

PAUL YOUNGBIN KIM, Ph.D.

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ACADEMIC APPOINTMENTS

Associate Professor (9/2015-present)
Department of Psychology
School of Psychology, Family, and Community
Seattle Pacific University
Seattle, Washington

Visiting Professor (Fall, 2016)
Department of Psychology
Sogang University (서강대학교)
Seoul, South Korea

Assistant Professor (2010-2015)
Department of Psychology
School of Psychology, Family, and Community
Seattle Pacific University
Seattle, Washington

EDUCATION

Ph.D. in Counseling Psychology (APA-accredited), August 2010
University of Notre Dame, Notre Dame, IN
Dissertation Title: The Moderating Role of Social Support on the Stress-Distress Relation among Asian International Students: A Test of the Matching Hypothesis
Chair: Irene J.K. Park, Ph.D.

M.A. in Counseling Psychology, May 2007
University of Notre Dame, Notre Dame, IN

B.A. in Psychology (with honors), May 2004
Calvin College, Grand Rapids, MI

HONORS & AWARDS

- **Excellence in Teaching Award**, Seattle Pacific University 2016
- **Teacher of the Year**, School of Psychology, Family, & Community 2016
- **Teacher of the Year**, School of Psychology, Family, & Community (and nominee for the university-wide Teacher of the Year) 2015
- **Research Award**, Asian American Psychological Association Division of Students 2009
- **Fellow**, APA Minority Fellowship Program Psychology Summer Institute–Service Track 2009
- **First Prize Winner**, Manuel Teruel Multicultural Competence Essay Contest 2009
- **Student Research Award**, Great Lakes Conference 2006

TEACHING EXPERIENCE

Courses taught at Seattle Pacific University (2010-present)

(All are undergraduate classes unless otherwise indicated; *indicates courses taught in active learning classrooms; numbers indicate approximate class size)

- Specialty courses: *Cross-Cultural Psychology* (35), *Topical Seminar in Asian American Psychology* (6-10), *Advanced Research Methods in Cross-Cultural Psychology* (12-15)
- Introductory courses: *General Psychology** (35-200)
- *Introduction to Statistics in Behavioral & Social Sciences** (25-30)
- Clinical courses: *Abnormal Psychology* (6-70), *Counseling Theory & Practice* (30-35)
- Graduate level course: *Cultural Competence in Clinical Psychology* (10)

Other teaching experience

- Taught *General Psychology* to students at Sogang University in Seoul, Korea (2016)
- Taught *General Psychology* to international students at ACE Language Institute at Seattle University (2016)

Teaching Assistantships (all at University of Notre Dame; 2004-2009)

- *Multicultural Psychology* (x2), *Statistics* (x2), *Introductory Psychology*, *Psychology of Personality*, *Abnormal Psychology*

PEER-REVIEWED PUBLICATIONS

(* indicates student co-authors)

Kim, P. Y. (in press). Revisiting and extending the role of religious coping in the racism-mental health relation among Christian Asian American students. *Journal of Psychology & Theology*.

Kim, P. Y. (2017). Religious support mediates the racial microaggressions-mental health relation among Christian ethnic minority students. *Psychology of Religion & Spirituality*, 9, 148-157.
doi:10.1037/rel0000076

Kim, P. Y., Cheon, H., Hyun, J. H., Chang, E. S., & Yoo, H. D. (2016). Psychological experiences of Korean missionary “kids” (MKs): A qualitative inquiry. *Mental Health, Religion, & Culture*, 19, 1013-1027. doi: 10.1080/13674676.2017.1310830

*Lats, T. V., **Kim, P. Y.**, & Diekema, D. A. (2016). Acculturative family distancing, religious support, and psychological well-being among young adult Eastern European immigrants in Western Washington. *Psi Chi Journal of Psychological Research*, 21, 252-260.

