

# Scott A. Edwards, Ph.D., LMFT

Program Director and Department Chair, Marriage and Family Therapy  
Tenured, Associate Professor, Seattle Pacific University  
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**EDUCATION**     **Virginia Polytechnic Institute and State University, Blacksburg, Virginia**  
**Family and Child Development**, Marriage and Family Therapy.  
Doctorate of Philosophy, May 2001.

**Auburn University, Auburn, Alabama**  
**Family and Child Development**, Marriage and Family Therapy.  
Master of Science, December 1996.

**Cornell University, Ithaca, New York**  
**College of Arts and Sciences**, Psychology.  
Bachelor of Arts, January 1991.

**LICENSE**            Licensed Marriage and Family Therapist, Washington, LF00001866

**PROFESSIONAL MEMBERSHIPS**    **American Association for Marriage and Family Therapy.**  
♦ Chair, Council of Divisional Presidents, National Board (elected) – 2009-2010  
♦ Clinical Fellow                             ♦ Conference Abstract Reviewer  
♦ AAMFT Approved Supervisor           ♦ COAMFTE Site Visitor

AAMFT Divisional Contribution Award, 2009

**Washington Association for Marriage and Family Therapy**  
♦ Past-President (elected): 2008  
♦ President (elected): 2006, 2007     ♦ President-elect (elected): 2004, 2005.  
♦ Treasurer (elected): 2003, 2004     ♦ Legislative Committee: 2002, 2003, 2004.

**Washington Association for Marriage and Family Therapy - PAC**  
♦ Co-director: 2002-2008                 ♦ Treasurer, 2002

**Oregon Association for Marriage and Family Therapy.**  
♦ Treasurer (elected): 2000-2001     ♦ Legislative Committee: 1999-2001.

**Virginia Association for Marriage and Family Therapy.**  
♦ Student/Associate Representative (elected term): 1997-1999.

**Alabama Association for Marriage and Family Therapy.**  
♦ Student/Associate Representative (elected terms): 1995-1997.

**Kappa Omicron Nu**, National Honor Society: 1995.

**Cornell University Alumni Admissions Ambassador Network:** 1999-present

**GRANTS**            **Edwards, S. A.**, Edwards, C. N., & Anderson-Englehorn, T. (2006). *Marriage and Family Couples Retreat*, Windgate Charitable Foundation

**Edwards, S. A.**, Edwards, C. N., & Anderson-Englehorn, T. (2006). *Marriage and Family Conference*, Windgate Charitable Foundation

EDITORIAL BOARDS **Journal of Feminist Family Therapy – 2004 - present**  
**Journal of Systemic Therapies – 2006 - present**

REFEREED PUBLICATIONS **Edwards, S. A.,** Grauf-Grounds, C., & Cheon, H. (2011). An Innovative ritual: Honoring trauma. *Family Therapy Magazine*, 10(5), 45-46. Alexandria, VA: American Association for Marriage and Family Therapy.

**Edwards, S. A.,** Grauf-Grounds, C., & Cheon, H. (2011). Competencies with an ORCA stance: Developing the self of the therapist. *Family Therapy Magazine*, 10(5), 46-47. Alexandria, VA: American Association for Marriage and Family Therapy.

Edwards, C. N., & **Edwards, S. A.** (2007). Multicultural considerations for building learning communities. *Journal of the International Community of Christians in Teacher Education*, 2(2). Retrieved February 9, 2007, from <http://www.icctejournal.org/ICCTEJournal/vol2issue2edwardsedwards>

**Edwards, S. A.** (2008). Inclusion, values, and alliances: She has to quit. In L. E. Tyson, J. R., Culbreth, & J. A. Harrington, (Eds), *Critical Incidents in Clinical Supervision: Addictions, Community, and School Counseling*, p.144-146. Alexandria, VA: American Counseling Association.

**Edwards, S. A.,** Bermudez, J. M., Canady, D. L., & Protinsky, H. O. (2000). Interviewing a therapist in the presence of a couple: A description of the therapeutic process. *Contemporary Family Therapy*, 22, 223-232.

