**SPRINT Commitments**

A commitment to SPRINT involves significant investment in pre- and post-trip experiences including training and team-building, fundraising, academic study and post-trip reflection and story-sharing.

Successful SPRINT participants will understand the SPRINT process as a February-October time commitment, with significant time dedicated not just to service and cross-cultural engagement but also to learning, reflection and integration of the trip experience into the rest of life.

**Important Dates:**

- February 4: Team Assignment Notification
- February 11: Acceptance packet/final commitment to SPRINT due at JPC
  - Payment of $150 SPRINT Admin Fee (non-refundable)
- February 13: Welcome to SPRINT orientation
- February 23-24: All-SPRINT Retreat
- May 19: SPRINT Sundae (12:30-2pm)

**Pre-Trip Training Commitments:**

- Weekly Team Training Meetings (Beginning February 13) which include:
  - Life stories
  - Devotionals
  - Team-building & training
  - Meeting with previous years’ team members
- Enroll in GS 2500 “Service Training for SPRINT.” Mondays, 6:00-8:00 PM, Spring Quarter
  (Students needing overload approvals are to consult with Owen Sallee.)
- Team fundraising activities as determined by the team

**Re-Entry Commitments:**

- October 5, 2013: Debriefing Retreat
- Late October 2013: Discover SPRINT (Team presentations)
- Ongoing discussion, debriefing, and advocacy with your team
- Winter/Spring of following year: Meet with new SPRINT team

**For more information**

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