Kim, P. Y., Kendall, D. L., & Cheon, H. (2016). Racial microaggressions, cultural mistrust, and mental health outcomes among Asian American college students. *American Journal of Orthopsychiatry*. Advance online publication. doi: 10.1037/ort0000203

Cheon, H., Chang, E. S., **Kim, P. Y.**, & Hyun, J. H. (2016). Mental health disparities impacting Christian Korean Americans: A qualitative examination of pastors’ perspectives. *Mental Health, Religion, & Culture*, 19, 538-552. doi: 10.1080/13674676.2016.1213712

- Kim, P. Y.,** Kendall, D. L., & Chang, E. S. (2016). Emotional self-control, interpersonal shame, and racism as predictors of help-seeking attitudes among Asian Americans: An application of the intrapersonal–interpersonal-sociocultural framework. *Asian American Journal of Psychology, 7*, 15-24. doi:10.1037/aap0000032
- Kim, P. Y.,** & Kendall, D. L. (2015). Etiology beliefs moderate the influence of emotional self-control on willingness to see a counselor through help-seeking attitudes among Asian American students. *Journal of Counseling Psychology, 62*, 148-158. doi: 10.1037/cou0000015
- Kim, P. Y.,** Kendall, D. L., & Webb, M. (2015). Religious coping moderates the relation between racism and psychological well-being among Christian Asian American college students. *Journal of Counseling Psychology, 62*, 87-94. doi:10.1037/cou0000055
- Kim, P. Y.,** & Lee, D. H. (2014). Internalized model minority myth, Asian values, and help-seeking attitudes among Asian American students. *Cultural Diversity & Ethnic Minority Psychology, 20*, 98-106. doi:10.1037/a0033351
- Park, I. J. K., & **Kim, P. Y.** (2012). The role of self- construals in the link between anger regulation and externalizing problems in Korean American adolescents: Testing a moderated mediation model. *Journal of Clinical Psychology, 0*, 1-21. doi: 10.1002/jclp.21878
- Park, I. J. K., **Kim, P. Y.,** Cheung, R. Y. M., & Kim, M. (2010). The role of culture, family processes, and anger regulation on Korean American adolescents' adjustment problems. *American Journal of Orthopsychiatry, 80*, 258-266. doi: 10.1111/j.1939-0025.2010.01029.x.
- Kim, P. Y.,** & Park, I. J. K. (2009). Testing a multiple mediation model of Asian American college students' willingness to see a counselor. *Cultural Diversity & Ethnic Minority Psychology, 15*, 295-302. doi: 10.1037/a0014396.

NON PEER-REVIEWED PUBLICATIONS

Kim, P. Y. (2015, November). Are Asian Americans really healthier? *Interactions: E-Newsletter for the School of Psychology, Family, & Community.*

PEER-REVIEWED NATIONAL/REGIONAL CONFERENCE PRESENTATIONS

(* indicates student co-authors)

- Kim, P. Y. (2017). Revisiting and extending the role of religious coping in the racism-mental health relation among Christian Asian American students. Poster to be presented at the 2017 Asian American Psychological Convention, Las Vegas, Nevada.
- Yon, K. J., & **Kim, P. Y.** (2017). Preliminary findings from the professional help-seeking attitudes of Korean and Korean American students study. Poster presented at the 2017 Western Psychological Association Convention, Sacramento, California.
- Kim, P. Y.,** *Taylor, C., Kendall, D. L., & Cheon, H. (2016). Racial microaggressions, cultural mistrust, and well-being among Asian American college students. Poster presented at the 2016 Western Psychological Association Convention, Long Beach, California.