**Edwards, S. A.,** & Weekes, E. J. (2007). Connecting spaces: Experiential encounters for families. In L. L. Hecker & C. F. Sori (Eds.), *The Therapist's Notebook, Volume 2: More Homework, Handouts, and Activities for use in Psychotherapy* (pp. 69-74). Binghamton, NY: The Haworth Press.

Grauf-Grounds, C., & **Edwards, S. A.** (2007). A ritual to honor trauma: A training community's witness. *Journal of Systemic Therapies*, 26(1), 38-50.

Grauf-Grounds, C., & **Edwards, S. A.,** MacDonald, D., Quek, K., & Schermer-Sellers, T. (2009). Developing graduate curricula faithful to professional training and a Christian worldview. *Christian Higher Education*, 8, 1-17.

White, M. B., **Edwards, S. A.,** & Russell, C. S. (1997). The essential elements of successful marriage and family therapy: A modified Delphi study. *The American Journal of Family Therapy*, 25, 213-231.

KEYNOTE WORKSHOPS **Creating a cone free zone: Cultural impacts on stress, wellness, and Relationships.** March 23, 2011, Ariccia, Italy

**Childproofing your marriage: At any stage.**  
 January 15, 2011, Becoming Soul Mates Conference, Seattle, WA

**Solution-oriented therapies: Applications with diverse mental health services**  
 November 5, 2010, Grant Integrated Services, Moses Lake, WA

**What did You say? Couples Talking Better Together**  
 September 13, 2008, Orcas Island, WA

**Home for the Holidays: Hopes and Shattered Dreams**

The Kindlings Muse, Live Radio Podcast, *November 27, 2007*

**Grief, Group, and Adventure Based Family Therapy**

Harmony Counseling Center, *April 20-25, 2008*, Shenyang, China

**Culturally Competent School Counselor Supervision**

Washington Counseling Association, *September 16, 2005*, Seattle, WA

**Family Therapy with Adolescents**

Graduate School of Social Welfare, *November 22, 2003*

Hallym University, *Seoul, South Korea*

**Pre-Marital Education Seminar**

Graduate School of Social Welfare, *November 24, 2003*

Hallym University, *Seoul, South Korea*

CONFERENCE  
PRESENTATIONS

Grauf-Grounds, C., Cheon, H., **Edwards, S. A.**, MacDonald, D. & Sellers, T,

**We Call it the ORCA-Stance**, *Oct 22, 2014*.

SPU Common Day of Learning - Promise and Perils of Power: Fostering Human Flourishing in a Broken World. *Seattle, WA*.

**Edwards, S. A.**, & Savage, L., Schermer-Sellers, T.

**Client Relationships with Chronic Pain, Mindfulness, Wellbeing**, *Oct 18, 2014*.

AAMFT annual conference, *Milwaukee, WI*.

**Edwards, S. A.**, & Savage, L.

**Patient Narratives of Their Relationship with Chronic Pain: Impact on Mindfulness and Well-being**, *June 6, 2014*.

American Family Therapy Academy, *Athens, GA*.

**Edwards, S. A.**, Grauf-Grounds, C., Cheon, H., & Whitney, S.

**Sitting with ORCA: Views from the Therapist's Chair**, *September 15, 2012*.

AAMFT annual conference, *Charlotte, NC*.

**Edwards, S. A.**, Grauf-Grounds, C., Savage, L., & Schermer-Sellers, T.

**Patients' Narratives of Their Relationship With Chronic Pain: How They Describe Mindfulness And Well-being**, *April 29, 2012*.

45th STFM Annual Spring Conference, *Seattle, WA*.

**Edwards, S. A.**, & Grauf-Grounds, C.

**Sitting with ORCA: View from the Therapist's Chair**, *September 23, 2011*.

AAMFT annual conference, *Fort Worth, TX*.

Bhatti, B., **Edwards, S. A.**, Erickson, L., Groshong, L., Host, K., & Munson, C.  
**Supervision Panel Discussion**, *June 20, 2009*.

Common Goals, Different Roads: Approved Supervision Across Mental Health Disciplines, *Seattle, WA*.

