

## What can you do with a Nutrition and Dietetics major from SPU?

The Nutrition and Dietetics major at Seattle Pacific University prepares you to become a registered dietitian (RD). If you wish to become a registered dietitian, you must also complete a supervised dietetics internship of 1200 hours and successfully complete and exam offered by the Commission on Dietetic Registration.

**Potential occupations** include:

- Dietetic Technician
- In-Patient Clinical Dietitian
- Out-Patient Clinical Dietitian
- Research Dietitian
- Food and Nutrition Manager
- Private Practice Dietitian

## Suggested Transfer Preparation at Seattle Central College

The AA-DTA or AS-DTA, with completion of the courses below.

## Majors with similar requirements in first two years

Nursing, Exercise Science, Life Science, BS in Psychology

## Courses in the major you may complete at Seattle Central College

**Note:** Completion of these courses is not required for transfer, but may aid in timely completion of your degree. Only courses with a regular grade of 1.7 (C-) or higher may count toward a major or minor.

Seattle Central College Courses	Equivalent SPU Courses
ANTH& 206 Cultural Anthropology (5) <b>-or-</b> PSYC& 100 General Psychology (5) <b>-or-</b> SOC& 101 Intro to Sociology (5)	ANT 2250 Cultural Anthropology (5) <b>-or-</b> PSY 1180 General Psychology (5) <b>-or-</b> SOC 1110 Intro to Sociology (5)
ACCT& 201 Principles of Accounting I (5)	Lower-division elective (5)
ACCT& 202 Principles of Accounting II (5)	ACCT 2361 Financial Accounting when with ACCT& 201 (5)
BIOL& 241 Human Anatomy & Physiology I (6)	BIO 2129 Human Anatomy & Physiology (5)
BIOL& 242 Human Anatomy & Physiology II (6)	BIO 2130 Human Anatomy & Physiology (5)
BIOL& 260 Microbiology (5)	BIO 3351 General Microbiology (LD)* (5)
CHEM& 121 Introduction to Chemistry (5)	CHM 1310 Survey of General Chemistry (5)
CHEM& 122 Intro to Organic Chemistry (5) <b>or</b> CHEM& 131 Intro to Organic/Biochemistry (5)	CHM 1330 Survey of Organic Chemistry (5)
MATH& 146 Introduction to Statistics (5)	MAT 2360 Intro to Statistics for the Sciences (5)

\*LD=Lower-division: the course transfers as a lower-division equivalent to the SPU course

## Admission to the Major

For admission to the Nutrition and Dietetics major, you are required to complete the following courses with a grade of C- or higher: BIO 2129, BIO 2130; CHM 1310, CHM 1330, CHM 1360; FCS 1050, and FCS 2365 or FCS 3340.

An overall GPA of 3.0 or higher is required for application to this major.

Learn more about the Nutrition and Dietetics major:

<http://spu.edu/food-nutritional-sci>

<http://spu.edu/food-nutritional-sci-reqs>

Get more information about transfer admission to Seattle Pacific University at: <http://spu.edu/transfer>  
Questions? Contact [transfer@spu.edu](mailto:transfer@spu.edu)

## Courses in the major to complete at SPU Requirement

BUS 3614 Organizational Behavior for Managers (5) -or- BUS 3657 Human Resource Management (5)
CHM 1360 Survey of Biological Chemistry (5)
FCS 1050 Intro to Family and Consumer Sciences (2)
FCS 2375 Food Production & Management (5)
FCS 3240 Individual & Family Development (5)
FCS 3310 The Profession of Dietetics (2)
FCS 4899 FCS Senior Capstone (3)
FCS 2365 Food Science (5)
FCS 2375 Food Production & Management (5)
FCS 3321 Nutrition through the Life Cycle (3)
FCS 3340 Human Nutrition (5)
FCS 3352 Nutrition Education & Counseling (5)
FCS 3365 Nutrition and Meal Planning (5)
FCS 4330 Advanced Nutrition & Metabolism (5)
FCS 4352 Community Nutrition (3)
FCS 4367 Experimental Foods (5)
FCS 4370 Nutrition Research (3)
FCS 4340 Medical Nutrition Therapy I (5)
FCS Medical Nutrition Therapy II (5)

## University Foundations

All students must complete the University Foundations Requirement at SPU—even those who have completed the Direct Transfer Agreement (DTA) Associate Degree.

Students admitted with fewer than 90 credits (freshmen and sophomores) complete 15 credits:  
 UFDN 1000 The Christian Faith (5)  
 UFDN 2000 Christian Scriptures (5)  
 UFDN 3100 Christian Theology (5)

Students admitted with 90 credits or more (juniors and seniors) complete 10 credits:  
 UFDN 3001 Christian Scriptures (5)  
 UFDN 3100 Christian Theology (5)

In addition to the major, the degree requires completion of any remaining general education and University requirements, and at least 180 college-level credits total, including 60 upper-division (UD) credits.

## Suggested course plan for your junior and senior years at SPU

Assumes junior standing at entrance and satisfactory completion of ANTH& 206 or PSYC& 100 or SOC& 101, ACCT& 201 and 202, BIOL& 241, BIOL& 242, BIOL& 260, CHEM& 121; CHEM& 122 or 131; and MATH& 146

Junior Year			
AUTUMN	WINTER	SPRING	NOTES
<ul style="list-style-type: none"><li>FCS 1050 (2 credits)</li><li>FCS 2365 (5)</li><li>FCS 3310 (2)</li><li>UFDN 3001 (5)</li><li>+1-4 credits</li></ul>	<ul style="list-style-type: none"><li>CHM 1360 (5)</li><li>FCS 3365 (5)</li><li>FCS 3321 (3)</li><li>UFDN 3100 (5)</li></ul>	<ul style="list-style-type: none"><li>FCS 2375 (5)</li><li>FCS 3240 (5)</li><li>FCS 3340 (5)</li><li>+ 0-3 credits</li></ul>	<ul style="list-style-type: none"><li>Apply to the major upon successful completion of CHM 1310, 1330, 1360; BIO 2129 and 2130; FCS 1050 and 2365 or 3340.</li><li>Apply to graduate by the end of the junior year, once admitted to the major.</li></ul>
<b>ANY QUARTER</b> BUS 3614 or BUS 3657, general electives, and any remaining General Education and University Requirements			
Senior Year			
AUTUMN	WINTER	SPRING	NOTES
<ul style="list-style-type: none"><li>FCS 3352 (5)</li><li>FCS 4340 (5)</li><li>+5-8 credits</li></ul>	<ul style="list-style-type: none"><li>FCS 4352(3)</li><li>FCS 4330 (5)</li><li>FCS 4341 (5)</li><li>+2-5 credits</li></ul>	<ul style="list-style-type: none"><li>FCS 4370 (3)</li><li>FCS 4367 (5)</li><li>+ 7-10 credits</li></ul>	<ul style="list-style-type: none"><li>Complete at least 180 college-level credits, including at least 60 upper division (numbered 3000-4999).</li></ul>
<b>ANY QUARTER</b> FCS 4899, general electives, BUS 3614 or BUS 3657 (if not completed in junior year), and any remaining General Education and University Requirements			