- Kim, P. Y.,** Kendall, D. L., & Chang, E. S. (2015). Subtle racism, interpersonal shame, and help-seeking attitudes among Asian American college students. Poster presented at the 2015 Asian American Psychological Association Convention, Toronto, Canada.
- Kim, P. Y. (2015). Religious support mediates the relation between racial microaggressions and psychological well-being. Poster presented at the 2015 American Psychological Association Convention, Toronto, Canada.
- Kim, P. Y.,** Cheon, H., & Hyun, J. (2015). Psychosociocultural-spiritual experiences of Korean missionary "kids": A qualitative study. Poster presented at the 2015 Western Psychological Association Convention, Las Vegas, NV.
- Chang, E. S., Cheon, H., Hyun, J., & **Kim, P. Y.** (2015). Korean American religious leaders' views on mental health issues impacting the Korean American community: A qualitative study. Poster presented at the 2015 National Multicultural Conference and Summit, Atlanta, GA.
- Kim, P. Y.,** & Kendall, D. L. (2015). The moderating role of religious coping on the racism-mental health link among Asian American college students. Poster presented at the 2015 National Multicultural Conference and Summit, Atlanta, GA.
- Kim, P. Y.,** Kendall, D. L., *Stutts, K., & *Teel, C. (2014). Testing a moderated mediation model of Asian American help-seeking attitudes. Poster presented at the 2014 Western Psychological Association Convention, Portland, OR.
- Kim, P. Y.,** *Stutts, K., & *Teel, C. (2013). Emotional self-control, loss of face, etiology beliefs, and willingness to see a counselor among Asian American college students: A test of a multiple mediation model. Poster presented at the 2013 Asian American Psychological Association Convention, Honolulu, HI.
- Kim, P. Y.,** Lee, D. H., *Botz, K., & *Park, Y. J. (2013). The role of intrapersonal and interpersonal cultural values on help-seeking attitudes of Asian American college students. Poster presented at the 2013 National Multicultural Conference and Summit, Houston, TX.
- Kim, P. Y.,** & Lee, D. H. (2012). The model minority myth and its impact on help-seeking attitudes among Asian Americans. Paper presented at the 2012 Asian Studies on the Pacific Coast (ASPAC) Conference, Spokane, WA.
- Kim, P. Y. (2011). The moderating role of social support among Asian international students: a test of the matching hypothesis. Poster presented at the 2011 Asian American Psychological Convention, Washington, D.C.
- Park, I. J. K., & **Kim, P. Y.** (2010). Testing mediation models of anger regulation among Korean American adolescents. Poster presented at the 2010 American Psychological Association Convention, San Diego, California.
- Kim, P. Y. (2009). International students' acculturation: An etic-emic perspective. Poster presented at the 2009 Asian American Psychological Association Conference, Toronto, Canada.

- Kim, P. Y. (2009). International students' social support: An etic-emic perspective. Poster presented at the 2009 National Multicultural Conference and Summit, New Orleans, LA.
- Kim, P. Y., & Park, I. J. K.** (2008). Social norms and help-seeking attitudes among Asian American college students. Paper presented at the American Psychological Association Convention, Boston, MA.
- Park, I. J. K., & **Kim, P. Y.** (2008). Sociocultural predictors of stigma among Korean American students. Paper presented at the American Psychological Association Convention, Boston, MA.
- Kim, P. Y. (2008). Experiences of international Korean youths studying in America. Poster presented at the International Counseling Psychology Conference 2008. Chicago, IL.
- Kim, P. Y., Kim, I. J., Bethea, K., & Wingo, J.** (2006). Acculturation and attitudes towards mental illness among Korean American students. Poster presented at the American Psychological Association Convention 2006. New Orleans, LA.
- Kim, P. Y., & Kim, I. J.** (2006). Indigenous values and behaviors as predictors of attitudes toward mental illness among Korean American students. Poster presented at Great Lakes Conference 2006. West Lafayette, IN.
- Kim, I. J., **Kim, P. Y.,** Bethea, K., & Cho, J. (2005). Sociocultural beliefs about mental illness among Korean/Korean American students. Poster presented at the 113th Annual Convention of the American Psychological Association, Washington, DC.
- Kim, I. J., **Kim, P. Y.,** Bethea, K., & Cho, J. (2005). Sociocultural influences on attitudes towards mental illness among Korean students. Poster presented at the 2005 National Multicultural Conference and Summit, Hollywood, CA.
- Kim, P. Y. (2004). A cross-cultural study of outcome attribution in counseling. Paper presented at the 2004 Michigan Undergraduate Psychology Research Conference, Kalamazoo, Michigan.