**Edwards, S. A.**

**Marriage and Family Therapy Supervision, June 19, 2009.**

Common Goals, Different Roads: Approved Supervision Across Mental Health Disciplines, *Seattle, WA.*

**Edwards, S. A.**

**Professional licensing and credentialing changes, April 18, 2009.**

WAMFT Mentorship Day, *Seattle, WA.*

Chafin, M., & **Edwards, S. A.**

**The ethics of self-disclosure in Experiential psychotherapy, October 31, 2008.**

AAMFT annual conference, *Memphis, TN.*

**Edwards, S. A.**

Academic Journey of Marriage and Family Therapy, *February 22, 2008*, Quint State Conference, Auburn, University, *Auburn, AL.*

Grauf-Grounds, C., Sellers, T., Bayona, J., & **Edwards, S. A.**

**Taboo Topics and Healthcare, November 9, 2007**, Collaborative Family Healthcare Association, 9<sup>th</sup> Annual conference, *Asheville, NC.*

**Edwards, S. A.**, Lamson, A., & Osiecki, S.

**Recruiting, Training, and Inspiring Volunteer Leaders, October 11, 2007,**

AAMFT Leadership Conference, *Long Beach, California.*

**Edwards, S. A.**

**The Realities & Challenges of Ring by Spring, February 8, 2007**, Marriage and Family Conference, Windgate Charitable Foundation, *Seattle, Washington.*

Pickering, D., Edwards, C. N., & **Edwards, S. A.**

**Incorporating Social Justice Principles into Community and School Counseling Programs, March 31, 2006**, American Counseling Association National Conference, *Montreal, Quebec.*

**Edwards, S. A.**, & Stanley, C.

**Ethics: Back to Basics**, Washington Association for Marriage and Family Therapy, *October 8, 2005*, Seattle Pacific University, *Seattle, Washington*

**Edwards, S. A.**, & Prouty Lyness, A.

**The Essential Elements of Multi-Family Group Therapy, October 17, 2003**, AAMFT 60th Annual Conference, Poster Presentation, *Long Beach, California*

Jordan, J., Duncan, M., & **Edwards, S. A.**

**Student Therapists' Self-Calming Strategies While Conducting Therapy, May 23, 2003.** SPFC Research Conference, Seattle Pacific University, *Seattle, WA.*

**Edwards, S. A.**, & Naden, M.

**Opening Space for Conversations about the Sacred through the use of Narrative, June 22, 2002**

Christian Association for Psychological Studies, *Seattle, Washington*

Bermudez, M., **Edwards, S. A.**, Canady, D. L., & Protinsky, H. O.  
**Externalizing Clinical Narratives: A Qualitative Study**, *October 8, 1999*  
 AAMFT 57th Annual Conference, Poster Presentation, *Chicago, Illinois*

Bermudez, M., **Edwards, S. A.**, Canady, D. L., & Protinsky, H. O.  
**Interviewing a Therapist in the Presence of a Couple: A Qualitative Inquiry of the Therapeutic Process**, *April 8, 1999*  
 24th Annual Southeastern Symposium Conference on Child and Family Development, University of Tennessee, *Knoxville, Tennessee*

Dozier, B., & **Edwards, S. A.**  
**Postponing Sexual Intimacy, Developing Emotional Intimacy**, *June, 1997*  
 The Safe and Drug Free Schools Program, *Columbus, Georgia*

TEACHING  
EXPERIENCE

Department of Marriage and Family Therapy  
 Seattle Pacific University, *Seattle, Washington*  
**Program Director and Department Chair** 2013 to present  
**Director of Clinical Training & Research** 2010 to 2014  
**Director of Internships** 2001 to 2011

**Associate Professor, Tenured** August 2001 to present  
 Seattle Pacific University *Seattle, Washington*  
 Department of Marriage and Family Therapy

- ♦ Prepare and instruct courses within COAMFTE Masters curriculum:  
 Crisis Intervention, Treatment of Abusive Systems, MFT Theories I and II,  
 Treatment of Parenting and Children, Practicum Supervision, Premarital  
 Education, Graduate Research I and II, Group Therapy I and II.
- ♦ Direct internship program; Facilitate bi-annual Internship Day.

