

## **Sydney Psychologist**

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### **Qualifications**

- 2+ years experience as a research assistant in the Seattle Pacific University psychophysiology lab, involving all aspects of the research process
- Extensive leadership and relationship-building skills with adolescent girls; organizing and leading discussions and activities both in 1-on-1 settings as well as groups
- Ability to work effectively independently and as a team member; demonstrated through participation in class projects and outside work as a group leader at a local church
- Familiar with SPSS; proficient with MS Office programs: Outlook, Word, Excel, PowerPoint

### **Education**

#### **Bachelor of Science, Psychology**

June 2019

#### **Seattle Pacific University, Seattle, WA**

- Related Coursework: developmental psychology, psychological research methods, physiological psychology

### **Relevant Experience**

#### **Senior Research Project**

#### **Seattle Pacific University, Seattle, WA**

March 2016 - Present

- Investigating the effect of chronic stress in women and the connection to differences in the RSA and predicting later psychological disorders
- Present poster of the project at the SPU SPFC research conference in 2019 showing preliminary results

#### **Research Assistant**

#### **Psychophysiology Lab, Seattle Pacific University, Seattle, WA**

March 2015 - Present

- Actively participate in all aspects of the research process: hypothesis generation, elaboration and discussion; recruiting, screening and tracking subjects; data entry and analysis; library research and scientific reading; data collection including measuring vitals through stress testing
- Provide co-authorship and editing on publications of research coming out of the lab (June 2019)
- Present poster of lab research on stress and reactivity in women at 2018 Western Psychological Association Conference

#### **Middle School Girls' Small Group Leader**

#### **First Free Methodist Church, Seattle, WA**

September 2012 - Present

- Organize and lead weekly discussions with groups of 4-5 middle school girls and engage in mid-week contact work and relationship building
- Coordinate events for 10+ people such as body image seminars, weekend retreats, and relevant activities

#### **Youth Camp Counselor**

#### **Warm Beach Christian Camp and Conference Center, Ocean Shores, WA**

Summers 2015 - 2016

- Supervised and engaged 10-15 adolescent girls in activity and discussion in a week-long camp setting
- Worked closely with adolescents with Down syndrome, epilepsy and autism
- Collaborated with summer staff of 10 people to provide a supportive team environment

### **Additional Experience**

- Administrative Assistant, ABC Construction Company, Seattle, WA, 2010 - Present
- Child Care Aide, Smith's Child Care Center, Seattle, WA, 2011 - 2012