GRANTS (PI is PAUL KIM for all grants listed)

Institute for Academic Innovation/Center for Scholarship and Faculty Development/Seattle Pacific University Innovation Grant (\$2500) to support a study to better the academic experiences of students of color enrolled in the School of Psychology, Family, and Community.	2017
Center for Scholarship and Faculty Development/Seattle Pacific University Faculty Research and Scholarship Grant (\$5200) to support a study on developing and validating a measure of racial microaggressions experienced on Christian campuses.	2017
Center for Scholarship and Faculty Development/Seattle Pacific University Faculty Research and Scholarship Grant (\$3600) to support a cross-cultural, quantitative study on individual, interpersonal, and cultural correlates of help-seeking attitudes.	2016
School of Psychology, Family, and Community/Seattle Pacific University	2015

Faculty Research Grant (\$1950.00) to support an empirical study on microaggressions, religiosity, and psychological outcomes.

Center for Scholarship and Faculty Development/Seattle Pacific University
Faculty Research Grant (\$5752.50) to support a qualitative study on the psychological experiences of Korean missionary “kids.” 2014

School of Psychology, Family, and Community/Seattle Pacific University
Faculty Research Grant (\$1345.00) to support two empirical studies on the role of forgiveness in the racism-mental health link 2014

School of Psychology, Family, and Community/Seattle Pacific University
Faculty Research Grant (\$1345.00) to support an empirical study on the role of religious coping in the racism-mental health link among Asian Americans. 2013

School of Psychology, Family, and Community/Seattle Pacific University
Faculty Research Grant (\$1832.75) to support an empirical study on facilitators and barriers of Asian American help-seeking. 2012

School of Psychology, Family, and Community/Seattle Pacific University
Faculty Research Grant (\$800.00) to support an empirical study on the model minority myth and its influence on help-seeking attitudes. 2011

Institute for Scholarship in the Liberal Arts/University of Notre Dame
Graduate Student Professional Development Grant (\$438.85) to support a conference presentation. 2009

Institute for Scholarship in the Liberal Arts/University of Notre Dame
Graduate Student Professional Development Grant (\$1693.14) to support an empirical study on international student adjustment. 2008

Science Directorate/American Psychological Association
Student Travel Grant to support a conference presentation. 2006

Graduate Student Union/University of Notre Dame
Gordon Conference Presentation Grant to support conference presentations. 2005, 2006 & 2008

INVITED COMMUNITY PRESENTATIONS/WORKSHOPS

Kim, P. Y. (2017). How to communicate with your missionary parents. Invited talk for missionary kids attending a mission conference in Tijuana, Mexico.

Kim, P. Y. (2016). Multicultural counseling: Theory & practice. Invited lecture for Cheonan Family Counseling Center. Cheonan, South Korea.

Kim, P. Y. (2016). Thriving as missionary kids. Invited talk for missionary kids residing in Paul Missions MK Guest House. Seoul, South Korea.

Kim, P. Y. (2016). Professional help-seeking attitudes among Asian Americans: Intrapersonal, interpersonal,

and sociocultural considerations. Research presentation for Psychology Department's Colloquium. Sogang University, Seoul, South Korea.

Kim, P. Y. (2016). Presented on interdependence and implications for teaching Korean students to teachers at Fernwood Elementary School, Bothell, Washington.

Kim, P. Y. (2016). Presented data on racial microaggressions and well-being to the Multiethnic Programs staff at Seattle Pacific University, Seattle, Washington.

Kim, P. Y. (2015). Participated in a faculty panel to discuss adjustment to life in the United States as international students at Seattle Pacific University, Seattle, Washington.

Kim, P. Y., & Cheon, H. (2015). Mental health disparities: What are they, and what can we do about them? Conducted workshop for a John Perkins Center conference in Seattle, Washington.

Kim, P. Y. (2013). Identity models among Korean missionary kids. Invited lecture at a missionary kids conference in Buenos Aires, Argentina.