**Instructor:** Children in Changing Families November 2000 to August 2001  
**Adjunct Faculty:** Linn-Benton Community College, *Albany, Oregon*  
 Old Mill Center for Children and Families *Corvallis, Oregon*

**Instructor FCD 4324:** Families and Children Under Stress Summer 1998  
 Virginia Polytechnic Institute and State University *Blacksburg, Virginia*

**Graduate Assistant:** Professional Seminar August 1997 to May 1999  
 Virginia Polytechnic Institute and State University *Blacksburg, Virginia*

**Teaching Assistant,** Psychopathology Fieldwork August 1989 to December 1990  
 Cornell University *Ithaca, New York*

RESEARCH  
EXPERIENCE

**Doctoral Dissertation**, *April 2001*  
 Virginia Polytechnic Institute and State University, *Blacksburg, Virginia*  
 ♦ *The Essential Elements of Multi-family Group Therapy: A Delphi study.*

**Interviewing a Therapist in the Presence of a Couple: A Qualitative Inquiry of the Therapeutic Process**, *1998-1999*  
 Virginia Polytechnic Institute and State University, *Blacksburg, Virginia*  
 ♦ Qualitative and collaborative inquiry for enhancing therapy effectiveness.

**Cardiac Therapeutic Rehabilitation and Family Therapy, 1998**  
Virginia Polytechnic Institute and State University, *Blacksburg, Virginia*  
♦ Directed training tape, manual, seminar of basic interviewing skills.

**Masters Thesis, December, 1996**  
Auburn University, *Auburn, Alabama*  
♦ *Late Adolescent Males' Interpersonal Competence and Romantic Relationship Quality: Influences within the Parent/Son Relationships on Son/Intimate Relationship Development.*

WORKSHOP **Anger Management for a Multi Family Group Context, August 30, 2000**  
PRESENTATIONS Linn County Mental Health, Child and Family, *Albany, Oregon*

**Narrative Therapy with Adults, Children, and Families, June 21, 2000**  
Linn County Mental Health, *Albany, Oregon*

**Narrative Therapy with Substance Abusing Teens, February 16, 2000**  
Linn County Mental Health, Alcohol and Drug, *Albany, Oregon*

**Graduate School Preparation Seminar, September 4 and 14, 1998**  
Virginia Polytechnic Institute and State University, *Blacksburg, Virginia*

**Interviewing for Graduate School, March 18, 1998**  
Virginia Polytechnic Institute and State University, *Blacksburg, Virginia*

**Preparing for Graduate School, October 15, 1997**  
Virginia Polytechnic Institute and State University, *Blacksburg, Virginia*

SERVICE **Marriage Forum Panelist, May 3, 2007**  
PRESENTATIONS Seattle Pacific University, Hill Hall, *Seattle, Washington*

**Building Group Relationships and Communication Bridges, April 10, 2007**  
North Queen Anne Child Care, *Seattle, Washington*

**Supportive Relationships within Families and Communities, November 3, 2001**  
Invited Panelist for United Way of King County, *Seattle, Washington*

**Basic Interviewing Skills, July 17, 1998**  
Virginia Polytechnic Institute and State University, *Blacksburg, Virginia*

**Systems and Family Theories in the Medical Profession, May 18, 1998**  
College for Health Services, *Roanoke, Virginia*

**Communication and Listening Skills, April 29, 1998**  
Blacksburg High School, *Blacksburg, Virginia*

**Home Based Family Therapy Program Retreat, August 8, 1997**  
Auburn Family Therapy, *Auburn, Alabama*

**Home Based Family Therapy Program, March 27, 1997**  
Lee County School Counselors, *Opelika, Alabama*

**Substance Dependency and Co-dependency, March 12, 1997**  
Parents Without Partners, Auburn Chapter, *Auburn, Alabama*

**Home Based Family Therapy Program, March 4, 1997**  
 Lee County Schools, *Opelika, Alabama*

**Drug and Alcoholic Dependent Families, January 23, 1997**  
 Lee County Department of Human Resources, *Opelika, Alabama*

**The Marriage Connection, Spring 1996; Fall 1996; and Spring 1997**  
 Auburn United Methodist Church, *Auburn, Alabama*

