

Applied Human Biology

2021-22

What can you do with an Applied Human Biology major from SPU?

The Applied Human Biology major at Seattle Pacific University is the ideal foundation if you plan to enter a physical therapy doctoral degree program after your undergraduate studies. The broad curriculum of this degree satisfies the basic requirements for entry into physical therapy as outlined by the American Physical Therapy Association.

Potential occupations include:

Health Coach

- Medical Office Manager
- Health Product Salesperson
- Medical Writer

- Secondary Teacher
- Physical Therapist

Suggested transfer preparation at Edmonds Community College

Associate in Biology (DTA/MRP) with completion of courses noted below.

Courses in the major you may complete at Edmonds Community College

Edmonds Community College Courses	Equivalent SPU Courses	
BIOL& 211 Majors Cellular with Lab (6)	BIO 2101 General Biology (5)	
BIOL& 212 Majors Animal with Lab (6) – and – BIOL& 213 Majors Plant with Lab (6)	BIO 2102 General Biology (5) – and – BIO 2103 General Biology (5)	
CHEM& 131 Intro to Organic/Biochemistry (5)	CHM 1330 Survey of Organic Chemistry (5)	
CHEM& 161 General Chemistry I with Lab (6)	CHM 1211 General Chemistry I (5)	
CHEM& 162 General Chemistry II with Lab (6)	CHM 1212 General Chemistry II (5)	
CHEM& 163 General Chemistry III with Lab (6)	CHM 1213 General Chemistry III (3) – and – CHM 2213 Inorganic Qualitative Analysis (2)	
MATH& 146 Introduction to Statistics (5)	MAT 2360 Intro to Stats for Sciences (5)	
PSYC& 100 General Psychology (5)	PSY 1180 Gen Psych: Individual in Growth (5)	
PSYC& 200 Lifespan Psychology (5) – or – SHS 185 Human Growth and Development (5)	PSY 2470 Lifespan Developmental Psych (5)	

Note: Only courses with a regular grade of 1.7 (C-) or higher may count toward a major or minor.

Admission to the Major

If you identify the Applied Human Biology major as your first choice on your application for admission to the University, you will automatically gain entry to the major when admitted to SPU. If your goal is to pursue a doctoral degree program, be aware that graduate programs are competitive and require high GPAs for admission.

Learn more about this major and the pre-professional health sciences:

http://spu.edu/applied-human-biology http://spu.edu/applied-human-biology-reqs https://spu.edu/pre-pro-health

Get more information about transfer admission to SPU at http://spu.edu/transfer. **Questions?** Contact transfer@spu.edu.

Courses in the major to complete at SPU

BIO 1859 Biology Cornerstone Seminar (1)				
BIO 2129 Human Anatomy & Physiology (5)				
BIO 2130 Human Anatomy & Physiology (5)				
BIO 3351 Microbiology (5)				
BIO 4899 Natural Sciences Seminar (2)				
PHY 1101 General Physics (5) – and – PHY 1102 General Physics (5) – and – PHY 1103 General Physics (5)				
– OR –				
PHY 1121 Phys for Sci & Engineering (5) – and – PHY 1122 Phys for Sci & Engineering (5) – and – PHY 1123 Phys for Sci & Engineering (5)				

PSY 3360 Psychological Disorders (5)

Focus / Track Electives (10) from these options:

- Pre- Occupational Therapy HHP 1301, 3570, 3580, FCS 3340
- Pre- Physician's Assistant BIO 3000, 3350, 4360, FCS 3340
- Pre- Physical Therapy
 HHP 1301, 3570, 3580, 3340

General Biology Electives (10)

Review Approved List with your Advisor

Other requirements for the degree

In addition to the major, the degree requires completion of any remaining general education and University requirements, and at least 180 college-level credits total, including 60 upper-division (UD) credits.

All students must complete the University Foundations Requirement at SPU—even those who have completed the Direct Transfer Agreement (DTA) Associate Degree.

Students admitted with fewer than 90 credits (freshmen and sophomores) complete 15 credits:

UFDN 1000 The Christian Faith (5) UFDN 2000 Christian Scriptures (5) UFDN 3100 Christian Theology (5)

Students admitted with 90 credits or more (juniors and seniors) complete 10 credits: UFDN 3001 Christian Scriptures (5) UFDN 3100 Christian Theology (5)

Suggested course plan for your junior and senior years at SPU:

(Assumes admission with at least junior standing and satisfactory completion of: BIOL& 211, 212, and 213; CHEM& 131, 161, 162, and 163; MATH& 146; and PSYC& 100; and PSYC& 200 or SHS 185 prior to transfer.)

Junior Year					
AUTUMN	WINTER	SPRING	NOTES		
 BIO 1859 (1) BIO 2129 (5) PHY 1101 or 1121 (5) + 4 - 7 credits 	 BIO 2130 (5) PHY 1102 or 1122 (5) + 5 – 8 credits 	 BIO 3351 (5) PHY 1103 or 1123 (5) + 5 – 8 credits 	Note that most upper division courses are offered only in certain quarters, and some		
ANY QUARTER: PSY 3360 (5). General Biology Electives (10). Focus / Track Electives (10). UFDN 3001 (5) and UFDN 3100 (5).			 courses are offered in alternate years. Apply to graduate once you're in the major. 		
Senior Year					
AUTUMN	WINTER	SPRING	NOTES		
• + 15 – 18 credits	• + 15 – 18 credits	• + 15 – 18 credits	Ensure you have taken or will take the required "W" credits.		
ANY QUARTER: BIO 4899 (2) – This must be taken twice, for one credit each time. Remaining General Biology Electives (need 10 credits). Remaining Focus / Track Electives (need 10 credits). Remaining UFDN, general education and University requirements.			Take sufficient credits to reach 180 total and 60 upper-division (UD).		