology, San Diego, CA.
- Carpenter, T. P.**, & Brown, M. A. (2011, October). *Intrinsic religious motivation and moral hypocrisy: The importance of priming*. Paper presented at the meeting of the Society for the Scientific Study of Religion, Milwaukee, WI.
- Laney, T., **Carpenter, T. P.**, & Mezulis, A. (2010, August). *Religious coping, stress, and cognitive vulnerability to depression in adolescents*. Poster presented at the meeting of the American Psychological Association, San Diego, CA.
- Carpenter, T. P.**, Woelfel, T., & Skinner, M., & Haggerty, K. (2010, June). *Implementing self-collection of saliva samples with a diverse sample of emerging adults*. Poster presented at the meeting of the Society for Prevention Research, Denver, CO.
- Carpenter, T. P.** & Marshall, M. A. (2009, May). *Of words and deeds: Intrinsic religiosity, priming, and moral hypocrisy*. Poster presented at the meeting of the Western Psychological Association, Portland, OR.
- Marshall, M. A., Fouts, R., & **Carpenter, T.** (2007, May). *Religiosity, terror management, and helping behavior*. Poster presented at the meeting of the Western Psychological Association, Vancouver, B.C.

## MENTORED STUDENT PRESENTATIONS AT COMMUNITY RESEARCH SYMPOSIA

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(Not peer reviewed)

(‡ Faculty Principal Author, SPU Undergraduate Presenter)

(† Mentored Student Research)

- ‡ Isenberg, N., McDonald, J., & **Carpenter, T. P.** (2017, May). *Individual differences in trait self-forgiveness: Age, sex, and the role of shame- and guilt-proneness*. Paper presented at Seattle Pacific University's School of Psychology, Family & Community Research Symposium, Seattle, WA.
- ‡ Hamasaki, M., Blondefield, C., McDonald, J., Isenberg, N., & **Carpenter, T. P.** (2017, May). *It gets better: The role of shame in the relationship between age and perfectionism*. Poster presented at Seattle Pacific University's School of Psychology, Family & Community Research Symposium, Seattle, WA.
- ‡ Isenberg, N., Dackzo, K., Williams, J., & **Carpenter, T. P.** (2016, June). *Mature self-forgiveness: Age, trait self-forgiveness, and the mediating roles of guilt- and shame-proneness*. Poster presented at Seattle Pacific University's School of Psychology, Family & Community Research Symposium, Seattle, WA.
- † Sallee, C., **Carpenter, T. P.**, & Kim, P. Y. (2016, June). *Open-minded religiosity: Investigating the link between religious commitment and cognitive style*. Poster presented at Seattle Pacific University's School of Psychology, Family & Community Research Symposium, Seattle, WA.
- ‡ Daczko, K., Williams, J., Sallee, C., Isenberg, N., & **Carpenter, T. P.** (2016, June). *Gender and self-forgiveness: Evidence for different pathways*. Poster presented at Seattle Pacific University's School of Psychology, Family & Community Research Symposium, Seattle, WA.

## PRESENTATIONS AT COMMUNITY RESEARCH SYMPOSIA

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(Not peer reviewed)

- Carpenter, T. P.**, & Marshall, M. A. (2008, May). *Putting your faith where your mouth is: Intrinsic religious motivation and attitude-action congruence*. Paper session presented at Seattle Pacific University's School of Psychology, Family & Community Research Symposium, Seattle, WA.
- Carpenter, T. P.**, & Marshall, M. A. (2008, May). *Putting your faith where your mouth is: Intrinsic religious motivation and attitude-action congruence*. Paper session presented at the University of Washington Undergraduate Research Symposium, Seattle, WA.

## MENTORED STUDENT THESES

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- Sallee, C. (2016). *Open-minded religiosity: Investigating the link between religious commitment and cognitive style*. Seattle Pacific University, Seattle WA.