**Emotional, Physical, and Sexual Abuse / Sexuality, October 17 and 31, 1996**  
 The Safe and Drug Free Program, *Columbus, Georgia*

CLINICAL  
 EXPERIENCE

**Private Practice** November 2004 to *present*  
*Seattle, Washington*

**Clinical Psychology Intern, Crisis Team** October 2000 to August 2001  
*Linn County Department of Mental Health* *Albany, Oregon*

**Clinical Psychology Intern, Child and Adolescent** September 1999 to 2000  
*Linn County Department of Mental Health* *Albany, Oregon*

**Resident Intern in Marital and Family Therapy** January 1998 to June 1999  
*Family Therapy Center, Virginia Tech* *Blacksburg, Virginia*

**Multi-Family Group Therapist** December 1996 to August 1997  
*Alchemy, New Horizons* *Columbus, Georgia*  
 ♦ Provide therapy with families at a residential, chemical dependency facility.

**Marriage and Family Therapist** August 1996 to August 1997  
*Auburn Family Therapy, Brenda Dozier, Ph.D.* *Auburn, Alabama*  
 ♦ Provide home-based therapy sessions for families, couples, and individuals.

**Internship in Substance Abuse Family Therapy** August 1995 to June 1996  
*The Family Treatment Program, New Horizons* *Columbus, Georgia*

**Assistantship in Adolescent Family Therapy** August 1995 to May 1996  
*East Alabama Medical Center, Psychiatric Units* *Opelika, Alabama*

ADDITIONAL  
 CLINICAL  
 EXPERIENCE

**Senior Counselor** February 1994 to August 1994; May 1991 to July 1993  
*Eckerd Family Youth Alternatives* *Hendersonville, North Carolina*  
 ♦ Provided group therapeutic experiences for emotionally disturbed adolescents  
 by utilizing Group and Experiential Therapy processes.

**Mental Health Assistant** July 1993 to February 1994  
*Inner Harbour Psychiatric Hospital* *Douglasville, Georgia*

ADDITIONAL  
 EXPERIENCE

**Founder/Director of Soccer League** August 1988 to January 1991  
*Tompkins County YMCA* *Ithaca, New York*  
 ♦ Founded league due to need of youth soccer program in Ithaca.  
 ♦ Incorporated YMCA policies and dogma into program.  
 ♦ Coordinated community members and college students for coaching.  
 ♦ Developed and instructed coaching clinics.  
 ♦ Officiated and coached games for 80 annual participants.

**Production Director** June 1989 to January 1991

*Cornell Concert Commission*

*Cornell University*

- ♦ Produced 14 Cornell concerts including Branford Marsalis, Indigo Girls, Joe Jackson, Erasure, Midnight Oil, and Little Feat.
- ♦ Negotiated with Artist regarding contractual and technical details.
- ♦ Prepared and managed budgets ranging from \$20,000 to \$65,000.
- ♦ Subcontracted production equipment and labor.
- ♦ Supervised all 150 local working personnel.
- ♦ Established operating procedures with Police and Emergency Services.