Kim, P. Y. (2012). Ethnic identity development in Korean missionary kids. Conducted workshop in Seoul, South Korea.

Kim, P. Y. (2011). White racial identity development. Presenter for the Office of Student Life staff at Seattle Pacific University, Seattle, Washington.

Kim, P. Y. (2010). Missionary kids: Examining their place in global Christianity. Co-presenter in an afternoon seminar at the SPU Day of Common Learning, Seattle, Washington.

Kim, P. Y., & Cho, S. S. (2008). Dissecting the experiences of a missionary kid: two perspectives. Participated in a forum at the Global Missionary Foundation teacher training, Daejeon, South Korea.

Kim, P. Y. (2007). Getting into colleges in the United States. Workshop presented at the MK Center, Phnom Penh, Cambodia.

Kim, P. Y. (2007). Social influences on willingness to see a professional counselor among Asian American Students. Presentation to Korean community leaders at Hansa Research Institute, Skokie, IL.

Kim, P. Y., & Surla, C. (2007). Getting into colleges in the United States. Workshop presented at the Galilee United Methodist Church, Glenview, Illinois.

Kim, P. Y. (2006). Attitudes toward mental illness among Korean American students. Workshop at Grace Church, Wheeling, Illinois.

Kim P. Y., & Nguyen, V. (2005). Emotion regulation among Korean American adolescents/Attitudes toward mental illness among Korean American adolescents. Workshop at New Life Church, Palatine, Illinois.

OTHER COMMUNITY PRESENTATIONS/WORKSHOPS/CLASSES

- Participated in a faculty panel on the experiences of the model minority myth (2017). Panelists: David Leong and June Hyun.

- Planned and facilitated a panel session titled “Seeing injustice if we are willing to look: The cost to Asian Americans as well as to our community when others are viewed as the model minority” at the 2015 SPU’s Day of Common Learning. Panelists: Hee-Sun Cheon, Susan Okamoto Lane, Roger Lin, and Billy Vo.
- Taught a summer course titled “Psychology from a Christian perspective” for New Life University, a church program for New Life Fellowship/Community Church of Seattle.

MENTORED STUDENT PRESENTATIONS

(* indicates mentored undergraduate students)

- *Moh, S. P., *Igama, C., & *Jones, G. D., & **Kim, P. Y.** (2017). Creating and validating a measure of racial microaggressions in faith-based contexts: some preliminary findings. Poster presented at the 2017 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Moh, S. P., *Taylor, C. C., & **Kim, P. Y.** (2016). Racial microaggressions in faith-based contexts: Creation and validation of a measure. Poster presented at the 2016 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Sallee, C., Carpenter, T. P., & **Kim, P. Y.** (2016). Open-minded religiosity: Investigating the link between religious commitment and cognitive style. Poster presented at the 2016 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Lats, T. V. (2015). Acculturative family distancing, religious support, and the psychological well-being of young adults in the local Eastern European immigrant community. Paper presented at the 2015 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Stutts, K., & **Kim, P. Y.** (2014). Predictors of body image among Asian American college students. Poster presented at the 2014 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Stutts, K., *Teel, C., & **Kim, P. Y.** (2013). Collectivism and loss of face as correlates of academic help-seeking attitudes among Asian American college students. Poster presented at the 2013 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Botz, K., *Park, Y. J., Lee, D. H., & **Kim, P. Y.** (2012). The mediating role of Asian cultural values between model minority myth internalization and attitudes toward seeking psychological help among Asian American college students. Poster presented at the 2012 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.

MENTORED STUDENT HONORS PROJECTS & INDEPENDENT RESEARCH STUDIES

** indicates honors project; ** indicates independent research study.*

- Carl Sallee* (2016). Open-minded religiosity: Investigating the link between religious beliefs and cognitive style, with a case for dependent and moderated relationships. (2nd reader)
- Tatyana Lats* (2015). Acculturative family distancing, religious support, and the psychological well-being of young adults in the local Eastern European immigrant community. (1st reader)
- Sarah Peterson* (2014). Social integration for homeless populations with mental illness. (2nd reader)

Katie Stutts** (2014). Predictors of body image among Asian American college students.