## GRANTS

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**2016: Consultant** on FEMA Grant EMW-2016-FP-00371, "Project ACCESS: Expanding Evidence-Based Treatment via Telehealth for Fire Service"

**2014: Consultant** on FEMA Grant EMW-2014-FP-00924, "Stamp Out Stigma: A National Campaign to Decrease Stigma and Increase Behavioral Health in Fire Service"

## TEACHING EXPERIENCE AT SEATTLE PACIFIC UNIVERSITY

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Social Psychology (PSY 3438)	2017 – present
Social Psychology (Graduate; CPY 7240)	2016 – present
Personality and Individual Differences (PSY 3442)	2016 – present
Advanced Statistical Analysis (PSY 4428)	2015 – present
Psychological Research Methods (PSY 3588)	2015 – present
Advanced Research Methods (PSY 4105)	2015 – present
Introductory Statistics (PSY 2360)	2015 – present
Introductory Statistics (PSY 2360, online)	2014

## ADDITIONAL TEACHING EXPERIENCE

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General Psychology, McLennan Community College, Waco, TX	2013 – 2014
Introduction to Statistics (Teaching Assistant), Baylor University	2010 – 2014
Private Statistics Tutor (HLM, Intro + Advanced Experimental Design)	2010 – 2013
Introduction to Neuroscience (Lab Assistant), Baylor University	2010 – 2011

## SPU SERVICE ROLES

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<b>(Member) Admissions, Advising, and Retention Committee</b>	2017 – present
<b>Curricular Assessment Advisor</b> , <i>Department of Psychology</i>	2014 – 2016
▪ Managed assessment documents for department and keep files up to date	
▪ Lead assessment portion of department meetings	
▪ Assisted with implementation, revision of departmental assessment plan	

## SERVICE ROLES AT PRIOR INSTITUTIONS

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<b>SONA Research Administrator</b> , <i>Psychology &amp; Neuroscience</i> Baylor University, Waco, TX	2010 – 2014
<b>Expanding Research Committee</b> , <i>Social Development Research Group</i> University of Washington, Seattle, WA	2009 – 2010
<b>Honor's Advisory Committee</b> , <i>University Scholars Program</i> Seattle Pacific University, Seattle, WA	2007 – 2008

## PEER REVIEW EXPERIENCE

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<i>Assessment</i>	2017 – present
<i>Advances in Methods and Practices in Psychological Science</i>	2017 – present
<i>Personality and Individual Differences</i>	2016 – present
<i>The Journal of Positive Psychology</i>	2011 – present
<i>Archive for the Psychology of Religion</i>	2012 – present

## RECOGNITIONS AND HONORS

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▪ <b>Outstanding Graduate Instructor Award</b> , Baylor University, Waco, TX	2014
▪ <b>Presidential Scholar</b> , Baylor University, Waco, TX	2010 – 2015
▪ <b>Philip Ashton Scholar Award</b> , Seattle Pacific University, Seattle, WA	2008
▪ <b>Wesley E. Lingren Award</b> , Seattle Pacific University, Seattle, WA	2008
▪ <b>Alpha Kappa Sigma Award</b> , Seattle Pacific University, Seattle, WA	2008
▪ <b>Inductee</b> , Who's Who Among Students in American Universities & Colleges	2008
▪ <b>Joy F. Hammersla Award</b> , Seattle Pacific University, Seattle, WA	2007
▪ <b>Inductee</b> , Psi Chi, National Honors Society in Psychology	2006
▪ <b>Philip W. Eaton Scholar</b> , Seattle Pacific University, Seattle, WA	2004 – 2008
▪ <b>Trustee's Scholar</b> , Seattle Pacific University, Seattle, WA	2004 – 2008

## RELATED PROFESSIONAL EXPERIENCE

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<b>Independent Statistical and Research Consultant</b>	2012 – current
▪ Assist nonprofits, churches, academic researchers, and commercial clients	
▪ Consult on data analysis and research design	
<b>Research Study Coordinator</b>	2008 – 2010
Social Development Research Group, University of Washington, Seattle, WA	
▪ Trained staff, developed protocols, coordinated with partners	
▪ Collected data, with focus on participant tracking and retention	
▪ Managed biological specimen processing and quality control	
▪ Assisted with data management, data cleaning, analysis, and reports	