PROFESSIONAL  
CONFERENCES

**AAMFT National Conferences**

**Solution Focused Brief Therapy**

*Milwaukee, Wisconsin, October 16-19, 2014*

**Raising Vibrant Children**

*Portland, Oregon, October 17-20, 2013*

**Women: Evolving Roles in Society and Family**

*Charlotte, North Carolina, September 13-16, 2012*

**The Science of Relationships**

*Fort Worth, Texas, September 22-25, 2011*

**Marriage: Relational and Societal Perspectives**

*Atlanta, Georgia, September 23-26, 2010*

**MFT: The Difference that Makes a Difference**

*Sacramento, California, October 1-4, 2009*

**Ethical and Legal Challenges in Contemporary Family Therapy**

*Memphis, Tennessee, October 30-November 2, 2008*

**Healing Fractured Relationships in the 21st Century**

*Long Beach, California, October 11-14, 2007*

**Nurturing Nature: Behavior, Genetics, and Therapy**

*Austin, Texas, October 19-22, 2006*

**Relational Therapies Today**

*Kansas City, Missouri, October 20-23, 2005*

**The Moral Imperative: Character and Competence of the Therapist**

*Atlanta, Georgia, September 9-12, 2004*

**The State of Marriage and Family Therapy**

*Long Beach, California, October 16-19, 2003*

**Weaving the Family Tapestry**

*Cincinnati, Ohio, October 23-27, 2002*

**Scientific Art: Evidence-Based Therapy**

*Nashville, Tennessee, October 18-21, 2001*

**Family Therapy: The Millennium Summit**

*Denver, Colorado, November 2-5, 2000*

**Family Therapy in the Mainstream**

*Chicago, Illinois, October 7-10, 1999*

**Preventive Family Therapy**

*Dallas, Texas, October 16-18, 1998*

**Creative Horizons in Family Therapy**

*Atlanta, Georgia, September 19-21, 1997*

**AAMFT National Conference**

*Toronto, Canada, October, 1996*

**AAMFT Research Conference - Invitation only**



*Reno, NV, July 18-22, 2002*  
*Alexandria, VA, July 15-17, 2010*

**AAMFT Leadership Conferences (Lobbied U.S. Congress each conference)**  
**AAMFT Leadership 2010, 2009, 2007, 2005, 2004, 1999, 1998**

**AAMFT Divisional Conferences**

**Breaking the Patterns of Depression**, *Michael Yapko, PhD.*  
WAMFT 2009 Conference, *Seattle, WA, March 14, 2009*

**Internal Family Systems**, *Dick Schwartz, PhD.*  
WAMFT 2008 Conference, *Seattle, WA, March 8, 2008*

**Possibility Therapy and Keeping Your Soul Alive**, *Bill O'Hanlon, PhD.*  
WAMFT 2007 Conference, *Seattle, WA, March 10, 2007*

**How Can I Forgive You?**, *Janis Abrahms Spring.*  
WAMFT 2006 Conference, *Seattle, WA, March 11, 2006*

**From Systems to Stories: A Dialogical Approach**, *Lynn Hoffman, Ph.D.*  
WAMFT 2005 Conference, *Seattle, WA, March 12, 2005*

**The Crucible Approach**, *David Schnarch, Ph.D.*  
WAMFT 2004 Conference, *Seattle, WA, March 13, 2004*

**Troubled Adolescents and Their Families**, *Ken Hardy, Ph.D.*  
WAMFT 2003 Conference, *Seattle, WA, March 15, 2003*

**Working with Difficult Couples**, *Cloe Madanes, Ph.D.*  
OAMFT 1999 Conference, *Portland, OR, October 2, 1999*

**Valuing Family Therapy**, *June 13-14, 1997*  
ALAMFT 1997 Conference, *Gulf Shores, Alabama*

**Collaborative Family: Putting it all Together**. *November 8-10, 2007*  
CFHA, 9<sup>th</sup> Annual conference, *Asheville, NC.*

**Emotionally Focused Couples Therapy**, *Sue Johnson, Seattle, WA, Nov. 15, 2003*

**Loving as We are Loved: Art of Living the Soul of Psychology**, *June 20, 2002*  
Christian Association for Psychological Studies, *Seattle, Washington*  
♦ Continuing Education (CE) Co-chair; Coordinator - Student Volunteers.

**24th Annual Southeastern Symposium Conference on Child and Family Development**, *April 7-9, 1999*  
University of Tennessee, *Knoxville, Tennessee*

**Inquiring Voices**, *March 27-28, 1998*  
College of Human Resources and Education Graduate Research Conference,  
Virginia Polytechnic Institute and State University, *Blacksburg, Virginia*

**23th Annual Southeastern Symposium Conference on Child and Family Development**, *April 2-4, 1998*, Auburn University, *Auburn, Alabama*

**7 Habits of Highly Effective Families Consultation**, *Fall 1997*  
Covey leadership consultation prior to publication, *Auburn, Alabama*

**AWARDS**

AAMFT Divisional Contribution Award, 2009  
Outstanding Service Award for Cornell University, 1989-1990.  
Distinguished Service Award for Cornell Concert Commission, 1989-1990.

**CERTIFICATION** PREPARE/ENRICH, 1997