Cassi Teel** (2014). Attitudes toward transracial adoption.

DISSERTATION COMMITTEES

Clotia Robinson, Industrial-Organizational Psychology, Seattle Pacific University (2016). Dissertation title: *Bamboozled and Then Banished: The Effect of Negative Emotions on Organizational Justice Outcomes and Ostracism.*

Rebekah Forman, Clinical Psychology, Seattle Pacific University (2012-2013). Dissertation title: *Development and Validation of the Sociocultural Adaptation Self-Efficacy Evaluation.*

Nicola Chism, Clinical Psychology, Seattle Pacific University (2012-2013). Dissertation title: *Modeling Effectiveness Outcomes Among Expatriate Professionals Working for Non-Governmental Organizations.*

LEADERSHIP POSITIONS

Faculty Scholar, Living Well Initiative Serving as faculty scholar for an initiative on destigmatizing mental illness	2017-
Diversity Advisor School of Psychology, Family, and Community	2016-
Faculty Advisor SPU's Psi Chi Chapter	2014-2016
Committee Chair Diversity Committee, Seattle Pacific University	2013-2014

COMMITTEE WORK/SERVICE

Faculty Marshall SPU undergraduate commencement ceremony	2017
Member Search Committee for Chair of Marriage and Family Therapy	2017
Member Cross-Campus Interview Team to interview faculty candidates across SPU departments.	2017
Member Team of faculty, staff, and students to brainstorm ideas for faculty multicultural training. Initiated by the Provost.	2016
Member Search Committee for Dean of School of Psychology, Family and Community	2015-2016
Member	2014-2015

Working group on “Christian Perspectives on Mental Illness” at Calvin College (sponsored by Calvin Center for Christian Scholarship and Calvin Alumni Association)

Member Faculty Diversity Committee	2011-2014
Member Faculty Council	2014
Member Global Initiative Task Force at Seattle Pacific University	2014-present
Member Core team to develop strategies and corresponding action steps for objectives of the Seattle Pacific University Strategic Plan relating to global and intercultural competencies.	2014
Consultant Asian American Ministries Program, Seattle Pacific University	2012
Faculty Advisor Asian - Pacific Islander & American Student Union, Seattle Pacific University	2012

PEER-REVIEW EXPERIENCE

Editorial board member

- *Cultural Diversity & Ethnic Minority Psychology*
- *The Counseling Psychologist*

Ad hoc reviewer

- *Asian American Journal of Psychology*
- *Counseling Psychology Quarterly*
- *Ethnicity & Health*
- *International Journal of Psychology*
- *Journal of Ethnicity in Substance Abuse*
- *Mental Health, Religion, & Culture*
- *Multicultural Perspectives*

Conference presentation reviewer

- 2016 Western Psychological Association research presentation proposals
- 2015 APA Convention Division 45 research presentation proposals

CLINICAL EXPERIENCE

Predoctoral Intern University of California Riverside Counseling Center	2009-2010
Practicum Therapist Madison Center, South Bend, Indiana	2007-2008

Practicum Therapist Marital Therapy and Research Clinic, South Bend, Indiana	2007
Practicum Therapist Outpatient Services, Oaklawn Psychiatric Center, Goshen, Indiana	2006-2007
Practicum Therapist University Counseling Center, Notre Dame, Indiana	2005-2006

PROFESSIONAL MEMBERSHIPS

- American Psychological Association (Divisions: Society of Counseling Psychology, Society for the Psychological Study of Ethnic Minority Issues, International Psychology)
- Asian American Psychological Association
- American Counseling Association (Division: Multicultural Counseling & Development)

OTHER EDUCATIONAL EXPERIENCE

Exchange Program, Fall 2002
Beijing Institute of Technology (北京理工大学)
Beijing, China

High School Diploma, May 2000
Faith Academy
Manila, Philippines

SECOND LANGUAGE SKILLS

- Korean